



American Holistic Nurses Credentialing Corporation

*Certification...the Path to Personal Growth
and Professional Recognition*

Welcome to the [American Holistic Nurses Credentialing Corporation \(AHNCC\)](https://www.ahncc.org) Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahncc.org

For questions related to the AHNCC Application or Testing process, contact C-NET at: info@cnetnurse.com | C-NET - 800-463-0786

Dear Colleagues,

I hope you, your families, and loved ones are safe, healthy, and well. Individually, and as a nation, we are experiencing many different challenges that affect the health and wellbeing of our country, our citizens, people around the world, and our environment. Know that you are not alone. May your coming days be filled with love, hope, and strength as we work together to create a better day and future for all. May you experience opportunities and unexpected gifts and blessings, each and every day, helping to renew and fill your souls with loving kindness and healing energy.



Thank you for the sacred work you do 🌟🙏🌟. You make a difference in all the lives you touch, one moment, one person at a time. Each moment and connection makes a difference.



Until we connect again, please be kind to yourself and others.

Together we can do what needs to be done.

With Loving kindness, Margaret

To support our mission and the services we offer, AHNCC advocates for processes, legislation, and healthcare transformation that is in alignment with a paradigm shift towards one of health promotion, wellness, and well-being.

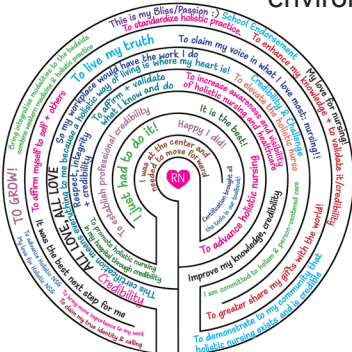
What's Inside
Cybersecurity
Fellowships | AHNA Conference
Conversation Corner GAHN



Envisioning Holistic Consciousness: What the World Needs Now

The AHNA Annual Conference is a gathering of several hundred holistic nursing professionals from across the country, with growing international attendance from Canada, Japan, China, and Jamaica. This annual event is one of the largest and most valuable conferences dedicated to bringing together nurses who share a passion for holistic healing.

The AHNA Annual Conference offers 4 days of top-notch continuing professional development, leading keynote speakers, networking with fellow holistic nurses, an exhibit hall filled with vendors offering the latest products and services to complement your daily practice, and time to nurture yourself and your connection to holism in an environment primed with energy and the support of fellow healers.



AHNCC is excited to be sponsoring the labyrinth this year. As you know, a labyrinth is used in many cultures as a movement meditation. By focusing on traveling the labyrinth, it offers you the focused attention needed to nurture your body, mind and spirit.

Please join us at the conference and come walk the labyrinth with AHNCC.

TEST ITEM WRITERS NEEDED!

Are you attending the AHNA Conference in Reno, NV in June?

Tuesday June 10, 2025 - Item Writing Session



- * Share your skills as a certified Holistic Nurse or Nurse Coach
- * Receive 8 Continuing Competency Hours to be used toward recertification
- * Reimbursements made for hotel and food ([click here for reimbursement details](#))
- * Experts guide you through the process
- * Each exam group is limited to 6 participants
- * Complete a short survey [click here](#)
- * Download the Letter of Agreement [click here](#)

This opportunity is available until the slots are filled and adequate representation is met for each group.



Transpersonal Nursing

Transpersonal Development: Cultivating the Human Resources of Peace, Wisdom, Purpose and Oneness (2015) was co-authored by Bonney Schaub and her husband Richard. They were funded through a federal

grant from the Veterans Administration (VA) to develop a training manual for the VA Mental Health staff. The nurse supervisor of the staff working with the Veterans in the PTSD unit, had studied transpersonal development and Clinical Meditation and Imagery with Bonney and Richard in the Huntington Meditation and Imagery program. Their training guided and facilitated many clinical and personal uses of meditation and imagery supporting its value for the self-care of professionals. They have been practicing and sharing their knowledge and skills for over 45 years in their Manhattan office during challenging times such as the beginning of the AIDs crisis and during the post 9/11 trauma. **In this dialogue, participants will learn and experience the importance of awakening the peace and purpose in the higher unconscious of each person.**

Bio: Bonney Gulino Schaub, MS, RN, PMHCNS, NC-BC®

Bonney is the co-director of the [Huntington Meditation and Imagery Center](#) and the founder of Transpersonal Nurse Coaching. She has authored 5 books, all of which explore the potentials of mind-body-spirit approaches to self-care and health care. She is a psychiatric mental health clinical specialist and has had a private practice for many years. She did her graduate research on the history and importance of mental imagery. Bonney had trained in Psychosynthesis, a pioneering transpersonal mental health model created by Roberto Assagioli, MD in Florence, Italy in 1919. This model included the study of imagery, meditation and energy consciousness as vital aspects of healing, health and well-being. Bonney included the study and experience of imagery in an undergraduate nursing program. She then created a course in Clinical Meditation and Imagery which was included in a pioneering master's program in Holistic Nursing at The College of New Rochelle in New York. She worked with holistic nurse colleagues in the creation of and recognition of nurse coaching and participated as a Nurse Coach expert in the creation of the first nurse coach credentialing program.

[Conversation Corners \(CC\)](#), is an initiative that the AHNCC Equality, Equity, Diversity, Inclusion, and Social Justice (EEDISJ) Committee implements. The intent of the CCs is to increase our worldviews and understanding of other peoples' lived experiences, perceptions, values, cultures, attitudes, etc. Through these dialogues we hope that we can all learn and grow and better care for those whom we serve.

AHNCC certificants can receive continuing competency hours for attendance.

Please reach out to Jim Welch at jameswelch@seeliecourt.net if you are interested in speaking at a Conversation Corner.



Bonney Gulino Schaub
MS, RN, PMHCNS, NC-BC®

Feb 18, 2025

**6pm Eastern
5pm Central
4pm Mountain
3pm Pacific**

“Transpersonal Nursing”

Moderator: Margaret Erickson

Speaker:
Bonney Schaub

To register contact:
info@ahncc.org

If registered for previous events, no need to register again.

Registrants will receive a Zoom link the morning of the presentation.

To watch some of our previous Conversation Corners go to <https://www.ahncc.org/conversation-corners-2/>.

Embracing “Equality, Equity, Diversity and Social Justice” for All.



Conversation Corners (CCs) is an initiative that the AHNCC Equality, Equity, Diversity, Inclusion, and Social Justice (EEDISJ) Committee implements. The intent of the CCs is to increase our worldviews and understanding of other peoples' lived experiences, perceptions, values, cultures, attitudes, etc. Through these dialogues we hope that we can all learn and grow and better care for those whom we serve. Participants who attend the entire presentation can receive continuing competency hours that can be used to meet their certification continuing competency hours requirement.



Conversation Corner - COMING THIS APRIL!

A Cross-cultural Exploration of Rituals in Celebration of Spring

April 22, 2025

This Conversation Corner features a panel of holistic nurses who will each present and discuss a variety of cultural traditions that celebrate Springtime, as ushered in by the Vernal Equinox. Attendees will gain a better understanding of common threads inherent in belief systems and practices of Spring holy days/ holidays from around the globe. We will also explore stories of personal applications of ancient rituals brought into contemporary use. Join Jim Welch, Caroline Ortiz and Mary Beth White in conversation about Spring Traditions and Celebrations! **Click here for more information!**

For the recordings of all Conversation Corners click [here](#). Click on the links below.



Day of the Dead
with Caroline Ortiz



Cultural and Holistic Considerations for Hispanic/ Latine Population Living with a Cancer Diagnosis with Quilvio Rodriguez and Grissel Hernandez



Two World Harmony the Butterfly Model with Kathy Wan Povi Sanchez



The Experience of Being Other with David Rabinowitz



When Healthcare isn't Caring Stigma & Health Disparities among Transgender and Gender-Diverse People with Anthony Velasco



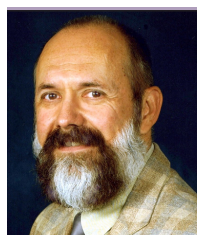
Staying on the Path with Anthony Orr



Living in Rural New Mexico: My Holistic Health Praxis within the Two Worlds of Western and Tradition with Ana Sisneros Guitterez



Something's Not Right: Decolonizing the Hidden Tactics of Racism with Mary Turner



Correctional Nursing Is it Public Health Nursing in an Institution with James Welch



Relations Among Reflexivity and Another's Worldview: A MRM Perspective with Helen Erickson



Engaging Heart, Mind, and Hands: A Latina Holistic Nurse Leadership Journey Guided by Watson Unitary Caring Science with Grissel Hernandez



Minimizing the stigma associated with seeking mental health services in marginalized communities with Quilvio Rodriguez

Nightingale Initiative for Global Health (NIGH)



GAHN is honored to be invited to co-sponsor NIGH's Nurses' Voices Speaker Series, 2024-2025. Co-Directed by Dr. Deva-Marie Beck and Barabara Dossey, (Honorary Scholars of GAHN), NIGH was founded in 2006. Granted 'Special Consultative Status' with the United Nations Economic & Social Council (ECOSOC) in 2018. NIGH planned and offered a series of sessions highlighting internationally recognized leaders in healthcare and supportive organizations. Seven have been completed; recordings are available for your enrichment at <https://www.nighvision.net>.



Global Academy of Holistic Nursing Upcoming GAHN Third Monday Dialogue

GAHN's 2025 Third Monday Dialogue (TMD) will start January 20th, 7:00 PM. Attendees will continue to explore the implications of integral relations of the philosophy, art and science of holistic nursing as the framework for holistic scholarship. The specifics of the dialogues will be announced early January. The TMD are open to all who are interested in Holistic Nursing Scholarship. GAHN is also preparing a follow-up publication to the work, Foundations, Competencies, and Curricular Guidelines for Basic to Doctoral Holistic Nursing Education, First Edition, (2017), (<https://www.ahncc.org/resources/curriculum-guidelines/>) with a release date in early 2025. GAHN applications for new members will open January 2025. For more information, contact info@gahnscholars.org.

For previous recordings of Third Monday Dialogues [click here](#).

Topic: GAHN Monthly Dialogues 2025
Time: 7:00-8:00 PM Eastern Time (US and Canada)
Third Mon, Jan-May; October-November.
Join Zoom Monthly Meeting
[https://us02web.zoom.us/j/82507402975?](https://us02web.zoom.us/j/82507402975?pwd=MGEeUHNuMS9kVkJHN1Zyd2pBaHplUT09)
[pwd=MGEeUHNuMS9kVkJHN1Zyd2pBaHplUT09](https://us02web.zoom.us/j/82507402975?pwd=MGEeUHNuMS9kVkJHN1Zyd2pBaHplUT09)

Meeting ID: 825 0740 2975
Passcode: 2024
One tap mobile
+17193594580,82507402975#,
.*2024# US
+12532050468,82507402975#.
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Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing Scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.



Become a GAHN Scholar Today!

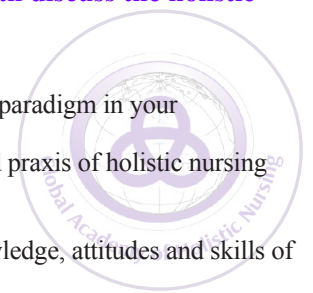


Interested? Check our Handbook, Section III, video library, or contact us at info@gahnscholars.org!

Interested in joining a community where you can discuss the holistic nurse scholarship?

Are you:

- Conversant with and expert at integrating the holistic paradigm in your professional lives
- Committed to integrating the pedagogy, ontology, and praxis of holistic nursing within healthcare
- Committed to mentoring holistic nurse scholars
- A leader who advances quality care based in the knowledge, attitudes and skills of holistic health and wellness.



[Apply to become a Holistic Nursing GAHN Scholar Click Here!](#)

Next Endorsed School Networking Calls

Welcome Shannon Gauvin Endorsed School Committee Chair

The next Endorsed School Networking call in 2025.

These gatherings allow time for faculty from schools with AHNCC endorsed programs or those wishing to seek AHNCC endorsement (contact connections@ahncc.org) to network with other schools.

Share your accomplishments and challenges, and much more.

You are invited to bring questions, concerns, or networking ideas to the faculty gathering.

March 14th, 2025
2-3pm EST
May 23, 2025
9-10am EST

You do not need to register in advance. The school contact person will receive a reminder email the day before the call with the link attached.

Mark your calendars to join us for the next Endorsed Schools Network Gathering.



Zoom Link: <https://maine.zoom.us/j/85802490338>

AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

Once registered, all films in the series will be available.

LEARN MORE ABOUT VULNERABLE POPULATIONS

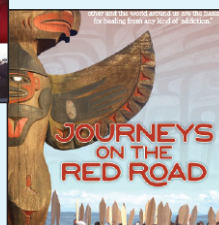
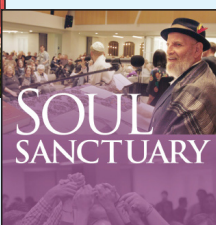
CE OPPORTUNITIES

REGISTER HERE

Enjoy each film at your convenience.

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Watch all six movies for \$50!
9 Contact Hours



This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

How to Tell if an Email is Legitimate

When cybersecurity is inadequate, it can lead to stolen identity and financial loss. Most scams and scammers have two main goals--to steal your money and your identity. You should know what to look for, how they work, and what to do, so you can protect yourself and your finances.

You can tell if an email is spam if it looks suspicious, has a suspicious sender, or contains suspicious attachments.

Suspicious sender

- The sender's email address is unfamiliar, misspelled, or strange
- The sender's name doesn't match the email address
- The email is from a company or organization you don't recognize

Suspicious content

- The email has poor grammar, spelling, or formatting
- The email has generic content
- The email has a generic greeting instead of your name
- The email has a subject line that creates a sense of urgency, promises unrealistic offers, or uses excessive capitalization
- The email is not TO you.

Suspicious attachments

- The email contains an unsolicited attachment
- The email contains an attachment with a common malicious file extension like .HTM, .HTML, .EXE, or .PDF

Suspicious links

- The email contains a link that appears to go to a safe website but actually goes to a malicious site
- The email contains a link with a URL that doesn't match the description of the link

Maintaining your cybersecurity will help prevent you from being a victim of identity theft and potential financial loss. Staying current on the latest types of scams can help you to identify the risks and learn how avoid them, so you can protect yourself and your finances.



Click for more on Cybersecurity Risks:

- Money Mules
- Impostors
- Mortgage and Foreclosure Scams
- Ransomware



Additional Resources

[FDIC Podcast: Banking on Innovation: Building a More Resilient Banking System](#)

[FDIC Consumer News: Beware It's a Scam](#)

[FDIC Video: #FDICExplains Phishing](#)

[CISA: Ransomware 101](#)

[FDIC Press Release: Online Dating Scams](#)

For more consumer resources, visit [FDIC.gov](https://www.fdic.gov), or go to the [FDIC Knowledge Center](#). You can also call the FDIC toll-free at 1-877-ASK-FDIC (1-877-275-3342).

<https://www.fdic.gov/consumer-resource-center/2021-10/avoiding-scams-and-scammers>



[Need something to make you feel good? Check out our Feeding the Soul page for music and laughter, click here.](#)



Board Member Receives Daisy Award

AHNCC would like to give a shout out to Rose Hosler, BSN, RN, HNB-BC, HWNC-BC for receiving the Daisy Award. Her colleagues say, "Rose is truly a blessing to all the patients, families, and caregivers she encounters. Rose is always going above and beyond to support what is needed." Rose is AHNCC's Board Treasurer and we appreciate all of her hard work, Congratulations Rose!



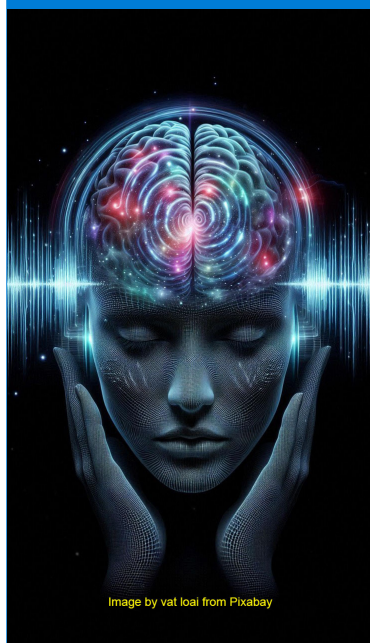
Whole Being Coaching Course

Award-winning nurse coach pioneer, Linda Bark, PhD, RN, MCC, NC-BC®, NBC-HWC has released a new online course that offers 30 CNE contact hours for nurse coach recertification. The self-paced Whole Being Coaching Course helps both new and experienced coaches learn transformative holistic tools to level up their coaching. Click on the image to the right to view a quick video about the Wisdom of the Whole Coaching Academy's new program:



Clinical Meditation & Imagery Certificate Program – 50 contact hrs.

Join our live, interactive Zoom classes.



In this study you can work toward becoming Board Certified in Nurse Coaching (NC-BC®) and specialized training in Holistic Nursing Clinical Meditation & Imagery (CMI). This study will give you a gentle powerful set of safe, effective, time-tested skills to help you, your clients, patients, and colleagues to reduce suffering and increase peace and purpose in their daily lives. This course is taught from a transpersonal perspective, which means "beyond the personality." It emphasizes experiencing the part of our nature that is beyond our instinctual fears and our social conditioning.

Spring, 2025 Classes Begin:
March 22, 23, April 5, 6, May 3, 4, 2025

For information, registration and tuition fees go to
<https://huntingtonmeditation.com/clinical-meditation-imagery/>



SUBSCRIBE TO OUR YOUTUBE CHANNEL

We need all of our Holistic Nurses and Nurse Coaches to subscribe to our channel. There are many benefits to having an active channel with a large number of subscribers. Please click on the link to the right; watch a video; and click on the **subscribe button** at the end of a video. We hope you are enjoying some of our Doodly videos. It's a fun cartoon with a message.

Use our handle - youtube.com/@holisticRNCertified

We welcome you to create your own video, one minute or so, about: Why you are HN or NC certified. Why it makes a difference to you and your practice. Send videos to connections@ahncc.org.



Looking for More CE Opportunities?



Looking for more CE and continuing competencies for certification and recertification?

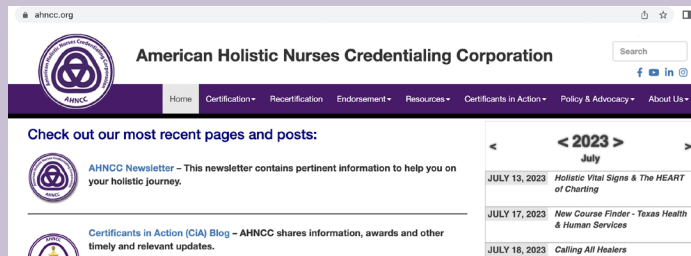
Here are some places to look:

[Event Calendar](#)

[Professional Development and Continuing Competencies](#)

[Embracing Diversity Events](#)

AHNCC's website and social media sites give you many options for CE's, continuing competencies and different events for certification and recertification. Check out our website for upcoming CE and holistic opportunities. Go to [AHNCC.org](https://www.ahncc.org).



*"Spring unlocks
the flowers to paint
the laughing soil."*

— Bishop Reginald Heber

<https://www.ahncc.org>

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