



American Holistic Nurses Credentialing Corporation

*Certification...the Path to Personal Growth
and Professional Recognition*

Welcome to the [American Holistic Nurses Credentialing Corporation \(AHNCC\)](https://www.ahncc.org) Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahncc.org

For questions related to the AHNCC Application or Testing process, contact C-NET at: info@cnetnurse.com | C-NET - 800-463-0786

Good Day Dear Friends and Colleagues,

I hope everyone is having a healthy, happy, and relaxing summer. Life is short and it is important that we make sure to take the time to pause, breathe, and enjoy our journey. So often we focus on the destination rather than the people, experiences, and stopping to smell the roses along the way. Gifts that surround us are often missed when we are in a hurry; the butterflies in our flower beds, the laughter of loved ones, a smile from a stranger or an opportunity that would delay us or take too much time. As we approach mid-summer, I invite you to take that time. Gift yourself with unexpected opportunities, chats with loved ones, ice tea on a beautiful summer afternoon, listening to birds singing in their welcome of a new day; hike along the creek, love on your dog, or whatever fills your soul.



Today is here. Celebrate it! Enjoy it! Embrace what brings you joy! As we all know, the day passes and will never come again.



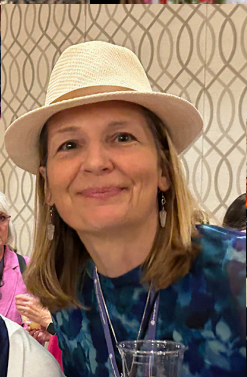
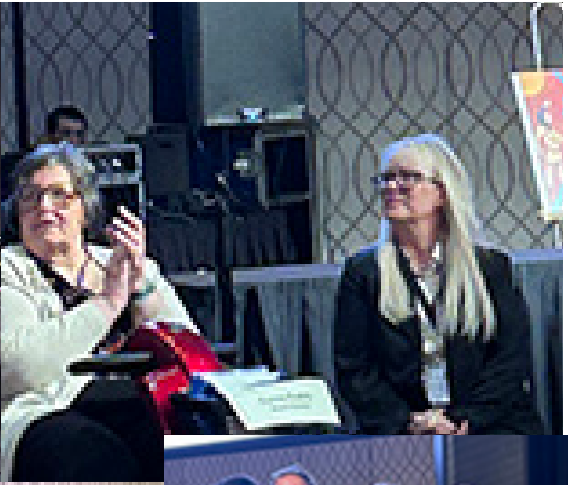
image by Bing Quash from Pixabay

Sending warmest wishes, great gratitude for all you are and do 🙏🌸, and blessings to you and yours,

Margaret Erickson, AHNCC CEO

To support our mission and the services we offer, AHNCC advocates for processes, legislation, and healthcare transformation that is in alignment with a paradigm shift towards one of health promotion, wellness, and well-being.









What is the Difference Between a Certificate Program and National Certification



A certificate program is a shorter educational program that focuses on content and specific skills or knowledge needed for a particular field. While national certification provides a credential earned by demonstrating competence and acquisition of the knowledge and skills, against nationally recognized standards for a profession. The credential is usually earned by successfully passing a rigorous standardized examination. Certificates are often a stepping stone or a way to gain entry into a field, whereas certifications demonstrate a higher level of expertise and commitment within a chosen profession.

AHNCC requires 100 continuing competency (CC) hours every 5 years that relate to Holistic Nursing, Nurse Coaching, and or holistic health. There are many different ways to build your knowledge base in your certification area and meet this requirement. Since people learn in different ways and through different pathways, there are many options for you to earn your Competency hours. You can obtain traditional CNEs, be a preceptor, do presentations, projects, be on committees, do research, publish, take university courses, and other activities. To learn more about the different possibilities to earn continuing competency hours please go to the recertification Handbook at <https://www.ahncc.org/wp-content/uploads/2025/07/RECERT-HANDBOOK-7.2.25.pdf> and scroll down to page 5. There you will find numerous activities you can use to attain the CC hours needed for recertification. All AHNA CNEs are accepted. More opportunities are listed on our website. They only need to relate to holistic nursing and/or nurse coaching. If you have question about whether or not a course is accepted just reach out to us and ask at recertification@ahncc.org.



Linda and Johanna represent AHNCC at Highland Hospital in Rochester, New York during Certified Nurses Day.

If you would like to share information about AHNCC and holistic certification for Nurses Certification Day or Nurses Week, please let us know. We will provide the handouts.

USET Reclaiming Native Psychological Brilliance: Tribal Behavioral Health ECHO Clinics

Reclaiming Native Truth is a national effort to foster cultural, social and policy change by empowering Native Americans to counter discrimination, invisibility and the dominant narratives that limit Native opportunity, access to justice, health and self-determination. Reclaiming Native Truth's goal is to move hearts and minds toward greater respect, inclusion and social justice for Native Americans.

The Reclaiming Native Truth project conducted an unprecedented research campaign designed to increase our understanding of the dominant narrative about Native peoples in the United States.

To view these informative clinics go to youtube and go to the their channel [@USET Channel](https://www.youtube.com/@USETChannel).

Recertification

We have received so many requests for information on Recertification, here is some basic information,

Certificant Responsibilities

1. Keep your contact information current with AHNCC;
Log into your record at www.ahncc.org (Login at the top of the page), or
Send changes to info@ahncc.org;
2. Notify AHNCC of Last Name changes (send copy of official documentation to info@ahncc.org);
3. Continue to be in good standing in nursing with an active, unrestricted RN license;
4. Be actively involved in Holistic Nursing or Nurse Coaching (See Active Involvement below);
5. Completion of 100 continuing competency hours of continuing education or professional development activities that build your holistic nursing, or nurse coaching, knowledge, skills, attitudes, and expertise. (See Continuing Competency Hour Requirements below.) ;
6. Apply for Recertification in a timely manner;
7. If you UNSUBSCRIBE to any email sent by AHNCC, you will no longer receive Newsletters, notifications of upcoming events, important announcements, or continuing competency opportunities. (You will still receive reminder notices for upcoming Recertification.) If you did unsubscribe in the past and wish to continue receiving newsletters, etc., please contact info@ahncc.org. If you are retired, or no longer plan to renew for any other reason, please let us know.



Renewal of the Holistic Nurse and Nurse Coach Certifications are due every 5 years. At this time certain requirements must be met for an individual to demonstrate continuing competency in their specialty area, in this case Holistic Nurse or Nurse Coaching. Continuing competency is demonstrated by meeting the standardized requirements which include: maintenance of an unrestricted RN license; active practice in your specialty area; and 100 CNEs or equivalent credits through other professional development activities such as presentations or publishing.

Continuing Competency Hour Requirements

Continuing competency is an ongoing, life-long process that includes self-assessment and self-reflection which facilitates self-awareness, self-development and reflective practice. AHNCC believes that our certifiants are committed to integrate and apply their knowledge, skills, judgement, and expertise, using attitudes, values, and beliefs required to practice safely, effectively, and ethically in their designated role, patient population and/or setting. The Holistic Nurse or Nurse Coach certificant is also expected to understand, respect, and honor different cultural views, values, beliefs, and behaviors of those they serve. Recertification requirements are required to ensure that certifiants are in compliance with AHNCC's continuing competency viewpoint.

When do I Recertify?

[When Do I Recertify? Not Sure When You Are Due? Check your Current Status of Certification \(click here\)](#)

Certification is valid for a period of 5 years from the date appearing on the certificate. Recertification is due on the fifth year, the last day of the month appearing on the certificate.

AHNCC will notify Certifiants by email as due date approaches. Recertification documents should be sent 2 months or 60 days, but no

more than six months before the Certification Expiration Date to ensure time for processing.

Certification is no longer active after expiration date listed on certificate. Credentials are not backdated. Inactive certifiants are not permitted to use certification credentials. Inactive status lasts for three years. During that time recertification can be submitted. After three years a new application and exam would be required.

The HWNC-BC (Health and Wellness Nurse Coaching – Board Certified) credential is a nurse coach credential and is used instead of the NC-BC credential if you are actively certified with AHNCC as both holistic nurse and nurse coach. (It is not a combined credential. You want to use both the holistic nurse credential and the HWNC-BC credential.)

For all certifications 100 continuing competency hours are required for renewal of your certification.

Congratulations to our 2025 Nurse Coach Fellows



I am with the [National Association of Hispanic Nurses](#) and sponsored by [Huntington Meditation and Imagery](#).

Angelli Aguilar, DNP, CPNP-PC, APRN is nurse practitioner who specializes in providing comfort and support for children with life-limiting illnesses. She earned her doctorate degree in Nursing Practice from the University of South Florida in May 2025. She is a member of Hospice and Palliative Nursing Association, National Association of Hispanic Nurses Association, and National Association of Pediatric Nurse Practitioners. She is hopeful as future nurse coach to help address health equity by targeting the health needs of pediatric and women, particularly from the bipoc (black, indigenous, people of color) community.

Rudolf Cymorr Kirby P. Martinez, Ph.D., MA, RN, LMT, CAA, CSTP, CGNC, CNE, AHN-BC, SGAHN, FFNMRCIS is a nursologist and a caring science scholar from the Philippines. He is the author of the Nursing Situation as Caring Moment Theory: A Filipino Value-based Theory of Nursing.

He is a certified advanced holistic nurse, a certified nurse educator, a certified global nurse consultant, a scholar of the Global Academy of Holistic Nursing, a distinguished fellow of the Faculty of Nursing & Midwifery, Royal College of Surgeons in Ireland, and a regular member of the Department of Science & Technology-National Research Council of the Philippines. Currently he is a Full Professor at San Beda University College of Nursing and also teaches part-time at the graduate school program of Arellano University, Florentino Cayco Memorial School Graduate School of Nursing, and Holy Angels University – School of Nursing and Allied Medical Science. He is also the chairperson of the Philippine Nurses Association Department of Nursing Education. His research interests include nursing theories and philosophies, nursology, caring phenomenon, issues on death and dying as well as health anthropology.



Affiliated nursing organization: [Philippine Nurses Association, Inc.](#)

Nurse Coach Association Sponsor: [Wisdom of the Whole Coaching Academy](#)



Caroline Meza, PhD, RN, CEN, NPD-BC, AHN-BC

Caroline Meza is an assistant professor at Seton Hall University College of Nursing. In addition to her 26 years of experience in nursing practice and education, she holds board certifications in Emergency Nursing, Nursing Professional Development, Advanced Holistic Nursing and serves on several professional nursing organizations. This Nurse Coach Fellowship is an opportunity to further her professional and personal development to assist others to prioritize their wellbeing.

Nursing Organization: [National Association of Hispanic Nurses \(NAHN\)](#)

Nurse Coach Association: [Huntington Meditation and Imagery Center](#)

Elena Prendergast DNP, APRN, FNP-C, ACHPN

Dr. Elena Prendergast is dually certified as a Family Nurse Practitioner and in Hospice and Palliative Care. A proud Latina and veteran, she brings a deeply personal commitment to holistic, person-centered care for individuals and families facing serious illness. With a mission rooted in education, advocacy, and support, Dr. Prendergast empowers others to define and achieve their own quality of life goals.

Nursing organization: Member of both [National Association of Hispanic Nurses](#) and [American Holistic Nurses Association](#).

Nurse Coach association sponsoring this fellowship: [Advancing Nurse Coaching](#)



Other 2025 Fellows: Nicolette Guerro | Eliana Alonzo| Carmen Patricia Born



The Vulnerability Model Transpersonal Practices for Inner Peace and Healing

October 17 - 19 2025

Co-sponsored by the Lower Westchester Chapter of the AHNA



Bonney and Richard
Schaub

Bringing our Students Together for the First Time since 2020 Join us face to face at a beautiful retreat center on Long Island's scenic North Shore for a two and one half day seminar on The Huntington Vulnerability Model and the deepening of inner peace and wisdom for personal and clinical practice. Together we will study and experience Transpersonal methods applicable to substance misuse, illness, psychological trauma and other Bonney and Richard Schaub human struggles. Open to all healing arts professionals. 18 CEUs available thru NBCC. Offered at the Seminary of the Immaculate Conception, a non sectarian retreat center in Lloyd Harbor NY, filled with original Renaissance Art and surrounded by gardens and natural wonders. Go to ICSeminary.edu for more information about the retreat center.

Please email Dr. Richard Schaub for information regarding Tuition, Lodging and Seminar Details:
drrichardschaub@gmail.com

Press Releases

AHNCC has released two separate Press Releases. These Press Releases reflect the official statement of AHNCC.

[Holistic Nursing Organizations Support American Academy of Nursing Statement Regarding HHS Budget Proposal](#)

[Documentaries of Healing, Restoration, and Reconciliation dealing with addiction and recovery.](#)

**Coming Soon...Text Message
Reminders for Recertification only!**

If you would like to receive your reminders for recertification by text message, please contact us and make sure your cell phone number is current by updating your records or sending it to info@ahncc.org.

*"In summer the song sings itself
above the muffled words."*

William Carlos Williams





Become a GAHN Scholar Today!

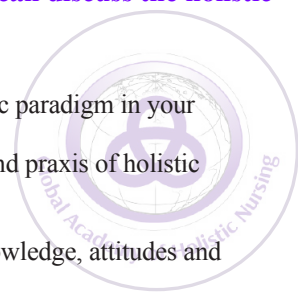


Interested? Check out our [Handbook, Section III, video library](#), or contact us at info@gahnscholars.org!

Interested in joining a community where you can discuss the holistic nurse scholarship?

Are you:

- Conversant with and expert at integrating the holistic paradigm in your professional lives
- Committed to integrating the pedagogy, ontology, and praxis of holistic nursing within healthcare
- Committed to mentoring holistic nurse scholars
- A leader who advances quality care based in the knowledge, attitudes and skills of holistic health and wellness.



[Apply to become a Holistic Nursing GAHN Scholar Click Here!](#)

Global Academy of Holistic Nursing

Upcoming GAHN Third Monday Dialogue

For previous recordings of Third Monday Dialogues [click here](#).

Topic: GAHN Monthly Dialogues 2025

Time: 7:00-8:00 PM Eastern Time (US and Canada)

Third Mon, Jan-May; October-November.

Join Zoom Monthly Meeting

[https://us02web.zoom.us/j/82507402975?](https://us02web.zoom.us/j/82507402975?pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHplUT09)

[pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHplUT09](https://us02web.zoom.us/j/82507402975?pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHplUT09)

Meeting ID: 825 0740 2975

Passcode: 2024

One tap mobile

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*2024# US

+12532050468,82507402975#

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Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing Scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.

Congratulations to the NEW GAHN Scholars

Dr. Celest M. Baldwin, PhD, M.S., APRN-CNS, SGAHN

Marci Resnicof, MSN, RN, AHN-BC, HWNC-BC, SGAHN

Kathryn Shelst, RN, BSN, MA, SGAHN

Amanda Ray Thaller, MSN, RN, ACNP, AHN-BC, RYT, SGAHN

Jaime J. Vinson, MSN, RN, HN-BC, SGAHN

Anne Boykin, PhD, MN, BSN, HSGAHN



Welcome to Caroline Ortiz and Dr. Deborah Carr as new AHNCC Board Members



Caroline E. Ortiz is an associate professor at Pacific College of Health and Science's Holistic Nursing Program, an adjunct senior lecturer at California Institute of Integral Studies' Integrative Health Studies Program, and a board-certified nurse coach.



Deborah Carr is A&S Distinguished Professor of Sociology at Boston University, and director of BU's Center for Innovation in Social Science.



"Incorporating Daily Practices of Aesthetics and Self-Reflection to Facilitate or Embrace our Shared Humanity."

Lorraine Hall and Jen Reich will be sharing their experiences with aesthetics and self-reflection as practices to connect us to our shared humanity. Together, we will explore avenues to incorporate these practices into our daily lives with self as well as with others.

- Bio - Jennifer Reich is a board-certified Nurse Coach, educator, and author/poet. She is West Coast faculty for AHNA's Integrative Healing Arts Program (IHAP). Jen is the author of eight books of poetry. She is also the author of *When Miss Bluebird Died*, a children's book about celebrating life. Jen's writing is inspired by people, animals, nature, and our shared human experience. She is a passionate explorer of the healing potential of the creative arts. She has incorporated these diverse experiences to design wellness programs and teach self-care strategies to healthcare professionals, caregivers, and students throughout the country.
- Bio - Lorraine Hall, MSN, RN-BC, AHN-BC received her BSN from Johns Hopkins and earned her MSN with a concentration in Holistic nursing from Tennessee State. Current roles: PTSD Clinical Team, Atlanta VA, committee participation American Holistic Nurses Credentialing Corporation, advisory board member for Chrysallis Empowerment and Transformation; and American Institute of Health Care Professionals Meditation Instructors and clinical nurse for the VA where she provides holistic health services for Veterans. She is an enthusiastic nurse advocate, a proponent of servant leadership and is involved with several nursing organizations. Her passions include championing wellbeing, mentoring and spirituality.



Jennifer Reich
PhD, MA, RN,
NC-BC



Lorraine Hall
MSN, RN-BC,
AHN-BC

Sept 23, 2025

6:00 p.m. EST

**"Incorporating
Daily Practices of
Aesthetics and Self-
Reflection to Facilitate
or Embrace our
Shared Humanity."**

To Register:
info@ahncc.org



Caroline E. Ortiz
PhD, MPH, RN, NC-BC

**Oct 7, 2025
7:00-8:45 p.m. EST
"Día de los Muertos (Day
of the Dead)"**

To Register:
info@ahncc.org

Día de los Muertos (Day of the Dead)

Día de los Muertos (Day of the Dead, Oct. 27-Nov. 2) is a millennia-old indigenous tradition from the Americas that has been gaining popularity in the U.S. It is often associated with face-painted skulls and a party-like atmosphere celebrating the departed souls of loved ones. However, few know about its much deeper significance rooted in a sophisticated indigenous cosmology and holistic perspective of life and death, which for many can be profoundly healing.

I invite you to more fully understand Día de los Muertos beyond the face paint and connect with its "magic" by learning to create your own ofrenda (offering) that will welcome your beloved home.

Caroline E. Ortiz is an associate professor within the Pacific College of Health and Science's Holistic Nursing Program, an adjunct senior lecturer at the California Institute of Integral Studies' Integrative Health Studies Program, and a board-certified nurse coach. She has developed holistic health programs for healthcare providers and general audiences, participated in integrative medicine research, and created a Spanish-language guided meditation library for Hay House. She is active with the National Association of Hispanic Nurses-NY Chapter and the Integrative Health Project's work internationally. Caroline is also an apprentice and researcher in Mesoamerican curanderismo (traditional medicine and healing system).

Attendees who stay for the entire hour dialogue will be able to receive a free continuing competency hour(s) that can be used towards their continuing competency renewal requirement.

To watch some of our previous Conversation Corners go to
<https://www.ahncc.org/conversation-corners-2/>.

2025 Virtual Conference

Conference Extension Update
Registration Now Open
until Thursday, July 31!!

Holistic Nursing *What the WORLD Needs Now*

\$120 12 Contact Hours
* Non-Member Fee \$150

Conference Extension Update

The timeline for participants to view and complete evaluations for contact hours has been **EXTENDED**, virtual conference will be open July 7- October 31. Registration will be open until Thursday, July 31.

[Register Now](#)

Your virtual conference access includes Videos of the June Reno Conference:

Keynote, Endnote, and Plenary sessions

Seven pre-selected workshops featuring some of the most impactful content from the conference

Register at: <https://www.ahna.org/Events-Annual-Conference-Online-Conference-Registration>

\$50

Special Pricing for
Conference Attendees

\$50 for AHNA Conference in Reno attendees. Use promo code

D25Attend and register at:

<https://www.ahna.org/Events-Annual-Conference-Online-Conference-Registration>

As a special thank-you for attending the 2025 AHNA Annual Conference in Reno, AHNA is offering exclusive access to the AHNA 2025 Virtual Conference for only \$50 – just for our in-person attendees! This is a wonderful opportunity to revisit powerful moments or catch sessions you may have missed – and you can earn continuing education (CE) credit for any workshops you did not already attend in person.

Shamini Jain



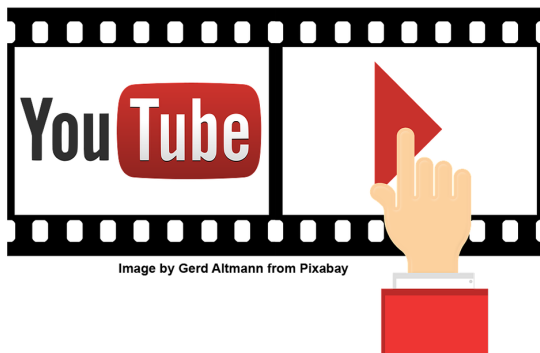
Jen Campbell



Helané Wahbeh



Subscribe to our Youtube Channel!



AHNCC has their own youtube channel where you can find many videos on Holistic Nursing and Nurse Coaching.

Our handle is: [@HolisticRNCertified](#)

AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

Once registered, all films in the series will be available.

REGISTER HERE

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Watch all six movies for \$50!
9 Contact Hours

Enjoy each film at your convenience.

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Looking for
More CNE
Opportunities?



Looking for more CNE and continuing competencies for certification and recertification?

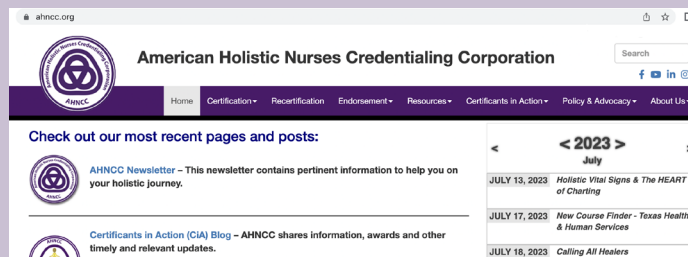
Here are some places to look:

[Event Calendar](#)

[Professional Development and Continuing Competencies](#)

[Embracing Diversity Events](#)

AHNCC's website and social media sites give you many options for CNE's, continuing competencies and different events for certification and recertification. Check out our website for upcoming CE and holistic opportunities. Go to [AHNCC.org](https://www.ahncc.org).



<https://www.ahncc.org>

CONNECT WITH AHNCC

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785-267-0943

info@ahncc.org



"To ensure good health:
eat lightly, breathe
deeply, live moderately,
cultivate cheerfulness,
and maintain an interest
in life." -William Londen

Image by Gerd Altmann from Pixabay