



American Holistic Nurses Credentialing Corporation

*Certification...the Path to Personal Growth
and Professional Recognition*

Welcome to the [American Holistic Nurses Credentialing Corporation \(AHNCC\)](https://www.ahncc.org) Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahncc.org

For questions related to the AHNCC Application or Testing process, contact C-NET at: info@cnetnurse.com | C-NET - 800-463-0786



Greetings Dear Colleagues,

It is hard to believe that the end of year is almost here. I hope that this holiday season finds you healthy, happy, and embracing the rest of 2024. May the coming days be filled with health, joy, and peace for you and your family. May 2025 be a year that brings a sense of wonder, amazement and a new awareness of all that we have to be thankful for. Here at AHNCC we continue to have full hearts as we celebrate gratitude and abundance, thankful that we have the privilege to work with all of you who are making it a better world to live in.

Thank you 🙏❤️ Happy Holidays from our place to yours.

Peace and Blessings to you and yours,

Margaret Erickson PhD, RN, CNS, APRN, APHN-BC®, SGAHN, she/her/hers
CEO, AHNCC

ahncc@flash.net, www.ahncc.org

"You don't have to see the whole staircase, just take the first step."-Martin Luther King, Jr.

"Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love." Laozi



May the spirit of the holidays fill your hearts with even more love and joy.

AHNCC Board

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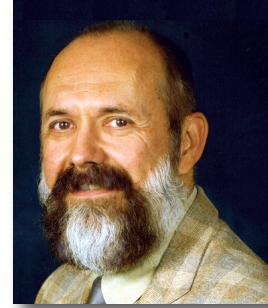
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Thank you AHNCC Board members for your dedication and volunteerism toward helping AHNCC grow.



**Looking for
More CE
Opportunities?**



**Looking for more CE and
continuing competencies for
certification and recertification?**

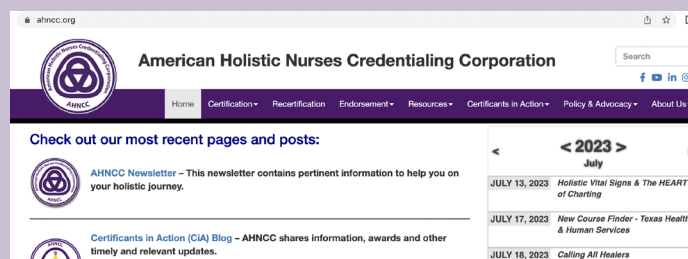
Here are some places to look:

[Event Calendar](#)

[Professional Development and Continuing Competencies](#)

[Embracing Diversity Events](#)

AHNCC's website and social media sites give you many options for CE's, continuing competencies and different events for certification and recertification. Check out our website for upcoming CE and holistic opportunities. Go to [AHNCC.org](https://www.ahncc.org).



Certificant Responsibilities

1. **Keep your contact information current** with AHNCC; Log into your record at www.ahncc.org (Login at the top of the page), or Send changes to info@ahncc.org;
2. **Notify AHNCC** of Last Name changes (send copy of official documentation to info@ahncc.org);
3. Continue to be **in good standing** in nursing with an active, unrestricted RN license;
4. **Be actively involved** in Holistic Nursing or Nurse Coaching;
5. **Completion of 100 continuing competency hours** of continuing education or professional development activities that build your holistic nursing, or nurse coaching, knowledge, skills, attitudes, and expertise;
6. **Apply for Recertification** in a timely manner;
7. If you UNSUBSCRIBE to any email sent by AHNCC, you will no longer receive Newsletters, notifications of upcoming events, important announcements, or continuing competency opportunities. (You will still receive reminder notices for upcoming Recertification.) If you did unsubscribe in the past and wish to continue receiving newsletters, etc., please contact info@ahncc.org. If you are retired, or no longer plan to renew for any other reason, please let us know.

Renewal of the Holistic Nurse and Nurse Coach Certifications are due every 5 years. At this time certain requirements must be met for an individual to demonstrate continuing competency in their specialty area, in this case Holistic Nurse or Nurse Coaching. Continuing competency is demonstrated by meeting the standardized requirements which include: maintenance of an unrestricted RN license; active practice in your specialty area; and 100 CNEs or equivalent credits through other professional development activities such as presentations or publishing.

NOTE: “We have ended Late and Inactive fees. You will now go to Inactive status for three years before expiration.

[See details](#)



**No more
late fees!**

45th AHNA's Annual Conference

Click Here

June 10-14, 2025

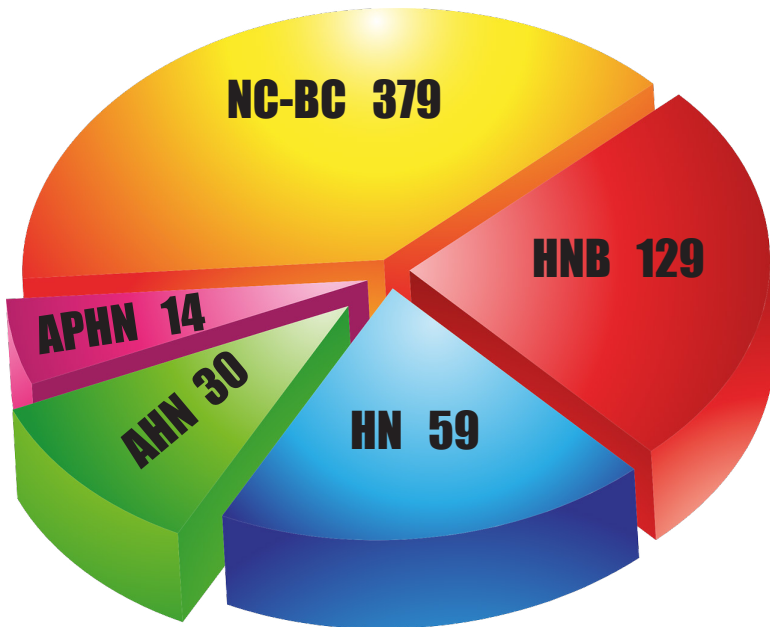
Reno, NV - Peppermill Resort

Conference Reg. Opens - **January 15, 2025**
Early Bird Deadline - **February 15, 2025**
Regular Deadline - **April 15, 2025**
Late Deadline - **May 15, 2025**

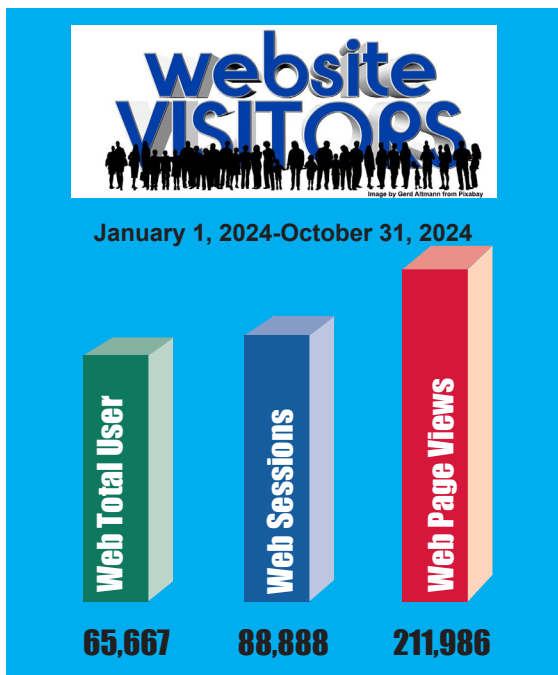
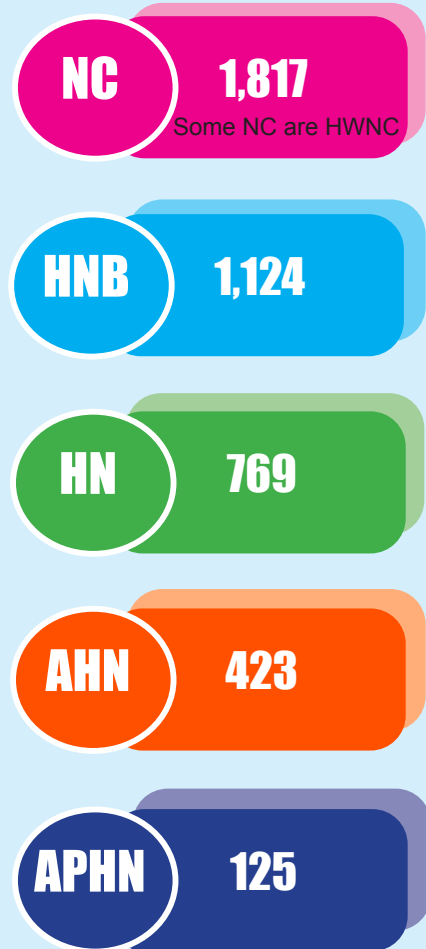
AHNCC By the Numbers

(prior to publication)

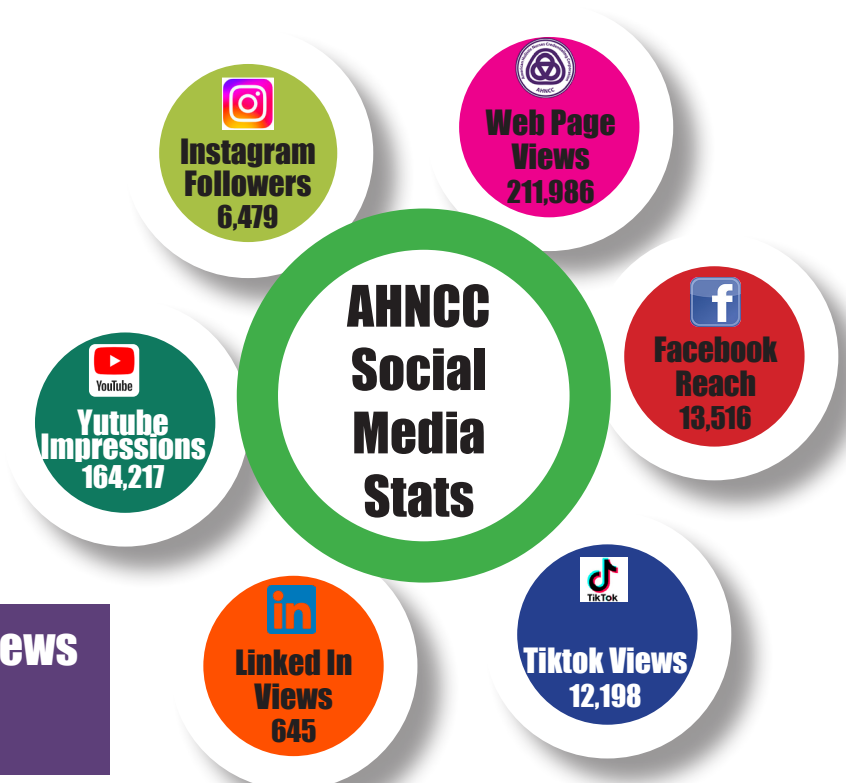
Newly Certified Jan-Sep 2024



Active Certificants



Attendees/Views
438





Conversation
Corners

Transpersonal Nursing

Transpersonal Development: Cultivating the Human Resources of Peace, Wisdom, Purpose and Oneness (2015) co-authored by Bonney Schaub and her husband Richard, were funded through a federal

grant from the Veterans Administration (VA) to develop a training manual for the VA Mental Health staff. The nurse supervisor of the staff working with the Veterans in the PTSD unit, had studied transpersonal development and Clinical Meditation and Imagery with Bonney and Richard in the Huntington Meditation and Imagery program. Their training guided and facilitated many clinical and personal uses of meditation and imagery supporting its value for the self-care of professionals. They have been practicing and sharing their knowledge and skills for over 45 years in their Manhattan office during challenging times such as the beginning of the AIDs crisis and during the post 9/11 trauma. **In this training, participants will learn and experience the importance of awakening the peace and purpose in the higher unconscious of each person.**

Bio: Bonney Gulino Schaub, MS, RN, PMHCNS, NC-BC®

Bonney is the co-director of the [Huntington Meditation and Imagery Center](#) and the founder of Transpersonal Nurse Coaching. She has authored 5 books, all of which explore the potentials of mind-body-spirit approaches to self-care and health care. She is a psychiatric mental health clinical specialist and has had a private practice for many years. She did her graduate research on the history and importance of mental imagery. Bonney had trained in Psychosynthesis, a pioneering transpersonal mental health model created by Roberto Assagioli, MD in Florence, Italy in 1919. This model included the study of imagery, meditation and energy consciousness as vital aspects of healing, health and well-being. Bonney included the study and experience of imagery in an undergraduate nursing program. She then created a course in Clinical Meditation and Imagery which was included in a pioneering master's program in Holistic Nursing at The College of New Rochelle in New York. She worked with holistic nurse colleagues in the creation of and recognition of nurse coaching and participated as a Nurse Coach expert in the creation of the first nurse coach credentialing program.

[Conversation Corners \(CC\)](#), is an initiative that the AHNCC Equality, Equity, Diversity, Inclusion, and Social Justice (EEDISJ) Committee implements. The intent of the CCs is to increase our worldviews and understanding of other peoples' lived experiences, perceptions, values, cultures, attitudes, etc. Through these dialogues we hope that we can all learn and grow and better care for those whom we serve.

AHNCC certificants can receive continuing competency hours for attendance.

Please reach out to Jim Welch at jameswelch@seeliecourt.net if you are interested in speaking at our Conversation Corner



Bonney Gulino Schaub MS, RN, PMHCNS, NC-BC®

Feb 18, 2025

**6pm Eastern
5pm Central
4pm Mountain
3pm Pacific**

“Transpersonal Nursing”

Moderator: Margaret Erickson

Speaker: Bonney Schaub

To register contact: info@ahncc.org

If registered for previous events, no need to register again.

Registrants will receive a Zoom link the morning of the presentation.

To watch some of our previous Conversation Corners go to <https://www.ahncc.org/conversation-corners-2/>.

Embracing “Equality, Equity, Diversity and Social Justice” for All.

Nightingale Initiative for Global Health (NIGH)

GAHN is honored to be invited to co-sponsor NIGH's Nurses' Voices Speaker Series, 2024-2025. Co-Directed by Dr. Deva-Marie Beck and Barabara Dossey, (Honorary Scholars of GAHN), NIGH was founded in 2006. Granted 'Special Consultative Status' with the United Nations Economic & Social Council (ECOSOC) in 2018. NIGH planned and offered a series of sessions highlighting internationally recognized leaders in healthcare and supportive organizations. Seven have been completed; recordings are available for your enrichment at <https://www.nighvision.net>.

Nurses' Voices Speaker Series



Please give us your feedback about the newsletter. Is there something you would like to see? Is it too large? Too little? Is it often enough? What would you like to see? What would you like us to eliminate? We would love to hear from you. Contact connections@ahncc.org.

Global Academy of Holistic Nursing Upcoming GAHN Third Monday Dialogue

GAHN's 2025 Third Monday Dialogue (TMD) will start January 20th, 7:00 PM. Attendees will continue to explore the implications of integral relations of the philosophy, art and science of holistic nursing as the framework for holistic scholarship. The specifics of the dialogues will be announced early January. The TMD are open to all who are interested in Holistic Nursing Scholarship. GAHN is also preparing a follow-up publication to the work, Foundations, Competencies, and Curricular Guidelines for Basic to Doctoral Holistic Nursing Education, First Edition, (2017), (<https://www.ahncc.org/resources/curriculum-guidelines/>) with a release date in early 2025. GAHN applications for new members will open January 2025. For more information, contact info@gahnscholars.org.

For previous recordings of Third Monday Dialogues [click here](#).

Topic: GAHN Monthly Dialogues 2025

Time: 7:00-8:00 PM Eastern Time (US and Canada)

Third Mon, Jan-May; October-November.

Join Zoom Monthly Meeting

[https://us02web.zoom.us/j/82507402975?](https://us02web.zoom.us/j/82507402975?pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHplUT09)

[pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHplUT09](https://us02web.zoom.us/j/82507402975?pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHplUT09)

Meeting ID: 825 0740 2975

Passcode: 2024

One tap mobile

+17193594580,82507402975#,

*2024# US

+12532050468,82507402975#.

*2024#



Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing Scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.

Next Endorsed School Networking Call

Welcome Shannon Gauvin Endorsed School Committee Chair

The next two Endorsed School Networking calls in 2025.

These gatherings allow time for faculty from schools with AHNCC endorsed programs or those wishing to seek AHNCC endorsement (contact connections@ahncc.org) to network with other schools.

Share your accomplishments and challenges, and much more.

You are invited to bring questions, concerns, or networking ideas to the faculty gathering.

Jan. 17th 2025
1-2 pm EST and
March 14th, 2025
2-3pm EST.

You do not need to register in advance. The school contact person will receive a reminder email the day before the call with the link attached.

Mark your calendars to join us for the next Endorsed Schools Network Gathering.



A Zoom invite to the gathering will be sent to the contact persons for all schools with AHNCC Endorsed Programs, the day before we meet.

AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

Once registered, all films in the series will be available.

LEARN MORE ABOUT VULNERABLE POPULATIONS

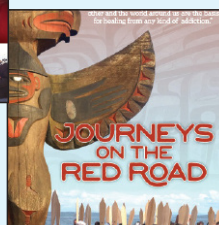
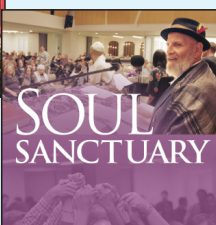
CE OPPORTUNITIES

REGISTER HERE

Enjoy each film at your convenience.

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Watch all six movies for \$50!
9 Contact Hours



This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



HOLISTIC WORD SEARCH

Holistic
nurse
selfcare
wellness
ahncc
certification
Florence
coach
healing
theories
expertise
diverse
grateful
learn
caring
spiritual

D	M	A	H	N	C	C	R	P	X	N	V	B	Q	N	D
I	M	J	O	S	W	O	P	L	A	K	B	P	R	Z	G
L	N	H	L	Y	C	A	R	I	N	G	S	A	M	V	E
Q	W	E	I	R	G	C	P	O	H	U	E	N	S	B	W
N	U	R	S	E	W	H	E	E	E	L	L	R	P	Y	E
V	C	K	T	L	F	S	D	A	A	O	F	S	I	U	L
N	J	Q	I	X	R	N	M	I	L	P	C	Z	R	R	L
D	U	P	C	E	R	T	I	F	I	C	A	T	I	O	N
T	R	B	V	S	K	H	H	F	N	G	R	E	T	N	E
P	A	I	E	I	Y	E	G	H	G	E	E	V	U	N	S
J	D	L	I	F	L	O	R	E	N	C	E	K	A	P	S
Q	A	O	L	K	C	R	V	S	E	U	P	N	L	X	N
D	S	P	Y	R	E	I	N	G	R	A	T	E	F	U	L
E	Y	I	E	X	P	E	R	T	I	S	E	P	N	J	D
C	U	T	N	V	C	S	P	V	A	L	U	E	J	K	D

Holiday Word Scramble

Lelbs
isentopiota
cleand
gigabrndeer
tewhar
scralo
edinerer
gostinck
esokoci
nggego
gliseh
leves
tenessrp

dranlag
sottlemie
fitg
yalohid
legan
leno
stranemon
credembe
womanns
dancy enca
sliten
eylu



[Click here for the answers to the puzzles.](#)

AHNCC has their own Youtube channel.

We need all of our Holistic Nurses and Nurse Coaches to subscribe to our channel. There are many benefits to having an active channel with a large number of subscribers. Please click on the link to the left; watch a video; and click on the **subscribe button** at the end of a video. We hope you are enjoying some of our Doodly videos. It's a fun cartoon with a message.

Use our handle - youtube.com/@holisticRNCertified

We welcome you to create your own video, one minute or so, about: Why you are HN or NC certified. Why it makes a difference to you and your practice. Send videos to connections@ahncc.org.

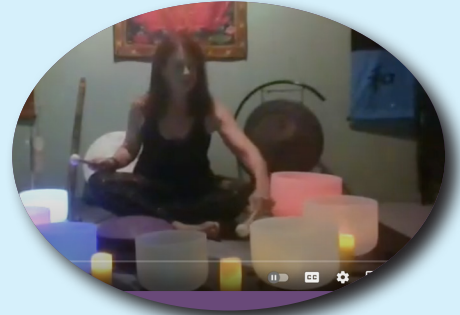


An Inspirational offering from AHNCC!



[Drumming Session Click Here](#)

AHNCC offered several inspirational musical sessions with Singing Bowls and Drumming in 2023. We have now made them available for your viewing. Please click on the links below to enjoy both of these musical programs.



[Singing Bowl Session Click Here](#)



<https://www.ahncc.org>

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