



American Holistic Nurses Credentialing Corporation

Certification...the Path to Personal Growth
and Professional Recognition

Welcome to the [American Holistic Nurses Credentialing Corporation \(AHNCC\)](#) Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahncc.org

For questions related to the AHNCC Application or Testing process, contact C-NET at: info@cnetnurse.com | C-NET-1-800- 463-0786



Dear Colleagues and friends,

It is hard to believe that soon February will be behind us and spring will be knocking on our door. When one of our team members suggested that we do a review of 2025 I was amazed to see what had transpired last year. Time seems to go by so quickly and we work hard to be in the moment or plan for the future. Often we are only able to see our accomplishments when we reflect back on what has already passed. As this year unfolds, I invite you to reflect on what you have experienced and give yourself credit for all you have accomplished, as you think about where you are and where you want to go. Commend yourself on your insights, your ability to overcome obstacles and challenges and all of your accomplishments. Be patient with yourself as life offers you opportunities, especially when they challenge your innermost beliefs, don't fit into your busy schedules, or make you ask, "what am I supposed to learn from this?" You make a difference in so so many lives and it is truly an honor to be able to be on this journey with you. Take the time to care for yourself. You deserve to be number 1 in your life.

*With respect, gratitude, and appreciation for all you do and are,
Margaret*



Want to share
your passion for
Holistic Nursing?

Inviting volunteers who want to represent
AHNCC and HN/NC certification during Nurses
Week at their hospital or institution.

Looking for ambassadors who would like to represent us. We will be happy to send you handouts and giveaways to share. Holistic Nurse and Nurse Coaching certification validates expertise in treating the whole person—body, mind, and spirit. Share what you love. Contact outreach@ahncc.org to volunteer for this great opportunity.

[Click here
for the 2025
AHNCC Board
accomplishments](#)

*To support our mission and the services we offer,
AHNCC advocates for processes, legislation, and
healthcare transformation that is in alignment with
a paradigm shift towards one of health promotion,
wellness, and well-being.*



AHNCC issues a press release, “Holistic Nursing Supports American Academy of Nursing Position Statement Response to Public Health Concern”.

TOPEKA, KS, UNITED STATES, January 28, 2026 /EINPresswire.com/ -- This press release is written on behalf of the American Holistic Nurses Credentialing Corporation (AHNCC), the Global Academy of Holistic Nursing (GAHN), and the American Holistic Nurses Association (AHNA). It regards the Response to Public Health Concern, provided by the AMERICAN ACADEMY OF NURSING. This response was also echoed by the International Council of Nurses (ICN). Our intent is to provide support for this Position Statement made January 26, 2026.

Activities occurring in Minnesota have resulted in injury and death, as well as chaos and distress which further escalates societal disorder and unrest. The impacts are being felt nationally, as well as globally.

As holistic nurses we focus on facilitating and enhancing the maximum state of health and healing of the whole person through the lifespan. The uniqueness of Holistic Nursing is the emphasis on the dynamic, interactive whole person that is greater than the sum of the parts and that is essential for the holistic health of human beings. Holistic Nursing is grounded in caring science and the science of health and wellness and is designed to facilitate growth, wellness, and healing with respect, compassion, and dignity for all. (Holistic Nursing; Scope and Standards of Practice, 3rd Ed.

The recent events in Minnesota are affecting the physical, emotional, and mental health, wellness, and well-being of all humanity. Aligned with the above philosophy and perspective, AHNCC, GAHN, and AHNA support the statements below made by the American Academy of Nursing.

1. Full review into these actions must occur.
2. Communities must be protected and given appropriate support and resources for the short and long-term effects of violence.
3. A review of the policies and structures that have led to these events must occur to allow for policy change that does not jeopardize public health outcomes.
4. Negotiations must be held on the upcoming funding bill to ensure accountability and establish clear guardrails on how federal officers carry out operations to uphold human dignity, health, and safety. These negotiations should be conducted separately and not at the expense of, or in the passage of, other bipartisan appropriations bills, particularly the Labor, Health and Human Services, and Education Appropriations bill, as funding for health and health care programs cannot be delayed.
5. The Administration is urged to seek the expertise and experience of professional nurses and nurse scientists who can articulate the detrimental and enduring impact of external actions on the psychological, social, and economic stability of communities.

Marci Resnicoff, MSN, RN, AHN-BC, HWNC-BC, SGAHN, AHNCC, Board President

Margaret Erickson PhD, RN, CNS, APHN-BC, SGAHN, AHNCC, Executive Director

Shirley Gordon, PhD, RN, SGAHN, AHN-BC, HWNC-BC, NCSN-E, GAHN Board Chair

Helen Erickson, PhD, RN, AHN-BC, SGAHN, FAAN, GAHN Executive Director

Linda Thomas, PhD, APRN, FNP-C, AHN-BC, NPD-BC, CCRN, CHTP/I, HTAP, AHNA Board President

Joshua R. Paszkiewicz, DHA, MSN, RN, AHN-BC, PMH-BC, NEA-BC, CPH, AHNA Executive Director

About the American Holistic Nurses Credentialing Corporation, the Global Academy of Holistic Nursing, and the American Holistic Nurses Association.

The American Holistic Nurses Credentialing Corporation, a 501 (c) (6) organization, was created to advance holistic, person-centered care that emphasizes clients as the experts of their own experience, and nurses as instruments of healing, by assuming full administrative authority and sole responsibility over credentialing programs based on the values, knowledge, and skills of Holistic Nursing. Contact Margaret Erickson at adminasst@ahncc.org.

The Global Academy of Holistic Nursing, a 501 (c) (3) organization, contributes to and serves the global community by cultivating a network of holistic nursing scholars committed to social justice, expanding the role of transcultural integrative caring-healing processes within healthcare, and providing leadership in promoting and sustaining global health care transformation. Contact Helen Erickson at ed@gahnscholars.org.

The American Holistic Nurses Association, a 501 (c) (3) organization, advances the profession of holistic nursing by providing continuing education in holistic nursing, helping to improve the health care workplace through the incorporation of the concepts of holistic nursing, educating professionals and the public about holistic nursing and integrative health care, and promoting research and scholarship in the field of holistic nursing. Contact director@ahna.org.

AHNCC 2025 Accomplishments [Click Here](#)

AHNCC Welcomes Two New Board Members

Donna Ackerman, RN, HN-BC, CHPN, HTCP/I

Donna is a dually Board-Certified nurse in both Holistic and Hospice/Palliative care. She brings a unique depth of compassion and clinical expertise to her active holistic practice in Cottonwood, AZ. She serves as a bridge between traditional nursing and the profound world of energy medicine. She is a Board-Certified Healing Touch Practitioner and Instructor, playing a pivotal role in shaping the next generation of practitioners. Her commitment to professional standards is reflected in her extensive service on the Healing Touch Program Curriculum Review Board, the Healing Touch Program Education Committee, and the Healing Touch Worldwide Foundation Scholarship Committee. She also serves on the AHNA Nominations Committee and is a member of the ACEP Humanitarian Committee.



A prolific writer and advocate, her insights have been featured in AHNA's Beginnings magazine, Healing Touch Community Newsletter, and Sybil Magazine.

Donna remains at the forefront of the field through her active memberships in the American Holistic Nurses Association, Hospice and Palliative Nurses Association, Association of Comprehensive Energy Psychology, Healing Touch Professional Association, and the International Association of Health Care Practitioners. She is dedicated to bringing light and healing to the global community through holistic nursing and energy medicine education.

Theodore T. Urbano, DNP, APRN, AGCNS-BC, APHN-BC, HWNC-BC, DipACLM

Theo is an active duty adult-gerontology clinical nurse specialist currently attending the Air Command and Staff College (ACSC) at Maxwell Air Force Base, Alabama. Theo has held senior leadership positions within the Military Health System, including as Military Consultant for Disease Management to the Air Force Surgeon General and Chief, Policy and Programming Branch, Education and Training Directorate at the Defense Health Agency. In these roles, he led large-scale initiatives focused on standardization, workforce readiness, and evidence-based care delivery—experience directly applicable to AHNCC's strategic goals of credentialing rigor, operational excellence, and innovation.

A nationally recognized advocate for holistic nursing and nurse coaching, Theo's scholarly interests include chronic disease management, lifestyle medicine, resilience, mindfulness-based interventions, and holistic nurse coaching integration across health systems. His doctoral capstone research on benchmarking military nurse coaching earned first place research honors at the 2025 AHNA Annual Conference. He is also the lead author of AHNA Beginnings' How Holistic Nurse Coaching Can Support U.S. Armed Forces Readiness article.



Theo is a recipient of the AHNA Holistic Nursing Rising Star Award and an AHNCC Nurse Coach Fellow, and he has contributed to multiple professional committees supporting education approval, advocacy, clinical practice, certification examination item writing, and scope and standards development. Upon graduating from ACSC, he will serve as Chief, Division of Education and Training, at the 59th Medical Wing, Joint Base San Antonio-Lackland Air Force Base, Texas, the Air Force's premier health care, medical education and research, and readiness wing.

AHNCC welcomes Cheyenne Colborn as new Community Outreach Coordinator



Cheyenne Colborn is the new Community Outreach Coordinator for the American Holistic Nurses Credentialing Corporation. She is a graduate from Missouri Western State University, with a bachelor's degree in organizational communication and a minor in business. She is an enrolled member and native of the Iowa Tribe of Kansas and Nebraska reservation in White Cloud, Kansas. Cheyenne embarked on her career journey within the Iowa Tribe of Kansas and Nebraska community starting in 2013. In 2020, Cheyenne took on the dual responsibilities for the Iowa Tribe as the Human Resources Director and Administrative Assistant to the Tribal Chairman. In December 2021, she was appointed to the Tribe's Executive Committee as the Member-At-Large. Her contributions have a global footprint, as she was a Delegate for the First Nations Trade Mission to Australia in June 2022, where she collaborated on trade agreements with Indigenous leaders. In her spare time, Cheyenne enjoys caring for orphaned wildlife as a licensed wildlife rehabilitator and sharing that passion with her two daughters and husband. She believes caring for animals is rooted in having an abundance of empathy.



Planetary Health - April 21 & 24

Planetary Health is the understanding that human health and the health of Earth's natural systems are deeply interconnected. In simple terms: when the planet is sick, people get sick.

As a nurse, recognizing this connection means understanding that climate change, pollution, biodiversity loss, and ecosystem disruption directly impact the patients and communities you serve—from increased heatstroke and respiratory disease to the spread of infectious diseases and mental health crises.

[Click Here to Register!](#)

“The sun just touched the morning; The morning, happy thing, supposed that he had come to dwell, and life would be all spring.”

Emily Dickinson



Moving Forward: Using a Personal Mandala to Reflect on Gifts from the Past and Present to Prepare for 2026



Mandala is copyrighted by Ellen Swanson.

Saturday, March 7, 2026

Time: 10:30 AM -1:30 PM (PDT), 11:30-2:30 PM (MDT), 12:30-3:30 PM (CDT), & 1:30-4:30 (EDT)

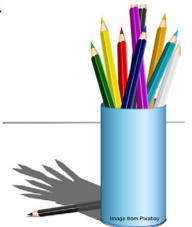
Presenters: Ellen Swanson, MA, RN, BSN, PHN, HNB-BC (Retired), and HSGAHN Ellen Schultz, PhD, RN, HTCP, AHN-BC , SGAHN

Participants will be oriented to the mandala and its personal application. This will be an interactive experience in which participants will complete and reflect on their personal mandalas. A template and worksheet will be sent in advance, through email and USPS, to participants to use during the session.

This program will provide an opportunity to use a holistic mandala to reflect on ways in which our values and experiences impact us as individuals and holistic nurses.

It can be used with individuals, groups or organizations to offer a structure that is inclusive to all participants.

If you register later than 2/21/2026, you will not receive a mailed copy of program materials but you may participate.



Using colored pencils in this process will be helpful, if you have them.

To register for this FREE event please email: ellenschultz@comcast.net.

Please provide your name, physical address, cell phone, and email address.

Please register by February 21, 2026 to receive a mailed copy of program materials.



Sponsored by the Society for the Advancement of Modeling & Role-Modeling (SAMRM)



Supported by the American Holistic Nurses Credentialing Corporation (AHNCC)

For AHNCC certificants, 3 continuing competency hours will be offered towards your renewal requirement.



Global Academy of Holistic Nursing

Upcoming GAHN Third Monday Dialogue

Join GAHN for the 2026 Third Monday Dialogues (TMD). Attendees will explore the implications of integral relations of the philosophy, art and science of holistic nursing as the framework for holistic scholarship. The TMD are open to all who are interested in Holistic Nursing Scholarship.

For more information, contact info@gahnscholars.org.

Topic: GAHN Monthly Dialogues 2026

Time: 7:00-8:00 PM Eastern Time (US and Canada)

Third Mon, Jan-May; October-November.

Join Zoom Monthly Meeting

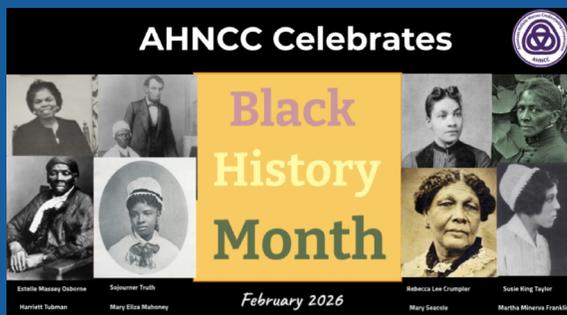
<https://us06web.zoom.us/j/84143320826?pwd=eeRrKeGJViO7owZt5vQdrZhSw1lgHc.1>

Meeting ID: [841 4332 0826](https://us06web.zoom.us/j/84143320826?pwd=eeRrKeGJViO7owZt5vQdrZhSw1lgHc.1)

Passcode: 647205

For previous recordings of Third Monday Dialogues [click here.](#)

Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing Scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.



AHNCC celebrates Black History Month in February. Each day we honor the achievements and role of African American nurses. You can find these videos on our [Youtube channel](#).

AHNCC lost a true friend in Mary Anne Hanley. We celebrate her life accomplishments and the many friendships she had. Mary Anne was a big part of GAHN and she will be missed beyond measure. She was a national holistic nursing leader. Here is a lovely poem by Jen Reich.

For Mary Anne

*Aware of realms -Beyond this field
She moved with courage - Healer, healed-
Holistic Nurse - A Scholar Friend
Mentor, teacher - Love transcends...
For endings are beginnings
So we know she is still here
Guiding and inspiring us
With a passion that is clear~*



Subscribe to our Youtube Channel!



Image by Gerd Altmann from Pixabay

AHNCC has their own youtube channel where you can find many videos on Holistic Nursing, Nurse Coaching and full recordings of our Conversation Corners.

Our handle is: [@HolisticRNCertified](https://www.youtube.com/@HolisticRNCertified)



“Worldview and Approaches to Healing Using Wicca as an Example”

Spirituality and worldview strongly affect the theories and the practices used for healing. In this conversation corner Ivo Dominguez Jr., long time Wiccan practitioner will share his perspectives and encourage some fresh examinations of your foundational concepts.



Ivo Dominguez, Jr. is one of the founders and elders of the Assembly of the Sacred Wheel since 1978. He is the anchor author for the new twelve book Witch’s Sun Sign Series. Ivo is the author of The Four Elements of the Wise, Keys to Perception, Casting Sacred Space, Practical Astrology for Witches & Pagans, and Spirit Speak. In his mundane life, he has been a computer programmer, the executive director of an AIDS/HIV service organization, a metaphysical bookstore owner, and more.

The Assembly of the Sacred Wheel is a legally recognized Wiccan non-profit religious organization based in the Mid-Atlantic region. The form of Wicca that the Assembly practices is syncretic and draws inspiration from Astrology, Qabala, the Western Magickal Tradition and the folk religions of Europe. Keepers of the Holly Chalice, the founding coven of the Assembly began its life in February of 1984. The Assembly was incorporated in the state of Delaware in 1993 and was granted 501(c)(3) status by the IRS in 1995.

The Assembly currently consists of 14 covens, they are listed here in their order of creation: Keepers of the Holly Chalice, Coven of the Rowan Star, Oak & Willow, Weavers of the Moonfire, Guardians of the Windsword, Fellowship of the Ancient White Stag, Troupe of the Starry Door, Tenders of the Earth Temple, Order of the World Tree, Grail of the Birch Moon, Coven of the Mystic Path, Archers of the Sacred Flame, Bearers of the Earth Flame, and Theophania. For more information about the covens, go to the [ASW covens page](#) and follow the links to their sites.

[Conversation Corners \(CC\)](#), is an initiative that the AHNCC Equality, Equity, Diversity, Inclusion, and Social Justice (EEDISJ) Committee implements. The intent of the CCs is to increase our worldviews and understanding of other peoples’ lived experiences, perceptions, values, cultures, attitudes, etc. Through these dialogues we hope that we can all learn and grow and better care for those whom we serve.

AHNCC certificants can receive continuing competency hours for attendance.

Please reach out to Jim Welch at jameswelch@seeliecourt.net if you are interested in speaking at a Conversation Corner.

To watch some of our previous Conversation Corners go to <https://www.ahncc.org/conversation-corner-recordings/>.



**Ivo Dominguez, Jr
Elder of the Assembly
of the Sacred Wheel**

March 24, 2026

**6pm Eastern
5pm Central
4pm Mountain
3pm Pacific**

“Worldview and Approaches to Healing Using Wicca as an Example”

Moderator: James Welch

**Speaker:
Ivo Dominguez, Jr.**

**To register contact:
info@ahncc.org**

If registered for previous events, no need to register again.

Registrants will receive a Zoom link the morning of the presentation.

Embracing “Equality, Equity, Diversity and Social Justice” for All.



GAHN'S 3rd CONGRESS



PRAXIS TO PRAXES: The Wisdom of Holistic Nursing

March 28, 2026 - 10:00 am - 4:30 pm EST

Purpose: Explore wisdom as a bridge between transforming knowledge of the art and science of nursing into the inner knowing of the self as an instrument of healing gained through understanding.

Esteemed Speakers



**DAWN HAWTHORNE, PhD, RN,
AHN-BC, HWNC-BC, SGAHN**



**DANNY WILLIS, DNS, RN,
PMHCNS-BC, HSGAHN, FAAN**



**RUDOLF CYMORR KIRBY MARTINEZ,
PhD, MA, RN, LMT, CAA, CSTP, CGNC,
CNE, AHN-BC, HWNC-BC, SGAHN,
FFNMRC SI**

The Process

Presentations will address three sequential themes. Each presentation will be followed by roundtable discussion and a group debriefing session. A closing dialogue will facilitate integral learning. The sequential themes include:

- Wisdom as embodied spiritual-knowing
- Wisdom of Integral Nursing
- Wisdom as Global Nursing

**BRING YOUR STUDENTS
AND COLLEAGUES!
SHARE WITH OTHERS
SPREAD THE WORD
REGISTER NOW!**

***THE INTENT IS TO ENGAGE, EMBODY AND ADVANCE
THE PRAXES OF HOLISTIC NURSING***

**REGISTRATION
STARTS EARLY**

JANUARY

Click Here!

**MARK YOUR CALENDAR FOR AN AFFIRMING, INFORMATIVE
AND EXCITING DAY:**

MARCH 28, 2026, 10:00-4:30 EST

<https://gahncongress2026.goodclix.com>

Join us for an Affirming, Informative and Exciting Day

Registration Fees (USD)

**GAHN Member \$60 Non-Member \$99
Student/Low Income Countries \$50
Member of Affiliate Org. or AHNCC Endorsed School \$75
Group Admission for 10 or More Students \$25/Student**

Sponsors(USD)

**Gold- Donate \$500 or More
Silver - Donate \$200 - \$499
Bronze - Donate \$100 - \$199**

**SCHOLARSHIP IS THE VEHICLE; PRAXES IS THE GOAL
info@gahnscholars.org**

AN INVITATION TO JOIN THE CONVERSATION & SUPPORT YOUR SCHOLARSHIP



SCHOLARSHIP DISCUSSION FORUM

GAHN Roundtables: Embodying the Wisdom of Holistic Nursing Praxes

The Global Academy of Holistic Nursing (GAHN) is pleased to invite you to a series of roundtable discussions on holistic nursing education.

Each gathering will begin with a scholar presenting what they have learned on a relevant topic, followed by discussion. Wisdom abounds in GAHN. We have much to gain by sharing our ideas, challenges, and successes.

All GAHN scholars and faculty from AHNCC endorsed schools are welcome and encouraged to attend. Your presence in these conversations will enrich and deepen a shared understanding of how principles of holism can be effectively implemented and the impact this has on student outcomes and nursing practice.

The roundtable discussions will be held on zoom the first Monday of the month, beginning in March.

Zoom link: <https://us02web.zoom.us/j/5845624948?pwd=cis4M3JHUWN4d0VY-QmlqZ2JzdnRmdz09&omn=87370888119>

MARCH 2 The Imposter Phenomena: What do we know and what can we do to prevent it? Celeste Baldwin, PhD, MS, APRN-CNS, SGAHN

Research by faculty and graduate students from the Regis College Young School of Nursing found that intentional faculty support and self-efficacy interventions can help reduce self-doubt and enhance professional identity formation among graduate-level nurses. The research was conducted to decrease the incidence of Imposter Phenomenon among advanced nursing students, an increasingly concerning issue in nursing education and practice.

The research was led by Celeste M. Baldwin, Ph.D., M.S., APRN-CNS, SGAHN, Assistant Professor of Graduate Nursing at Regis College, in collaboration with Regis faculty, students, alumni, and national colleagues.

The study, titled “Decreasing the Incidence of Imposter Phenomenon in Doctorate of Nursing Practice and Masters Level Nurse Practitioner Students by Increasing Levels of Confidence, Intrinsic Locus of Control, Grit, Self-Efficacy, Satisfaction With Life, and Self-Efficacy,” included Doctor of Nursing Practice (DNP), Master’s, and Nurse Practitioner (NP) students and recent graduates from across the country. With 83 participants nationwide, the mixed-method research design yielded statistically significant results demonstrating measurable increases in confidence and life satisfaction and decreases in impostor-related thoughts.

April 6: Unitary Human Caring Science as a foundation for embodied holistic praxes Joyce B. Perkins PhD, and St. Catherine University faculty in the College for Adults

How can we help students embody holism in their practice? How does embodying holistic nursing shape experience and set the stage for the development of praxes/wisdom among BSN students? What does this mean for the future of professional nursing? Faculty at St. Catherine’s University have extensive experience applying theoretical concepts from Unitary Human Caring Science to the design and implementation of curricular strategies and processes that promote student self-awareness, deep reflection, caring presence, and the use of self as an instrument of healing. The purpose of this presentation is to share what has been learned from individual courses and curricular integration, and to describe the impact these practices have on student practice.

AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

Once registered, all films in the series will be available.

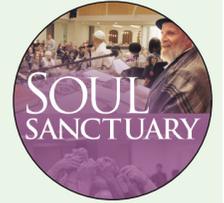
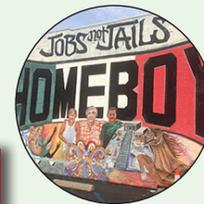
REGISTER HERE

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Watch all six movies for \$50! 9 Contact Hours

Enjoy each film at your convenience.

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



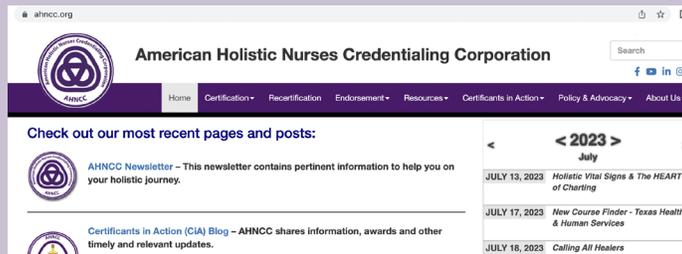
Looking for More CNE and Continuing Competencies Opportunities?



Looking for more CNE and continuing competencies for certification and recertification? Here are some places to look:

- [Event Calendar](#)
- [Professional Development and Continuing Competencies](#)
- [Embracing Diversity Events](#)

AHNCC's website and social media sites give you many options for CNE's, continuing competencies and different events for certification and recertification. Check out our website for upcoming CE and holistic opportunities. Go to AHNCC.org.



Happy Spring!

<https://www.ahncc.org>
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