

## **Florida Atlantic University's Christine E. Lynn College of Nursing Celebrates Continued AHNCC Endorsement**

On February 1, 2023, Florida Atlantic University's Christine E. Lynn College of Nursing received continued endorsement from the American Holistic Nurses Credentialing Corporation for our BSN, MSN, DNP and PhD programs. With this endorsement, we celebrate the tradition of advancing holistic nursing throughout our education programs. As the only college with all academic degree levels endorsed by AHNCC, we are committed to nurturing the wholeness of person-environment through caring. Holistic values, principles, and theories are reflected in all program outcomes and integrated throughout every nursing course description, objectives and assignments.

Our building at the Boca Raton Campus was designed to reflect the College's caring philosophy and dedication to creating a holistic teaching/learning environment. The building, one of the few LEED "gold-certified" educational buildings in the United States, features feng shui principles and environmental sustainability. The College of Nursing building is designed to nurture well-being, and features spaces for self-reflection, quiet contemplation, yoga and other modalities. The College's healing garden includes a classic circular labyrinth with a brick walking path that is wheelchair accessible.



Shirley Gordon, PhD, RN, NCSN, AHN-BC, HWNC-BC, directs the Initiative for Intentional Health (IIH) established in 2004 to promote holistic health and well-being which serves as a learning lab for Advanced Holistic MSN students, and inspires research aligned with the holistic health focus of the college. Through the IIH, we provide self-care activities open to students, faculty, staff, and the surrounding community. Recent examples include:

- Continuing Education Programs Focused on Self-Care
- Guided Tapping Sessions: Emotional Freedom Technique (EFT)
- Guided Labyrinth Walks

- Meditation room access
- Yoga sessions

The Journal of Art and Aesthetics in Nursing and Health Sciences, a fully online, peer reviewed, multimedia journal, provides a forum for sharing aesthetic expressions of caring. The journal is available free to everyone online <https://www.magonlinelibrary.com/journal/joan>.



**Putting holistic caring theory into nursing practice:** Two community-based nurse-managed centers in West Palm Beach, FL deliver primary and specialty health care and wellness services from a holistic caring perspective.

- The Florida Atlantic University/Northwest Community Health Alliance (FAU/NCHA) Community Health Center is the first university center in Florida to be designated by the U.S. Health Resources and Services Administration (HRSA) as a “Federally-Qualified Health Center (FQHC) Look-Alike.

Together, the faculty and students at Florida Atlantic University’s Christine E. Lynn College of Nursing continue to advance holistic nursing! If you would like to know more about our programs, please contact Dr. Shirley Gordon [sgordon@health.fau.edu](mailto:sgordon@health.fau.edu).