



American Holistic Nurses Credentialing Corporation

*Certification...the Path to Personal Growth
and Professional Recognition*

Welcome to the [American Holistic Nurses Credentialing Corporation \(AHNCC\)](https://www.ahncc.org) Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahncc.org

For questions related to the AHNCC Application or Testing process, contact C-NET at: info@cnetnurse.com | C-NET - 800-463-0786



Greetings,

I hope this note finds you and your loved ones happy, healthy, and well. As Autumn begins 🍁🍂🍁🍂 we transition from summer to winter, and an opportunity arises for us to take some time to reflect on the months that have passed, and the opportunities and challenges that have come our way. It is a time to pause and be, while considering what we have learned and counting our blessings. Some days, weeks, or even months it is more difficult, but as Oprah Winfrey has said, "If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough." So, with those words that I try to live by, I wish you a fall of abundance, grace, and gratitude. May your days be harmonious, productive, and help you move towards your goals and dreams and from the wise

words of Bob Marley, may you "Love the life you live. Live the life you love."

With appreciation, respect, and honor for all you do every day,

Take care and stay well,

Margaret



More pictures
from the AHNA
Conference Below



It was just announced that
Parkview Health was ranked
#19 in the 2024 Global Top
100 Inspiring Workplaces!

[Click here!](#)

Congratulations!

Board News

Jim Welch receives 2024 AHNA Holistic Nurse of the Year!

Jim began his career as a Peace Corps volunteer in Ethiopia fresh out of college with a degree in Life Sciences. Upon returning to the United States he entered the Nursing School his mother had attended. He worked as a Head Nurse at the Philadelphia VA then was hired by the State of Delaware to coordinate AIDS/HIV activities. He spent the next 20 years as the AIDS Coordinator working to improve prevention, care and treatment for persons with HIV infection. He then was tapped to create a Healthcare Bureau within the Department of Correction to improve the mental and physical health for those incarcerated. During his time at the State Jim worked to incorporate mindfulness, healthy diet, exercise and wellness in those he advocated for.

He began his Holistic Nursing Certification journey with Seeds and Bridges in February of 1997 completing work for his Holistic Certification in 1999 when he received his HNB-BC Holistic Nurse Certification from AHNCC. His current practice includes creating space for healing and growth using practices such as ritual, singing, sweat ceremonies, spiritual mentorship, and more. Currently he also is a Court Appointed Monitor for Jails with emphasis on improving the physical and mental health of those incarcerated in jails and prisons. Jim is part of the AHNA practice committee where he has served as chair. Jim lives with his husband of 43 years and 4 dogs on 89 acres of sacred woods. Jim Welch received the AHNA Holistic Nurse of the Year Award this year.

Congratulations Jim!



Congress must act NOW to support the hiring and retention of nurse educators:

Nursing schools turned away **thousands** of qualified applications in 2021, largely due to faculty shortages. The salary gap between nursing school faculty & practicing nurses is a leading reason why it's difficult to attract nurse educators.

The Nurse Faculty Shortage Reduction Act would address this pay disparity. Supporting nurse faculty retention also helps alleviate overall staffing shortages.



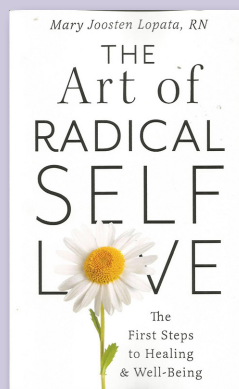
While the bill has bipartisan support in both houses, **we need more lawmakers to cosponsor the bill** to build the momentum needed for it to become law.

It takes one minute to email your representatives through our Action Center. Help ensure nurse educators are fairly paid by urging your elected lawmakers to support this bill today! Click here to [Take Action](#)! We greatly appreciate your advocacy. Visit ANA's [RN Action Center](#) for more opportunities to engage.

Katherine Rowe
Grassroots Advocacy Coordinator
American Nurses Association (ANA)

The Art of Radical Self-Love THE FIRST STEPS TO HEALING & WELL-BEING MARY JOOSTEN LOPATA, MA, RN, HNB-BC-Retired

As a professional nurse for more than 30 years, Mary Joosten Lopata, MA, RN, HNB-BC-Retired, not only assisted with patient care, she also observed patients and wondered why the same treatment often resulted in vastly different outcomes. Then one day her perspective changed when she was unexpectedly stricken with illness. Mary now became the patient, and her life was suddenly under the microscope. Had Mary's training as a Holistic nurse betrayed her? Or was she now learning to restore wellness from a new source? In *The Art of Radical Self-Love*, Mary Joosten Lopata shares her healing journey from the wisdom of a nurse and the heart of a vulnerable patient to someone with a life that now overflows with newfound self-love.



Besides being a Registered Nurse for over three decades, Mary is certified as a hypnotherapist and a Reiki Master, a member of the American Holistic Nurses Association, and an ordained New Thought minister. She was also a Board-Certified Holistic Nurse (HNB-BC) and is now HNB-BC-Retired. She has taught and given health presentations in a variety of settings. Her intention is to empower people to rediscover the healer within and integrate that innate knowledge into daily practice so that healing can take place despite dysfunction in the healthcare system.

9780875169538 \$15.95
Trade Paperback 160pg AUGUST 2024

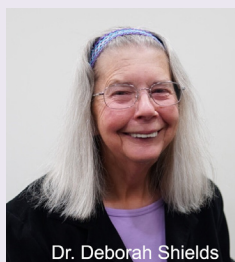
Also, members may receive a special 40% off code to purchase the book online at www.devorss.com. The discount code is: DV*Hope*Love*

Capital School of Nursing Grants Two Professor Emeritus

Honoring Years of Dedicated Service to Nursing and the Capital School of Nursing: Dr. Deborah (Deb) Shields and Dr. Diane Patterson

Two long-standing nursing faculty will retire at the end of this academic year: Deborah Shields PhD, RN, CCRN, QTTT, AHN-BC, SGAHN, and Diane C. Patterson DNP, APRN, CNS, AHN-BC.

Professor Emeriti determination: At the time of retirement and upon the formal recommendation of the appropriate committee, as well as the Dean of the faculty member's college or school, the designation of Professor Emeritus/ Emerita shall be accorded a member of the instructional staff who has made distinguished contributions to the University. The designee shall have a minimum of ten years of full-time service to the University and shall hold the rank of associate professor or professor at the time of retirement.



Dr. Deborah Shields

Dr. Shields began her career in the School of Nursing at Capital University in 1980. She is the recipient of numerous awards including the American Holistic Nurse Association Holistic Nurse of the Year. She has already been recognized as a Central Ohio Nursing Legend and has indeed led a life dedicated to the advancement of holistic nursing. She is a nurse icon.



Dr. Diane Patterson

Dr. Patterson began her career in the School of Nursing at Capital University almost 30 years ago. She became an Associate Professor in 2008 and has been the Associate Dean of the Pre-Licensure Program since May 2019. She is a known leader in our School of Nursing and has been deeply involved in many student-centered and faculty-driven endeavors and activities throughout her appointment.

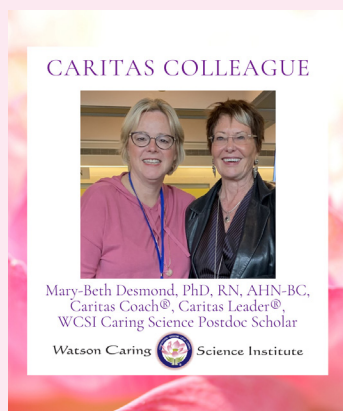
We congratulate both Dr. Patterson and Dr. Shields on receiving the designation of Professor Emeritus upon retirement from Capital University! You will be missed!

Celebrating Caritas Colleague Mary-Beth Desmond

MAY 2024 - We wish to celebrate and honor our Caritas Colleagues and share their contribution and commitment to Caring Science. This month we are celebrating Mary-Beth Desmond, PhD, RN, AHN-BC, Caritas Coach®, Caritas Leader®, and WCSI Caring Science Postdoc Scholar.

CONTRIBUTIONS TO THE LEGACY OF CARING SCIENCE

I have served in nursing faculty and leadership roles in academia integrating Caring Science. I am an Associate Professor at St.



Xavier University College of Nursing, Chicago. I was a guide in the inaugural WCSI Caritas Leadership Program™. In 2023 I

took a sabbatical completing one unit of Clinical Pastoral Education as a nurse-chaplain intern honored to have patient visitations, provide spiritual care, and minister to those in need. I am grateful to begin my Caritas Coach® faculty role with Dr. Gayle Casterline my Caritas Coach.

AREAS OF EXPERTISE

Caring Science, Spirituality, Spiritual Care, Spiritual Well-Being, Spiritual Distress, Faith Community Nursing, Veterans, & Spiritual Direction

[Click this link for the full article.](#)

Words by Bonnie Tarantino

There is this very subtle thing going on right now. You may be experiencing out of nowhere. You may be driving in your car with the windows down, the temperature just right, and the song is just right. You may be sitting at a table with friends or family when it happens or just sipping the perfect temperature you like of your coffee or tea. All of a sudden, you find yourself in your heart. Everything is crystal clear. You feel so much love all of a sudden and so much gratitude.

It is happening more and more spontaneously to all of us and it is the feeling that everything is going to be ok. It is the feeling that we have so much and the world is beautiful. It is the feeling that we are grateful for all we have come through. It is the feeling of generosity and kindness. It is the desire to repair, respect and build. It is the feeling that we are on the brink of something very creative and resourceful.

And you may only be able to feel it for a few breaths. You may only be able to open your heart to it so much before the skeptic arrives. But the energy is building and building. We want to love each other. We want to move on. We want to feel connected. We want to be able to say, "I did the best with what I had, but now I can do better." We are more willing to change our minds and put down the sword and pick up the peace pipe and listen. If you could see it in the air you would see that grace is amping up, joy is amping up, gratitude is amping up, honesty is amping up.

We are entering a new age, and according to the mystics, we are entering the age of ethics, the age of integrity. The children who are here, the 0-10 year olds, 20-year-olds and 30-year-olds, came in with the vibration of this. They can hold more love, joy, and possibility in their hearts than we can possibly imagine. They are incredible manifesters, and we are about to time warp in our evolution. They are leading us into a new age, and if you can just sit for a moment in your heart, you will feel it. It is powered by love. I promise you it is powered by love.

Image by pixaoppa from Pixabay



An Inspirational offering from AHNCC!

AHNCC offered several inspirational musical sessions with Singing Bowls and Drumming in 2023. We have now made them available for your viewing. Please click on the links below to enjoy both of these musical programs.



[Singing Bowl Session Click Here](#)



[Drumming Session Click Here](#)



Certificants in Action

AHNCC would like to recognize the work you are doing and all you have accomplished with a new opportunity and service. An opportunity to blow your horn, highlight your achievements and successes, and promote your activities and businesses. Our intent is to serve you by featuring our AHNCC certificants in action.

Do you have an accomplishment or an amazing story you would like to share? Do you have an upcoming event that you need help publicizing? If so, we'd love it if you would send us your exciting news!

The AHNCC Marketing Team encourages you to share your stories with the holistic nursing and nurse coach community and help you get the recognition you deserve.

[Click here for more information.](#)

We are looking for Certificant stories:

How your holistic nursing/nurse coach education and certification made a difference for you and your client
Holistic Nursing or Nurse Coach employment opportunities
Honors or awards
Published books or articles
Professional Presentations
Business openings
Community projects (involving certificants)
Student accomplishments (current certificants or Endorsed School students)
Elected positions or appointments
And, more!

2024 AHNA Conference

The AHNA Conference was a huge success. AHNCC hosted a meet and greet where food and camaraderie were abound. There were many classes offered and attendees took advantage of this great learning opportunity.

[Click here to see some of our certificant and why they are a Certified Holistic Nurse or Certified Holistic Nurse Coach.](#)



Nightingale Initiative for Global Health (NIGH)

GAHN is honored to be invited to co-sponsor NIGH's Nurses' Voices Speaker Series, 2024-2025. Co-Directed by Dr. Deva-Marie Beck and Barabara Dossey, (Honorary Scholars of GAHN), NIGH was founded in 2006. Granted 'Special Consultative Status' with the United Nations Economic & Social Council (ECOSOC) in 2018. NIGH planned and offered series of sessions highlighting internationally recognized leaders in healthcare and supportive organizations. Seven have been completed; recordings are available for your enrichment at <https://www.nighvision.net>.

Nurses' Voices Speaker Series



Please give us your feedback about the newsletter. Is there something you would like to see? Is it too large? Too little? Is it often enough? What would you like to see? What would you like us to eliminate? We would love to hear from you. Contact connections@ahncc.org.

Global Academy of Holistic Nursing

Upcoming GAHN Third Monday Dialogue - Oct. 21

We will explore the implications of merging the art and scholarship of holistic nursing's discipline. It will relate to the Second Edition of the Curricular Guidelines for Holistic Nursing, due sometime early fall. The Curricular Guidelines will provide ways to think about the profession and relations among the philosophy and theories of holistic nursing. It will also include Curricular Themes to serve as guidelines for developing curricula that are consistent with the guidelines proposed by AACN, but go beyond to define the specialty of Holistic Nursing. Finally, it provides some direction for faculty who are revising or recreating their educational program. For more information, contact info@gahnscholars.org.

Topic: GAHN Monthly Dialogues 2024

Time: 7:00-8:00 PM Eastern Time (US and Canada)

Third Mon, Jan-May; October-November.

Join Zoom Monthly Meeting

[https://us02web.zoom.us/j/82507402975?](https://us02web.zoom.us/j/82507402975?pwd=MGEeUHNuMS9kVkJHN1Zyd2pBaHpIU09)

[pwd=MGEeUHNuMS9kVkJHN1Zyd2pBaHpIU09](https://us02web.zoom.us/j/82507402975?pwd=MGEeUHNuMS9kVkJHN1Zyd2pBaHpIU09)

Meeting ID: 825 0740 2975

Passcode: 2024

One tap mobile

+17193594580,82507402975#,

*2024# US

+12532050468,82507402975#.

*2024#



Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing Scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.



GAHN CONGRESS

September 28, 2024 - 10:00 am - 4:30 pm

The Board of Directors Invites You, Your Students and Your Colleagues to join us as we celebrate GAHN's Second Global Congress:

Giving Global Voice to The Art of Holistic Nursing Scholars



Patricia Liehr,
PhD, RN



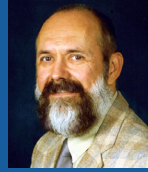
Deva-Marie Beck,
Phd, RN, DTM,
HSGAHN



Mary A. Joseph,
PhD, AHN-BC,
SGAHN



Grissel Hernandez,
PhD, MPH, RN,
HNB-BC, NPD-BC,
SGAHN



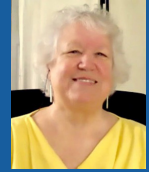
James Welch,
BSN, RN, HNB-BC,
SGAHN



Barbara Dossey,
PhD, RN, AHN-BC,
HWNC-BC, FAAN,
HSGAHN



Mary Enzman
Hines, PhD, APRN,
CNS, CPNP-PC,
APHN-BC, SGAHN



Mary Anne Hanley,
PhD, RN, QTTT,
SGAHN

**JOIN US AS WE FURTHER EXPLORE
THE SOURCE OF HOLISTIC NURSING SCHOLARSHIP.**

OUR INTENT IS TO SHARE PERSPECTIVES TO

- Use 'story' to appreciate holistic nursing scholarship as the art of interpreting nursing knowledge in practice
- Articulate diverse ways holistic nursing scholarship contributes transforming health and well becoming globally and locally
- Recognize how holistic nursing scholarship is rooted within the context of our uniquely diverse global communities

Dr. Patricia Liehr, PhD, RN will provide the Keynote followed by presentations from GAHN Scholars:

Deva-Marie Beck, Mary Joseph, Grissel Hernandez, and James Welch.

Barbara Dossey will provide the Endnote, followed by a Critical Dialogue

by Mary Anne Hanley. Mary Enzman Hines will close with the Blessing of the Hands.

**BRING YOUR
STUDENTS AND
COLLEAGUES!
SHARE WITH OTHERS
SPREAD THE WORD
REGISTER NOW!**

BE A SPONSOR! SAVE THE DATE!

Registration Fees (USD)

GAHN Member \$60 Non-Member \$99

Student/Low Income Countries \$50

Member of Affiliate Organizations or Endorsed School \$75

Group Admission for 10 or More Students \$25/Student

Sponsors(USD)

Gold- Donate \$500 or Greater

Silver - Donate \$200 - \$499

Bronze - Donate \$100 - \$199

AHNCC is an affiliate of GAHN and therefore as a Certified Holistic Nurse or Certified Nurse Coach you are able to receive the affiliate discounted rate. In addition, you can receive continuing competency hours for your attendance.

Next Endorsed School Networking Call



These gatherings allow time for faculty from schools with AHNCC endorsed programs or those wishing to seek AHNCC endorsement (contact connections@ahncc.org) to network with other schools.

You do not need to register in advance. The school contact person will receive a reminder email the day before the call with the link attached. You are invited to bring questions, concerns, or networking ideas to the faculty gathering.

Share your accomplishments and challenges, and much more.

October 16
7:00 pm EST
6:00 pm CST
5:00 pm MST
4:00 pm PST

Mark your calendars to join us for the next Endorsed Schools Network Gathering.

A Zoom invite to the gathering will be sent to the contact persons for all schools with AHNCC Endorsed Programs, the day before we meet.

Zoom link for Network Gathering

<https://us06web.zoom.us/j/89994995188?pwd=aGaQbs0VTcTmTmB0h3V5Y023Hrck8a.1>

AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

LEARN MORE ABOUT VULNERABLE POPULATIONS

Once registered, all films in the series will be available.

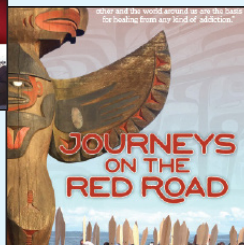
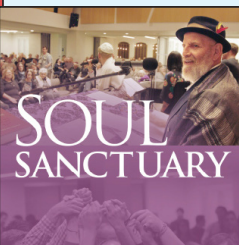
CE OPPORTUNITIES

Enjoy each film at your convenience.

REGISTER HERE

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Watch all six movies for \$50!
9 Contact Hours

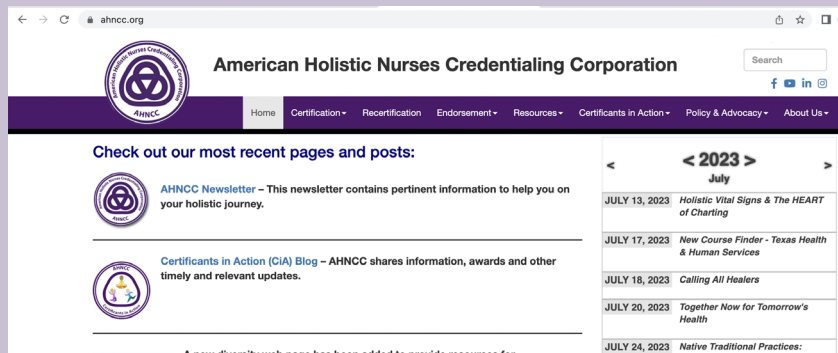


This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Looking for More CE Opportunities?



AHNCC's website and social media sites give you many options for CE's, continuing competencies and different events for certification and recertification. Check out our website for upcoming CE and holistic opportunities. Go to [AHNCC.org](https://www.ahncc.org).



Looking for more CE and continuing competencies for certification and recertification? Here are some places to look:

[Event Calendar](#)

[Professional Development and Continuing Competencies](#)

[Embracing Diversity Events](#)

Reminders

Image by Alexandra_Koch from Pixabay

Certificant Responsibilities Reminder

All AHNCC certificants are reminded that you have certain responsibilities for maintaining your AHNCC certification. For information on Certificant Responsibilities, go to <https://www.ahncc.org/recertification/>.

To verify your current status, go to:

<https://www.ahncc.org/certification/verification-of-active-certification/>.

If you have any questions, contact us at info@ahncc.org.

For contact information changes or any important information about your program- i.e. name change. Log in directly to make changes or contact info@ahncc.org.

COME EXPLORE WITH US!

Looking for more information on becoming a Holistic Nurse?

Click the links to the right and discover what AHNCC has to offer.



Image by Gustavo Rezende from Pixabay

AHNCC has their own Youtube channel.

We need all of our Holistic Nurses and Nurse Coaches to subscribe to our channel. There are many benefits to having an active channel with a large number of subscribers. Please click on the link to the left; watch a video; and click on the **subscribe button** at the end of a video. We hope you are enjoying some of our Doodly videos. It's a fun cartoon with a message.

Use our handle -

youtube.com/@holisticRNCertified

We welcome you to create your own video, one minute or so, about: Why you are HN or NC certified. Why it makes a difference to you and your practice. Send videos to connections@ahncc.org.



IF YOU UNSUBSCRIBE....

If you unsubscribe from our emails, this is what will happen. If you are either active or inactive you will still get emails from us relevant to your certification, such as reminder notices for renewal. You will no longer receive information about AHNCC sponsored events, newsletters and other information that may be of interest to the majority of certificants. We try to limit what we send.

Image by NoName_13 from Pixabay

NOTE: "We have ended Late and Inactive fees.

You will now go to Inactive status for three years before expiration.

[See details](#)



No more late fees!

Holistic Nursing Fellowship and Nurse Coach Fellowship.

We serve to strengthen the holistic nurse and nurse coaching role by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all.

[Click here for more information.](#)

<https://www.ahncc.org>

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