



Endorsed School Newsletter

Volume 7 Issue 3 - November 2024

H = Health
O = Opportunity
L = Leaders
I = Integrate
S = Scholarly
T = Together
I = Impact
C = Community

From CEO Margaret Erickson



Dear Colleagues,

It is finally cooling off and Fall has arrived. The colors are beautiful, Mother Earth is preparing for the winter months ahead and people are spending more time inside as they get ready for colder weather and the approaching holidays. As this year ends, know that we are thankful for all you do to help our future nurses learn how to practice holistically, with presence and loving kindness. As you facilitate learning, reflection, and self-development, know that you make a difference because of the amazing work you do. Thank you!

You are creating and nurturing our future nurses who will change the world of healthcare. Wishing you a fall and coming winter of abundance, health, and happiness.

Be kind to yourselves and others,

Margaret Erickson PhD, RN, CNS, APRN, APHN-BC®, SGAHN, she/her/hers
CEO, AHNCC

ahncc@flash.net, www.ahncc.org



Please NOTE: The term “**AHNCC Endorsed School**” means that the school has one or more AHNCC Endorsed Programs. ***It doesn’t mean that all of the school’s programs are endorsed.***

Only graduates and faculty **of the endorsed programs** receive the benefits for AHNCC certification. Please be careful how you promote the endorsement on your website if you have nursing programs that are not AHNCC endorsed. The endorsed programs are listed on the certificate that was sent to you, or you can look at <https://www.ahncc.org/school-endorsement-program/current-endorsed-nursing-programs/>.

Xavier ABSN Cleveland Faculty Use Holistic Practices for Decreasing Test Anxiety in Nursing Students



Test anxiety is a common challenge faced by nursing students, often leading to increased stress levels that can hinder performance. As exams draw near, many students find themselves overwhelmed, struggling to balance their rigorous study schedules with the pressure of achieving the required benchmarks. Recognizing this, faculty at Xavier University Accelerated BSN program, Cleveland campus, a holistic designated program, which include Angela Hammond, MSN Ed., RN, CDE®, Ruth Casada, MSN-Ed, RN, and Dr. Deanna Jenkins, DNP, MSN, RN, CDP, felt the urgency to intervene. Fortunately, holistic practices can offer effective solutions for managing this anxiety. By incorporating natural methods such as essential oils, herbal teas, and simple rituals, i.e., use of peppermint candy and positive affirmations, students can possess a more serene atmosphere conducive to relaxed test-taking.



One holistic approach is the use of essential oils. Aromatherapy has been shown to have calming effects, making essential oils a favored choice among students looking to alleviate anxiety (Cleveland Clinic, 2024). Lavender and chamomile oils are particularly beneficial for their soothing properties (Cleveland Clinic, 2024). Students can diffuse oils in study spaces or apply them

topically (diluted with a carrier oil) just before exams. The gentle scent of lavender can help quiet the mind, offering a moment of peace amid the chaos of exam preparation (Cleveland Clinic, 2024).

Herbal teas also play a significant role in promoting relaxation (Ellis et al., 2023). Chamomile tea, in particular, is known for its calming effects and is an excellent choice for students experiencing

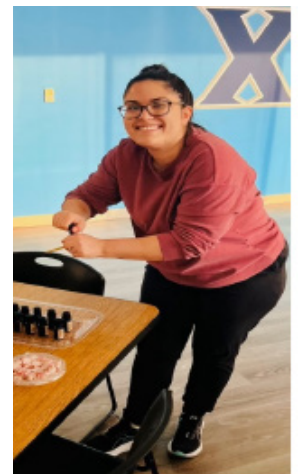


stress (Ellis et al., 2023). Drinking a warm cup of chamomile before an exam can help settle nerves and enhance focus.

Additionally, peppermint candies can serve as a delightful treat that offers both a mental and physical boost (Strong & Finio, 2024). The refreshing taste of peppermint helps to wake up the senses and is also associated with improved concentration and clarity (Strong & Finio, 2024). Having peppermint candies on hand right before an exam can give students a quick pick-me-up while soothing anxious feelings.

Xavier ABSN Cleveland faculty not only provided essential oils, herbal teas, and peppermint candies, but also made it a consistent ritual to be present for positive affirmations prior to each exam.

Managing test anxiety through holistic practices is an effective strategy for nursing students. By embracing and providing essential oils, herbal teas, and simple comforts like peppermint candies, faculty can cultivate a supportive environment that diminishes stress and enhances the ability of their students to succeed. Embracing these holistic practices may not only improve student performance but also contribute to a more balanced and fulfilling academic journey.



References

Cleveland Clinic.org. (2024, May 13). Can Aromatherapy with Essentials Oils Provide Stress Relief? Retrieved from <https://health.clevelandclinic.org/stressed-out-aromatherapy-can-help-you-to-feel-calmer>

Ellis, J., Bond, T., & Derbyshire, E. (2023). Tea and herbal infusions, psychological stress, anxiety & sleep health: A systematic review of human trials & mechanistic studies. *Nutr Food Technol Open*, 9(1): dx.doi.org/10.16966/2470-6086.182

Strong, K., & Finio, B. (2024, April 25). Can Peppermint Improve Reaction Times? Retrieved from https://www.sciencebuddies.org/science-fair-projects/project-ideas/HumBio_p027/human-biology-health/can-peppermint-improve-reaction-times

Next Endorsed School Networking Call

Welcome Shannon Gauvin Endorsed School Committee Chair

Jan. 17th 2025
1-2 pm EST

March 14th, 2025
2-3pm EST.

***Share your
accomplishments
and challenges,
and much more.***



You do not need to register in advance. The school contact person will receive a reminder email the day before the call with the link attached.

You are invited to bring questions, concerns, or networking ideas to the faculty gathering.

These gatherings allow time for faculty from schools with AHNCC endorsed programs or those wishing to seek AHNCC endorsement (contact connections@ahncc.org) to network with other schools.

Mark your calendars to join us for the next Endorsed Schools Network Gathering.

A Zoom invite to the gathering will be sent to the contact persons for all schools with AHNCC Endorsed Programs, the day before we meet.



May the spirit of the holidays fill your hearts with even more love and joy.



Conversation
Corners

Transpersonal Nursing

Transpersonal Development: Cultivating the Human Resources of Peace, Wisdom, Purpose and Oneness (2015) co-authored by Bonney Schaub and her husband Richard, were funded through a federal grant from the Veterans Administration (VA) to develop a training manual for the VA Mental Health staff. The nurse supervisor of the staff working with the Veterans in the PTSD unit, had studied transpersonal development and Clinical Meditation and Imagery with Bonney and Richard in the Huntington Meditation and Imagery program. Their training guided and facilitated many clinical and personal uses of meditation and imagery supporting its value for the self-care of professionals. They have been practicing and sharing their knowledge and skills for over 45 years in their Manhattan office during challenging times such as the beginning of the AIDs crisis and during the post 9/11 trauma. In this training, participants will learn and experience the importance of awakening the peace and purpose in the higher unconscious of each person.

Bio: Bonney Gulino Schaub MS, RN, PMHCNS, NC-BC

Bonney is the co-director of the Huntington Meditation and Imagery Center and the founder of Transpersonal Nurse Coaching. She has authored 5 books, all of which explore the potentials of mind-body-spirit approaches to self-care and health care. She is a psychiatric mental health clinical specialist and has had a private practice for many years. She did her graduate research on the history and importance of mental imagery. Bonney had trained in Psychosynthesis, a pioneering transpersonal mental health model created by Roberto Assagioli, MD in Florence, Italy in 1919. This model included the study of imagery, meditation and energy consciousness as vital aspects of healing, health and well-being. Bonney included the study and experience of imagery in an undergraduate nursing program. She then created a course in Clinical Meditation and Imagery which was included in a pioneering master's program in Holistic Nursing at The College of New Rochelle in New York. She worked with holistic nurse colleagues in the creation of and recognition of nurse coaching and participated as a Nurse Coach expert in the creation of the first nurse coach credentialing program.

Conversation Corners (CC), is an initiative that the AHNCC Equality, Equity, Diversity, Inclusion, and Social Justice (EEDISJ) Committee implements. The intent of the CC is to increase our worldviews and understanding of other peoples' lived experiences, perceptions, values, cultures, attitudes, etc. Through these dialogues we hope that we can all learn and grow and better care for those whom we serve.

AHNCC Certificants who stay for the entire hour dialogue will be able to receive a free continuing competency hour that can be used towards their continuing competency renewal requirement.

To watch some of our previous Conversation Corners go to <https://www.ahncc.org/conversation-corners-2/>.



Bonney Gulino Schaub
MS, RN, PMHCNS, NC-BC

Feb 18, 2025

**6pm Eastern
5pm Central
4pm Mountain
3pm Pacific**

“Transpersonal Nursing”

Moderator:
Margaret Erickson

Speakers:
Bonney Schaub

To register contact:
info@ahncc.org

Deadline to register:
Feb. 18, 2025

If registered for previous events,
no need to register again.

**Registrants will receive a
Zoom link the morning of
the presentation.**

Embracing “Equality, Equity, Diversity and Social Justice” for All.



DREXEL UNIVERSITY

College of

Nursing and
Health Professions

Drexel Complementary and Integrative Health Program

Submitted by Rita Cola Carroll, Track Director

Students in Drexel University's Complementary and Integrative Health(CIH) program are pioneering innovative approaches to holistic wellness, blending traditional practices with modern healthcare techniques. Their work not only enhances care but also recognizes the importance of self-care for optimal wellness as a key ingredient to providing excellent care to others. Three students shared their reflections on their own journeys as part of the coursework:



Nifer Shaw-Metz

Nifer Shaw-Metz shares her commentary on the stigma of the "either-or" approach to health:

Over the past decade, I have noticed a forming undercurrent in society that desires a "less is more" approach to health and an increased focus on wellness. While health providers and holistic-minded consumers desire to incorporate more natural products and practices for healing, whole person concepts to not only their disease states but to maintain or improve their well state of life, several societal barriers appear to limit this movement. Lack of education for consumers, as well as educators and providers can create or perpetuate a mistrust of these CIT practices and principles when holistic care is inappropriately applied, prescribed, or introduced. Overcoming the stigma of "either-or" between conventional medicine and CIH is crucial to unite the general population into an integrative focus. Realistically, CIH will have the most positive impact when appropriate education is provided at all levels of learning, research in CIH becomes more rigorous and accepted as valid, and when integration of care maintains a growing following by uniting medicine instead of dividing it.

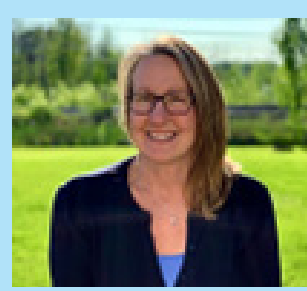


Samantha Birtel

Samantha Birtel shared her early experiences in a community hospital and the value of compassion in turning the tide to alleviate suffering:

My first nursing job was at a small community hospital in an old coal-mining city. Though mining was a thing of the past in that part of the country, most people continue to work hard manual labor jobs, barely making ends meet, as the generations before them. It's the kind of community where people's families have known one another for decades, but with generational poverty comes violence, fear, trauma, abuse, addiction, and racism. It was, and still is, a hard place to be a nurse.

[Listen to the full mini-podcast here. Podcast Healing Through Compassion.m4a](#)



Liz Sheen

Student, Liz Sheen, reflected on the value of self-care for health and wellness coaches:

"I absolutely love that a core tenet of health coaching is self-care. This absolutely speaks to my heart because often people equate self-care to something of a luxury when it really is a necessity. Self-care is not just about getting a massage or a facial. It goes deeper than that and that's what I love about it. Self-care is our best form of healthcare...."

[Listen to the rest of this mini-podcast here. Self-Care for Health Coaches.mp3.](#)

If you would like to learn more about our cutting-edge Complementary and Integrative Health Program, check Drexel's MS Program in Complementary and [Integrative Health Integrative Health Master's Program](#) | Drexel Online and graduate level Certificate of Advanced Study in Complementary and Integrative Therapies [Certificate in Complementary Therapies](#) | Drexel Online

Northern New Mexico College's Holistic RN to BSN Program Student Reflections

Northern New Mexico College's AHNCC endorsed RN to BSN Program prepares nurses to embrace and practice holistic, relationship-centered care. It integrates the concepts and practices of self-development, self-reflection, self-care, healing presence and care of the whole person within the traditional framework of a BSN nursing curriculum.

Northern's end-of-program surveys consistently report that students love and value the program content that adds richness and meaning to their practice and lives. These three students reflect the feedback we get year after year.



"Being in this program is more than what I have learned, it is about what I have become. I believe in this current environment of healthcare we need to remind ourselves who we are more than ever before. Thinking of healing from a whole-person perspective and

nurses as instruments of healing can help us remember our vision to view each patient as a whole person with a soul and an intellect and someone with much to contribute to this world. Thinking of whole person healing has the power to change the way we go about our tasks as nurses and help us to interact in a deeper, more meaningful way with our patients and our colleagues in any setting in life or in nursing."

– 2024 graduate Lisa Huggins, RN, BSN



"This program has been such a gift to me. I was so much happier and supported at Northern than I would have been at the other program. I have so enjoyed the invitations extended to me in these courses to truly explore my own mind, body, heart and soul. Historically, I have been atrocious at integrating self-care into my life. To be part of

a program that emphasizes self-care as the best way to care for others has truly helped me to understand that mentally, physically, spiritually and otherwise, I must care for myself if I am to care for others. Moreover, I believe I am becoming a better nurse because of it. I love nursing, but there has always been a little bit missing. Something just felt incomplete. I now understand that what was missing was holism. All the lessons we have been learning in our courses have shown me exactly the type of nurse I want to be and allowed me to feel a sense of completeness that I never expected." – Current student Jamie Green, RN



"My holistic nursing education through Northern's RN-BSN program has made a significant difference in both my personal life and nursing career by promoting a comprehensive approach to patient care and self-care, through the physical, emotional, social and spiritual aspects of health. I have gained a deeper understanding, appreciation and care for patients as whole individuals with unique experiences. This fosters stronger nurse-patient relationships, patient trust and better assessment skills, leading to better health outcomes. This program has developed my active listening skills and has allowed me to empathize with my patients more, leading to a more supportive environment for patients to express their health concerns. My holistic nursing education has also taught me to prioritize my own well-being, promoting practices like mindfulness and stress management. I have learned that holistic nursing promotes continuous personal and professional development, encouraging

nurses to explore different healing modalities for self-care and patient care. Through this program, I have developed a passion for holistic nursing, and this was because I have witnessed the passion for holistic nursing in every course and with every instructor. I am also excited to set my next goal and become Holistic Nurse Board Certified." – Current student Stephanie Roybal, RN



University of Maine at Augusta nursing faculty highlight innovative nursing education model at inaugural Rural Issues Symposium

AUGUSTA—University of Maine at Augusta (UMA) Director of Nursing Shannon Gauvin, and Erin Bellaire, assistant professor of nursing and clinical coordinator at UMA, have developed an innovative model of educational partnerships with clinical affiliates to address Maine's critical nursing shortages. They recently shared their successful program at a poster showcase as part of the inaugural Rural Issues Symposium held at the University of Maine. Their model, first implemented in collaboration with Maine General Health in 2021, allows bedside nurses to serve as clinical educators while maintaining their hospital roles. "This model demonstrates economic stability for increased quality of nursing education that makes financial sense and supports the state's workforce needs," said Director Gauvin. "This approach provides invaluable on-site hands-on training to students, benefits nurses by retaining their pay and benefits, allows UMA to keep nursing



MaineGeneral Health

education affordable for Maine students and fosters strong relationships between academic institutions and clinical partners."

Jennifer Boynton, Nurse Manager Resource Management Professional Development of MaineGeneral Health emphasized the partnership's importance, saying "The collaboration between MaineGeneral Health and UMA is vital for the education and experience of our future nurses. It promotes a healthy work environment and aligns with holistic nursing practices, ensuring students are well-prepared for their roles." MaineGeneral hired nurses to serve as faculty, allowing them to work as bedside nurses and clinical trainers within their regular hours. This model, first implemented in 2021, has expanded to include Coastal Health Center, MDI Hospital and Northern Light Maine Coast Hospital.

[Click here for the full article.](#)

The UMS Research Symposium, Drs. Gauvin, Harrison and Bellaire did a podium presentation on research awaiting review and approval for publication approval from Nursing Education Perspectives. The abstract is below:



Introduction:

Quality clinical experiences can be difficult to obtain for pre-licensure nursing students. The nursing shortage, burn out of the current nursing workforce, and multiple schools vying for limited space is in

part the reason for this. Night shift has been put forth by clinical sites as a viable option for increasing available clinical opportunities, but there are concerns. How will this affect learning? Will the change in schedule affect test grades? Are they going to have access to equal clinical experiences?

There is limited research on using night shift for clinical experiences. A review of existing literature shows varying results, with Cant et al

(2021) identifying positive themes such as feeling welcome and well-supervised, though some studies, like Dobrowalska et al (2020) also highlight negative experiences, including students feeling underutilized. Night shift clinicals offer practical benefits, preparing students for the 24-hour nature of nursing as well as addressing clinical placement shortages (Zielinski & Beardmore, n.d.).

[Click here for the full article.](#)



“Cultivating Emotional Capacity in Baccalaureate Degree Nursing Students”

Dr. Heald and Dr. Ireland created a course based on shared interests. The course is about cultivating emotional capacity. They have done both a poster presentation at the NLN summit in September, and a podium presentation at the University of Maine System Nursing Research Symposium on November 1st. Here is the abstract:

There is a need to sustain the current nursing workforce while building the pool of new graduate nurses each year. The healthcare environment is a daunting one for new graduate nurses, which results in many new nurses leaving the workforce after spending years and financial resources learning how to be a nurse. Nurses and nursing students do not have the necessary strategies to thrive amid the emotional complexities of the professional healthcare setting. This underscores the need for nursing faculty to address emotional health and wellness within nursing education to foster the development of personal strategies to enhance resilience in stressful situations.

This nursing program has a very non-traditional baccalaureate student population that is challenged with balancing the rigors of nursing school while managing work - life - home responsibilities. As a holistic nursing program, a variety of self-care processes are already integrated throughout the curriculum, yet a curricular gap existed in the area of student emotional health and wellness competencies that would benefit students while completing their degree and as they enter the workforce.

Nursing faculty created an elective course entitled “Fostering Emotional Health and Wellbeing: A Process of Self-Discovery.” It is intended that this course will provide nursing

students a series of essential processes for managing stress and sustaining emotional health and wellbeing that will benefit them as students and as they prepare to enter a profession with an ever-changing landscape and challenges. This course addresses emotional health and wellbeing through an interdisciplinary, holistic approach. Principles of emotional health and wellbeing include: identification of character strengths; emotional self-assessment and self-regulation; cultivating a reflective practice; mindfulness, gratitude, and savoring; personal resilience and optimism; human flourishing; characteristics of a growth mindset; and honing motivation, empathy, and social skills.



COME EXPLORE WITH US!

Looking for more
information on
becoming a Holistic Nurse?

Click the links to the left and
discover what AHNCC has to offer.



University of Connecticut's Online Graduate Certificate Program in Holistic Nursing Continued AHNCC Endorsement

On October 31, 2024 the University of Connecticut received our second endorsement from the American Holistic Nurses Credentialing Corporation for our Online Graduate Nurse Certificate program in Holistic Nursing.

The University of Connecticut's Holistic Nursing Graduate Program is firmly aligned with the philosophical principles of holistic nursing as well as AHNA's code of ethics. The philosophical underpinnings of our program are based in holism; human beings are viewed as integrated wholes body, mind, spirit, interconnected with others and the environment. Nursing practice is based on caring for the whole person and accessing multiple ways of knowing in developing a plan of care in partnership with patients.

The Holistic Nursing Graduate Certificate Online program consists of three, 3-credit courses that can be completed within one year beginning in the fall semester. The program is designed for Registered Nurses with a Bachelor's Degree or higher interested in integrating holistic principles and evidence-based approaches in their professional practice. Students learn about the state of science in holistic care and the latest research on the efficacy and safety of a variety of complementary and integrative health modalities. The course was developed around

the five core values and scope and standards of holistic nursing and provides nurses with the educational foundation required to take the national board certification in holistic nursing. Every nurse who completes the 3 courses is expected to take the national exam.

During the practicum semester, students plan, implement and evaluate a community-based health promotion education program on a self-selected holistic concept or modality. The practicum provides students with the opportunity for health teaching to individuals, families, and significant others or caregivers that enhances the body-mind-emotion-spirit- environment connection by addressing such topics as: Self-care, stress management, spirituality, meditation, emotional freedom technique, and mindfulness.

Cathy Alvarez, MA, BS, AHN-BC, PCCN, directs the program and uses a variety of tools to engage her learners online. Live zoom sessions are embedded throughout all semesters to build community in addition to robust discussion board posts. Guest speakers and subject matter experts provide knowledge

on topics like aromatherapy, nurse coaching, herbalism, and end of life doula's to name a few. Students also have opportunities to meet Dr. Margaret Erickson and ask specific questions regarding certification during quarterly Q&A sessions.

While most nurses' initial aim for enrolling in the program is to improve their nursing practice, many participants discover unexpected benefits –in the context of professor support, as well as with their peers. A recent graduate noted, "I really just wanted to better my practice in general. The program provided a lot of knowledge and information, but then it also provided just a lot of personal support that I wasn't expecting. I felt very supported by Professor Alvarez and my peers. It seemed like we could talk about anything, which ended up being really nice. So that was an unexpected plus side of the program."

If you would like to know more about our program, please contact Cathy Alvarez at:

catherine.alvarez@uconn.edu

AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

LEARN MORE ABOUT VULNERABLE POPULATIONS

REGISTER HERE

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Once registered, all films in the series will be available.



Enjoy each film at your convenience.

Watch all six movies for \$50! 9 Contact Hours

CE OPPORTUNITIES

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Safe Motherhood: Caring for Moms and Babies

Dr. Jessica Devido's Maternal Child Health (MCH) Equity Fellowship for Prelicensure Undergraduate Nursing Students at Duquesne University School of Nursing, initially funded by the Macy Faculty Scholars Program, is designed to improve our BSN nursing students' knowledge of equity so that their approach to care is different, with focus on accountability and individual response. It takes a collective impact approach to safe motherhood, including critical interdisciplinary components of community, medical, and educational institution to address the MCH crisis.



Year 1 (September 2021-August 2022) included educational intervention planning and curriculum development with support from key stakeholders and selection of 11 inaugural BSN Student Fellows. A main focus included forging deep relationships with local MCH experts and activists to build an interdisciplinary team. In Year 2 (September 2022-August 2023) the educational intervention, a 9-month fellowship including 2 academic courses, was deployed. The first course includes immersive "field trip" experiences where students explored a variety of community-based interdisciplinary MCH-focused organizations and services. The second course includes a 15-week practicum comprising 4 components: MCH nurse-based home visiting, shadowing or observation experience with an MCH community-based organization, cognitive rehearsal sessions, and high-fidelity simulation.

We collaborated with local MCH organizations and programs. The Fellowship program has engaged over 20 different MCH community-based organizations or system based services that serve childbearing families including: Allegheny County Health Department- Healthy Families Allegheny,

Nurse Family Partnership, Title V Healthy Moms & Healthy Babies; Council of Three Rivers American Indian Center- COTRAIC Early Head Start Program, Head Start and Pre-K program, Greater Hazelwood Family Center; The Midwife Center of Pittsburgh; Mid-Atlantic Mothers' Milk Bank; Jeremiah's Place; MAYA Organization; Healthy Start Pittsburgh; Innocence Project; The Birthing Hut; Oli's Angels; Birth Root; Beverly's Birthdays; Hello Baby Pittsburgh; Forward Wellness Counseling; UPMC Department of Obstetrics, Gynecology, and Reproductive Services; Center for Pediatric Nursing Research and Evidence Based Practice at Children's Hospital of Philadelphia.

We have forged deep relationships with local MCH experts and activists. Fellows worked with community health workers; birth workers; doulas; lactation counselors; social workers; midwives; professional mental health counselors; physicians; and other community leaders and activists. Each Fellow completed: up to 24 hours of home visiting, the 2023-2024 cohort of fellows collectively learned from and cared for 23 total childbearing families through 40+ total home visits; 8 hours of immersion work and collaboration with community-based organizations to complete a community-engaged mentored leadership project; 7 hours of direct mentoring with practicing MCH nurses; 4.5 hours of cognitive rehearsal; 4.5 hours of simulation. Our goal is to view mom's journey holistically and support safe motherhood.

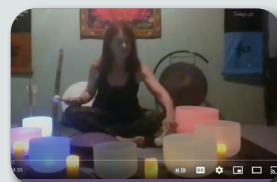


An Inspirational offering from AHNCC!

AHNCC offered several inspirational musical sessions with Singing Bowls and Drumming in 2023. We have now made them available for your viewing. Please click on the links below to enjoy both of these musical programs.



[Drumming
Session
Click Here](#)



[Singing
Bowl
Session
Click Here](#)

Nightingale Initiative for Global Health (NIGH)

Nurses' Voices Speaker Series

SAVE THE DATE —
December 3, 2024
'Student Nurses' Voices
Speaker Series' Session Two
— 'Student Nurses from the
Western Hemisphere'

GAHN is honored to be invited to co-sponsor NIGH's Nurses' Voices Speaker Series, 2024-2025. Co-Directed by Dr. Deva-Marie Beck and Barbara Dossey, (Honorary Scholars of GAHN), NIGH was founded in 2006. Granted 'Special Consultative Status' with the United Nations Economic & Social Council (ECOSOC) in 2018. NIGH planned and offered a series of sessions highlighting internationally recognized leaders in healthcare and supportive organizations. Eight have been completed; recordings are available for your enrichment at <https://www.nighvision.net/nurses-voices-speaker-series.html>.



GAHN Third Monday Dialogues

We will explore the implications of merging the art and scholarship of holistic nursing's discipline. It will relate to the Second Edition of the Curricular Guidelines for Holistic Nursing.

The Curricular Guidelines will provide ways to think about the profession and relations among the philosophy and theories of holistic nursing. It will also include Curricular Themes to serve as guidelines for developing curricula that are consistent with the guidelines proposed by AACN, but go beyond to define the specialty of Holistic Nursing. Finally, it provides some direction for faculty who are revising or recreating their educational program. For more information, contact info@gahnscholars.org.

[Click here for links to our previous Third Monday Dialogues.](#)

Topic: GAHN Monthly Dialogues 2024

Time: 7:00-8:00 PM Eastern Time (US and Canada)

Third Mon, Jan-May; October-November.

Zoom Link: <https://us02web.zoom.us/j/82507402975?pwd=MGExUHNuMS9kVkJHN1Zyd2pBaHplUT09>

Meeting ID: 825 0740 2975

Passcode: 2024

One tap mobile

+17193594580,82507402975#,

*2024# US

+12532050468,82507402975#.

Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.



JOIN GAHN

Interested in Joining GAHN?

Please go to their website by [clicking here](#).
Or email ed@gahnscholars.org for more information.



Here is the AHNCC Endorsed schools seal for marketing purposes. Prior to using the seal, a designated person from the School of Nursing will need to sign the AHNCC Endorsed School Logo Letter of Agreement and return it electronically to AHNCC at ahncc@flash.net. To download the letter please [click here](#). Upon the receipt of the Letter of Agreement a link will be sent to the school for the use of the seal.

**Qualified
Get**



**Verified
Certified**

AHNCC is accepting applications and testing for the Holistic Nursing and Nurse Coaching examinations.

The benefits include:

- Exams are offered year round
- 90-day testing window beginning upon notification of eligibility to test
- Immediate notification of test results upon exam completions

For more information, please contact:

AHNCC at 785-267-0943 or C-NET at 800-463-0786

**Spread
the
Word!**

Help us spread the word! Please share these video links that are all about our Endorsed Programs and Holistic Nursing certifications:

[Why Get Certified?](#)

[Why Would I Want to Attend an AHNCC Endorsed Program?](#)

[What Continuing Education Can I Use?](#)

[Certification in Holistic Nursing – long version](#)

[How Do I Prepare for the Holistic Nurse Exam?](#)



<https://www.ahncc.org>

For questions related to the AHNCC Application or Testing process, contact [C-NET](#) at: info@cnetnurse.com | 800-463-0786