

## **Endorsed School Newsletter**

Volume 8 Issue 3 - November 2025

H = Health

O = Opportunity

L = Leaders

I = Integrate

S = Scholarly

T = Together

I = Impact

C = Community

### From CEO Margaret Erickson



Good day,

As fall unwinds and we approach the winter months may you all have healthy, peaceful, and restive holiday seasons. May your lives be filled with abundance, gratitude and reflections on where you have been and where you want to go. May your days go smoothly and easily, be productive and have meaning. On those days when you are challenged, breathe deeply, pause, and be kind to yourself. We hope you have an opportunity to read and learn about the wonderful things that your

colleagues are accomplishing. Please take time, when able, to click on the links in this newsletter to fill your minds, hearts, and souls.

Until we connect again, wishing you a blessed and healthy holiday season and we will see you in the new year :0)

Warmest thoughts and wishes for you and your loved ones,

Margaret



Please NOTE: The term "AHNCC Endorsed School" means that the school has one or more AHNCC Endorsed Programs. It doesn't mean that all of the school's programs are endorsed.

Only graduates and faculty of the endorsed programs receive the benefits for AHNCC certification. Please be careful how you promote the endorsement on your website if you have nursing programs that are not AHNCC endorsed. The endorsed programs are listed on the certificate that was sent to you, or you can look at <a href="https://www.ahncc.org/schoolendorsement-program/current-endorsed-nursing-programs/">https://www.ahncc.org/schoolendorsement-program/current-endorsed-nursing-programs/</a>.

# Scent-sible Success: A Holistic Approach to Managing Test Anxiety at Xavier's College of Nursing

Written by Dr. Deanna Jenkins, DNP, MSN, BSN, RN, CDP



Nursing students often find themselves grappling with overwhelming test anxiety. The pursuit of a degree and academic excellence can lead to stress that impacts not only their performance on examinations, but also their wellbeing. Fortunately, Xavier's College of Nursing recognizes this rising anxiety and has one innovative solution making headway in the world of holistic wellness: Scent-sible Success Kits. These portable kits, designed and implemented by Professor Angela Hammond, Dr. Deanna Jenkins, and Dr. Deborah Knapp, are designed



manage stress and enhance focus before exams, utilizing the power of scents (aromatherapy), stress relief balls, positive affirmations, and emotional release activities.

Within the Scent-sible Success Kits, students will find a variety of essential oils and scented sprays that are carefully curated to create a calming atmosphere that improve the students' ability to maintain focus. Scents such as lavender and chamomile have proven calming properties, helping to lower heart rates and reduce feelings of anxiety (Cleveland Clinic, 2021). Students may apply essential oils directly to pulse points or create their own takeaway aromatherapy cards. Additionally, simply spritzing a scented spray around the study space can transform the environment and promote a sense of peace, easing the pre-exam jitters that many nursing students experience.

In addition to aromatherapy, these kits include peppermint candies which are known for their refreshing flavor and invigorating aroma, peppermint can stimulate the mind and enhance focus. Chewing on a peppermint candy before an exam might not only satisfy a sweet tooth but also provide a quick mental boost. Other components such as lotions and sanitizers infused with soothing scents offer sensory relief, contributing to an overall sense of comfort and preparation. By creating a multi-sensory experience, Scentsible Success Kits are designed to engage students, distracting them from anxiety and enhancing their ability to concentrate.



No success kit would be complete without a touch of positivity. To further combat the stress of examinations. Scent-sible Success Kits include positive affirmation cards and little motivational stickers. These reminders serve as powerful tools to shift the mindset from doubt to confidence. Nursing students can take a moment to read their favorite affirmation before heading into an exam, reinforcing their belief in their abilities. For instance, notes that read "I am prepared" or "I can handle this" can uplift spirits and decrease negative thoughts, creating a more constructive mental state leading up to the test.

Lastly, each Scent-sible Success Kit comes with a 'take a breath box', which is a small locked box for students to leave their thoughts and reflections confidentially. Writing down feelings can be incredibly therapeutic, allowing nursing students to process their emotions rather then bottling them up. This practice not only serves as an emotional release but also creates a tangible way to track progress over time. Students can revisit earlier thoughts, if they so choose, and see how far they've come, encouraging resilience and adaptability; a vital skill for any future nurse.



Managing test anxiety is crucial for success in nursing education. Scentsible Success Kits embody a holistic approach to decreasing test anxiety for nursing students, offering a thoughtful combination of aromatherapy, sweet distractions, positive reinforcement, and reflective practices. By integrating these elements into their pre-testing routines, students can cultivate a calmer, more focused mindset, paving the way for academic success and personal well-being. Xavier's Nursing program has embraced the power of scent and positivity, and equipped their students with Scent-sible Success Kits to navigate the challenges of nursing school.

**Contributing Editors:** Professor Angela Hammond, MSN Ed., RN, CDE® & Dr. Deborah S. Knapp, DNP, MSN, BSN, RN, C-eFM

#### References

Cleveland Clinic. (2021, December 14). 11 essential oils: Their benefits and how to use them.

https://health.clevelandclinic. org/essential-oils-101-do-theywork-how-do-you-use-them



# Lisa Heald awarded the Meritorious Award.

Anyone who knows or works with Dr. Lisa Heald knows how deeply committed and inspiring she is in her profession and to the UMA Nursing program. Her tireless dedication to her students, passion for holistic and integrative teaching, and her exceptional leadership have made a profound impact within the College of Professional Studies.

Dr. Heald joined UMA as an Assistant Professor of Nursing in 2020, bringing with her a wealth of experience from across Maine's healthcare and academic communities. She is widely recognized for the nurturing learning environments she creates—places where students feel empowered to ask questions, think critically, and grow into compassionate, highly skilled nurses. Her students consistently praise her for going and bevond: offering above extensive office hours and review sessions, and providing individualized support that speaks to her genuine investment in their success.

Throughout her tenure at UMA, Dr. Heald has proven herself an innovative educator. She has led the development of new courses, including the Student Success

Seminar and "Fostering Emotional Health & Well-Being," addressing the evolving needs of nursing students and the profession as a whole. She serves as course lead for multiple foundational nursing courses and is known for seamlessly blending rigorous scientific teaching with the art of caring for both patients and students.



Her scholarship is marked by ongoing research in nursing education and practical healthcare improvement, including studies focused on NCLEX success and mentorship. Dr. Heald regularly presents at national conferences, leads professional development

workshops for faculty across Maine, and holds leadership roles in both university and statewide nursing organizations.

Dr. Heald's commitment extends far beyond the classroom. She is an active university leader, serving as Chair of the UMA Curriculum Committee and as a Faculty Senator, and is deeply involved in service on advisory boards and professional organizations. Her outreach in the broader community—supporting veterans, planning nursing conferences, and organizing educational events for local schools—reflects her drive to advance holistic nursing and inspire the next generation.

Dr. Heald has been honored with multiple nominations for the Faculty Daisy Award and national recognition for teaching excellence. Her students and colleagues alike describe her as an exemplary mentor, role model, and educator.

For all her achievements and her dedication to her profession, UMA awards the 2025 Meritorious Achievement award for the College of Professional Studies to Dr. Lisa Heald. Congratulations, Lisa!





# Congratulations Shannon Gauvin for being named one of the Inaugural Top Ten Extraordinary Nurse Leaders in Maine for 2025

The UMA community is celebrating Shannon Gauvin, director, program coordinator and associate professor of nursing, who has been named one of the Top 10 Extraordinary Maine Nurses of 2025 by the American Nurses Association—Maine.

According to the Maine Nursing Action Coalition, Maine is projected to face a shortage of more than 2,800 registered nurses by 2030. Gauvin is confronting this challenge on two fronts: innovatively collaborating to increase highly qualified clinical nurse educators and increasing the capacity to educate new nurses.



To strengthen the teaching workforce, she and Dr. Erin Bellaire, in collaboration with MaineGeneral Medical Center, developed an innovative model that engages bedside nurses as clinical educators. The strategy expands clinical placements for students, one of the biggest barriers in nursing education, while adding faculty capacity across the state. The model, now used by MaineGeneral, Mount Desert Island, Northern Light and MaineHealth, has become a scalable framework for workforce development in nursing education.



At the same time, Gauvin has guided significant growth in UMA's nursing program, increasing enrollment from 91 students in 2019–20 to 271 in 2024–25. With the opening of the

new Capital Center for Nursing and Cybersecurity Workforce Development, capacity is expected to exceed 400 students within the next four years. The facility's advanced simulation and clinical



training spaces prepare graduates to meet Maine's evolving healthcare needs.

Beyond UMA, Gauvin also leads community-focused efforts that connect education with local workforce development. Collaborating with Community Concepts, who

are the recipients of the Workforce Opportunity for Rural Communities grant, Gauvin was an integral part of launching a healthcare career boot camp for Oxford County high school students, introducing rural youth to nursing and allied health pathways.

She has also implemented initiatives that enrich the learning environment and promote collaboration, including night-shift clinical placements, a communication and civility workshop and system-wide simulation training that standardizes best practices across the University of Maine System. Her dedication and innovation have earned her multiple honors, including the Agnes E. Flaherty Award, the UMA Meritorious Achievement Award and the DAISY Nurse Leader Award.

"This recognition reflects Shannon's transformational impact on nursing education and her dedication to building Maine's healthcare workforce," said UMA President Jenifer Cushman. "Her leadership advances UMA's mission to expand access to high-quality, workforce-focused education that strengthens communities across



Congratulations, Shannon, on this well-deserved honor and for your continued contributions to the future of nursing in Maine.

Shannon Gauvin, UMA's director, program coordinator and associate professor of nursing posing with Brenda McAleer, UMA's associate vice president of academic affairs and dean of the college of professional studies

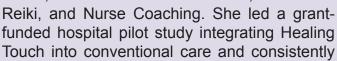
#### **Student Spotlight: Rose Wolfe**



Rose Wolfe is set to complete her Master's degree in Complementary and

Integrative Health

at Drexel this Winter, building on her extensive clinical expertise, holistic training, and professional leadership to advance her vision for integrative, person-centered care. Inspired by her mother's cancer journey, Rose transitioned from a business background to oncology nursing and has since earned certifications in Healing Touch, Functional Medicine.





**Student Spotlight: Rose Wolfe** 

demonstrates her passion for evidencebased health practices and complementary therapies. At Drexel, she cultivated a strong

interest in research, deepening her understanding of the science behind integrative modalities and strengthening her confidence in communicating their benefits. An active member of the Academy of Oncology Nurse & Patient Navigators' Policy & Advocacy Committee, she presented at their November 2025 National Conference in New Orleans on recent Medicare changes affecting

cancer patients—continuing her mission to foster a more integrative, proactive approach to health.

# Integrative Health Education in Practice with Student, April Soriano



In Drexel's Integrative Health Strategies II course, students learn to translate evidence-informed complementary and integrative approaches into

clear, accessible education for individuals and communities. This term, April Soriano developed a patient education video and handout focused on managing headaches through nutrition and supportive lifestyle Her work presents complex information in a way that is both practical empowering, and demonstrating integrative modalities can help individuals better understand their symptoms and adopt strategies that support whole-person wellbeing. This project highlights the importance of person-centered education and the role of integrative health practitioners in offering resources that patients can use in daily life. View April's patient education materials here.

Education Video-Headaches.mp4
Patient Handout - Headaches.pdf

# Grounding and Gratitude Meditation from CIH Track Director, Rita Carroll

As the seasons shift and the pace of the year begins to slow, November offers an opportunity to pause, reflect, and reconnect with what sustains us.

In a time
often filled
with activity and
anticipation, grounding
ourselves in gratitude
can restore balance
and presence.

As health professionals, we often give our energy outward; this simple pause invites that same care inward. We hope this meditation helps you carry a sense of calm strength and appreciation into the season ahead, for yourself, for others, and for the work that connects us all.

November Meditative Minute for Gratitude and Grounding - Drexel Streams



#### Dr. Melanie Henderson's Reflections on Stress, Mindfulness, and Creativity



The fall season is now bursting with rich hues of yellow, orange, and red. Mother Nature's creativity never fails, bringing beauty, calmness, and peace to our busy, stressful lives if we just stop to notice. She brings out her most creative side to teach us a lesson. Pause. Be present in the moment. Be mindful. See what's actually in front of you. But do we notice at all?

What is "being mindful"—or practicing mindfulness—anyway? Can we really clear our minds of thoughts? If not, what is the goal? Does mindfulness really help reduce our stress?

If you're experiencing stress this fall, you're not alone. In what ways do you manage your stress? Have you ever been taught? Did you know that mindfulness—and even creativity—can help us manage our stress?

For those of you who don't know me, I'm Dr. Melanie Henderson. I've been teaching at Drexel as an adjunct faculty member since 2019, and I recently graduated with my Doctorate in Education from Drexel in June. I'm a nurse, yoga teacher,

and professor. Throughout my life and my career as a nurse and educator, I've been cognizant of the stress that others face (including myself). Everyone seems stressed. There is so much weighing on us all. How do we address this problem and help find a solution?

So, I ask you this: Do we take the time to pause? Do we notice ourselves or our fellow students being overly stressed? What do we do about this?

Click here for the full article.



Facilitate the advancement of holistic nursing, or the role of nurse coaching, through nursing education.

You are invited to bring questions, concerns, or networking ideas to the faculty gathering.



Share your accomplishments and challenges, and much more.

## Shannon Gauvin - Endorsed School Committee Chair

December 5th 12:00-1:00 pm EST January 30th 12:30-1:30pm EST March 27th 12:30-1:30 pm EST May 29th 12:30-1:30 pm EST

These gatherings allow time for faculty from schools with AHNCC endorsed programs or those wishing to seek AHNCC endorsement (contact connections@ahncc.org) to network with other schools.

Mark your calendars to join us for the next Endorsed Schools Network Gathering.

You do not need to register in advance. The school contact person will receive a reminder email the day before the call with the link attached.

Zoom Link: <a href="https://maine.zoom.us/j/85802490338">https://maine.zoom.us/j/85802490338</a>

# 75 Years of Excellence: Honoring the Holistic Legacy of Capital University's School of Nursing

Written by Heather Janiszewski Goodin, PhD, RN, AHN-BC, CPN
Dean of Nursing, Capital University

For 75 years, Capital University's School of Nursing has embodied the essence of holistic nursing; uniting mind, body, spirit, and community in the preparation of generations of nurses. Founded in 1950 as one of the first baccalaureate nursing programs in Ohio, the school has remained steadfast in its mission to educate compassionate, reflective practitioners who view nursing as both a science and a healing art. This year, Capital celebrated its Diamond Anniversary with a spirited day of reflection and renewal, culminating in a Leadership Panel that highlighted the enduring relevance of holistic care in modern nursing practice.

The luncheon celebration, held at the Franklin Park Conservatory in Columbus, Ohio, gathered alumni, faculty, students, and community partners to honor the School's remarkable journey. The afternoon Leadership Panel—featuring past and present deans, nurse leaders, and holistic practitioners—explored the theme "Rooted in Purpose – Connected by Care – Leading the Future of Nursing". Panelists reflected on the evolution of nursing education, the ongoing challenges facing healthcare today, and the importance of grounding nursing leadership in holistic values such as presence, compassion, and self-care.

Capital's holistic roots run deep. Under the visionary leadership of early pioneers like Dr. Evelyn Barritt, appointed the Dean of Nursing in 1966, the curriculum moved beyond the traditional medical model one based on the health-illness continuum. emphasizing individual's total experience of health. This forward-thinking framework, revolutionary at the time, established a culture that honored the interconnectedness of all aspects of the human experience. By the 1980s, the School had formally integrated perspectives into its holistic teaching, research, and clinical experiences, well before "holistic nursing" became a recognized specialty nationwide.

That commitment was formally recognized in 2009, when Capital's undergraduate and graduate nursing programs earned endorsement from the American Holistic Nurses Credentialing Corporation (AHNCC)—affirming that the School's curriculum was grounded in the principles



Left to right: Dr. Ann Peden (Dean 2009-2019), Dr Doris Edwards (Dean 1987-2000, 2008-2009), Dr. Heather Janiszewski Goodin (Dean 2023-present)

of holistic nursing philosophy, education, and care. Since then, Capital has continued to weave holistic practice throughout every level of its nursing education, from reflective self-assessment and mindfulness in first-year courses, to integrative approaches to patient care in advanced clinical experiences.

holistic care Today. remains central to Capital's identity. Students engage in intentional self-care practices, explore global perspectives through study abroad opportunities, and serve communities through projects that emphasize health promotion, iustice. and dignity. Recent milestones, such as the School's 100% NCLEX pass rate in 2024, stand as a testament to the balance of academic excellence and compassionate presence that defines Capital nurses.

As Capital University's School of Nursing looks toward its next 75 years, our milestone was more than a commemoration, it was a renewal of purpose. The voices gathered affirmed that holistic nursing is not simply an approach to care, but a way of being in relationship with self, others, and the world. Guided by that truth, Capital continues to educate nurses who lead with integrity. heal with heart, and serve with a vision of wholeness that honors the sacred legacy of the nursing profession.



Capital University President Jared Tice welcoming the gathering at the 75th Luncheon, Wells Barn, Franklin Park Conservatory, Columbus, Ohio – here is the link to a historical short film of 75 years at Capital University - Honoring the Hands and Hearts of Capital Nursing



Hannah Hald (holding the microphone) was the leadership panel moderator, is a senior nursing student and President of our Capital University Student Nurse Association (CUNSA).





"Connections to the Past" portrait to commemorate the 75th Anniversary celebration depicting the tradition of the Nursing Pinning ceremony from the past to the future – artist Courtney Adkins, senior Art student at Capital University



(Left to right) – Dr. Andrea Manning (VP, Clinical Services, Nationwide Children's Hospital), Marti Taylor (CEO of Ohio RISE and VP of Aetna, a CVS Health company), Cynthia Latney (Chief Nurse Executive, OhioHealth), and Alexandria Jones (RWJF Public Health Nurse Leader, Assistant Health Commissioner, Director of Prevention and Wellness, Franklin County Board of Health) held at Schumacher Gallery, Capital University, Columbus, Ohio – Link to the presentation: Capital School of Nursing Leadership Panel Event

# Tradition and Community: A Holistic Nursing Journey in Manhattan's Chinatown



In their first holistic nursing course, Nurse as Facilitator of Healing Part I: Role, 48 undergraduate students from Pacific College of Health and Science (New York, NY) participated on a new clinical experience in Manhattan's Chinatown that brought holistic health concepts and the traditional medicine embedded in communities to life. The exploration began with a guided visit to Kamwo Herbal Pharmacy (211 Grand St.), a cornerstone of traditional Chinese medicine in New York City since 1973. Students were introduced to a wide array of herbal products and learned about their medicinal indications from herbs used to support digestion and immunity to those that aid in stress relief and sleep. They watched agile specialists preparing herbal formulas with ease, sourcing raw materials from the thousands of products stored in hundreds of unlabeled drawers. They also witnessed the meticulous manufacturing process behind the creation of herbal teas, encapsulations, and other preparations, gaining insight into the precision and care that underpins this ancient healing tradition in modern times.

The experience extended beyond the pharmacy into the heart of the community at Dr. Sun Yat-Sen Plaza (Mulberry St. and Baxter St.). There, students curiously observed very active older adults engaging in a variety of life-sustaining activities, such as singing, playing musical instruments and table games, and socializing. This glimpse into the communal lifestyle offered a powerful lesson in the role of social connection and cultural practices in holistic well-being. Students also sampled local foods such as tofu, buns, dumplings, and boba tea, adding to their sensory experiences and cultural immersion.





This clinical outing offered various benefits for holistic nursing students in the following ways:

- Cultural awareness by preparing them to care for patients of varying backgrounds (e.g., age, ethnicity, economic) and recognizing shared medicine and healing ways with their own cultures
- Community engagement by observing and interacting with those local to the area
- 3. Curiosity and openness through in-situ exposure to holistic and integrative traditional medicine utilization in this community and for their own learning
- Community-building with their peers through this shared and novel experience supportive of a holistic and fun learning environment

Students returned from Manhattan's Chinatown not only with a deeper appreciation for traditional medicine but also with a reinvigorated sense of curiosity about their studies, their peers, and the communities they will soon be working with as they progress in their studies. This kind of experiential learning is a cornerstone of holistic nursing education as healing begins with connecting to your own environment.

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## **AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES**

LEARN MORE ABOUT VULNERABLE POPULATIONS

## **CE OPPORTUNITIES**

Once registered, all films in the series will be available.

Enjoy each film at your convenience.

Watch all six movies for \$50! 9 Contact Hours















**REGISTER HERE** 

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering with a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



#### **AHNCC Video Collection**

AHNCC has an extensive library of videos that explain some of the questions you may have. There are a variety of subject matters on holistic nursing, nurse coaching, as well as a <u>Community Awareness</u> page of videos. Click on the links below for some of our Video Collection.

How can we be more environmentally aware?

Florence Nightingale A Nurse
Before Here Time!

What Does a Nurse Coach Do?

What is the Difference Between Holistic Nursing and Nurse Coaching.

What is Self-Care and Why is it so Important?

Conversation Corner, "Day of the Dead" Full Recording

**Mental Health During Winter!** 

This is Amanda on why she is a Certified Holistic Nurse.

Check out our Youtube Channel <a href="https://www.youtube.com/@HolisticRNCertified">https://www.youtube.com/@HolisticRNCertified</a>

#### **AHNCC's Conversation Corners**



Conversation Corners (CCs) is an initiative that the AHNCC Equality, Equity, Conversation Diversity, Inclusion, and Social Justice (EEDISJ) Committee implements. The intent of the CCs is to increase our worldviews and understanding of other peoples' lived experiences, perceptions, values, cultures, attitudes, etc. Through these dialogues we hope that we can all learn and grow and better care for those whom we serve.

Participants who attend the entire presentation can receive continuing competency hours that can be used to meet their certification continuing competency hours requirement. Our Youtube channel has recordings of each of these Conversations. One of our most recent Conversations is:

#### Incorporating Daily Practices of Aesthetics and Self-Reflection Full Recording

### **Nightingale Initiative for Global Health (NIGH)**



GAHN is honored to be invited to co-sponsor NIGH's Nurses' Voices Speaker Series. 2024-2025. Co-Directed by Dr. Deva-Marie Beck and Barabara Dossey, (Honorary Scholars of GAHN), NIGH was founded in 2006. Granted 'Special Consultative Status' with the United Nations Economic & Social Council (ECOSOC) in 2018. NIGH planned and offered a series of sessions highlighting internationally recognized leaders healthcare and supportive organizations. Seven have been completed; recordings are available for your enrichment at: https://www.nighvision.net.



# **Global Academy of Holistic Nursing**

### **Upcoming GAHN Third Monday Dialogue**

GAHN's 2025 Third Monday Dialogue (TMD) started on January 20th. Attendees explored the implications of integral relations of the philosophy, art and science of holistic nursing as the framework for holistic scholarship. The TMD are open to all who are interested in Holistic Nursing Scholarship. GAHN is also preparing a follow-up publication to the work, Foundations, Competencies, and Curricular Guidelines for Basic to Doctoral Holistic Nursing Education, First Edition, (2017), (https://www.ahncc.org/resources/ curriculum-quidelines/) with a release date in early 2026. GAHN applications for new members will open January 2025. For more information, contact info@gahnscholars.org.

#### For previous recordings of Third Monday Dialogues click here.

**Topic:** GAHN Monthly Dialogues 2025

**Time:** 7:00-8:00 PM Eastern Time (US and Canada)

Third Mon, Jan-May: October-November.

Join Zoom Monthly Meeting

https://us02web.zoom.us/j/82507402975? pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHpIUT09 Meeting ID: 825 0740 2975

Passcode: 2024 One tap mobile

+17193594580.82507402975#.

.\*2024# US

+12532050468,82507402975#.

Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing Scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.

Here is the AHNCC Endorsed schools seal for marketing purposes.

Prior to using the seal, a designated person from the School of Nursing will need to sign the AHNCC Endorsed School Logo Letter of Agreement and return it electronically to AHNCC at <a href="mailto:ahncc@flash.net">ahncc@flash.net</a>.
To download the letter please <a href="mailto:click here">click here</a>. Upon the receipt of the Letter of Agreement a link will be sent to the school for the use of the seal.



# **Qualified Verified**

# Get Certified

AHNCC is accepting applications and testing for the Holistic Nursing and Nurse Coaching examinations.

The benefits include:

- Exams are offered year round
- 90-day testing window beginning upon notification of eligibility to test
- · Immediate notification of test results upon exam completions

For more information, please contact:

AHNCC at 785-267-0943 or C-NET at 800-463-0786

# **Spread the Word!**

Help us spread the word! Please share these video links that are all about our Endorsed Programs and Holistic Nursing certifications:

Why Get Certified?

Can I apply for the exam before I graduate?

What Continuing Education Can I Use? Certification
in Holistic
Nursing –
long version

How Do I
Prepare for
the Holistic
Nurse
Exam?













https://www.ahncc.org

For questions related to the AHNCC Application or Testing process, contact <u>C-NET</u> at: <u>info@</u> <u>cnetnurse.com</u> | 800-463-0786