



# American Holistic Nurses Credentialing Corporation

*Certification...the Path to Personal Growth  
and Professional Recognition*

Welcome to the [American Holistic Nurses Credentialing Corporation \(AHNCC\)](#) Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | [info@ahncc.org](mailto:info@ahncc.org)

For questions related to the AHNCC Application or Testing process, contact C-NET at: [info@cnetnurse.com](mailto:info@cnetnurse.com) | C-NET - 800-463-0786



*Greetings Dear Colleagues,*

*As we continue to experience the last months of Winter I wish you all warm days of comfort, sunshine, peace, and productivity. For some of us, winter is still bringing in the cold temperatures, blowing winds, and weather that makes us want to stay indoors, comfy and cozy. But with all things, time passes quickly. Soon flowers and trees will start to bud, the first robins will return to our yards, the days will grow longer, and a new cycle of life will start all over again. Until then, may your days be filled with health and well-being, the resources you need to deal with life's challenges and opportunities when they appear, and the ability to find joy, beauty, and grace in each sunrise and every evening as you put yourself to bed.*

*Until we connect again, blessings to you and your loved ones, Margaret*

Image by Artss from Pixabay



## Certifiants in Action

AHNCC would like to recognize the work you are doing and all you have accomplished with an opportunity and service. An opportunity to blow your horn, highlight your achievements and successes, and promote your activities and businesses. Our intent is to serve you by featuring our AHNCC [Certifiants in Action](#).

Do you have an accomplishment or an amazing story you would like to share? Do you have an upcoming event that you need help publicizing? If so, we'd love it if you would send us your exciting news!

Contact [connections@ahncc.org](mailto:connections@ahncc.org) to add your story or business!



Image by Pixabay

We frequently get the question, “*What is the difference between Holistic Nursing and Nurse Coaching?*” Although both holistic nurses and nurse coaches practice within a foundation of Holism, the focus of their care is different.

## What is Holistic Nursing?

Holistic nursing is defined as all nursing practice that provides care for the person as an integrated, holistic human being, inseparable and integral with the environment. Holistic practice draws on holistic nursing knowledge, theories, expertise, different ways of knowing, and intuition to guide nurses in becoming therapeutic partners with clients in a mutually evolving process toward healing and holism. Holistic Nursing is universal in nature and may be practiced in any clinical setting, community, private practice, hospital, educational institution, or research foundation; with the understanding that clients are the experts of their needs and care is always planned for and provided within the context of their culture, perceptions, values, and belief system.

## What is Nurse Coaching?

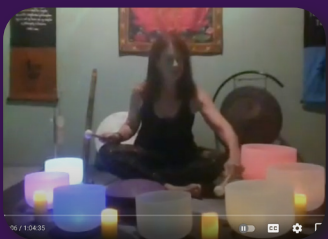
Nurse Coaching is a skilled, purposeful, results-oriented, and structured relationship-centered, interaction-based role with clients based in the precepts of Holistic Nursing wherein clients are facilitated in achieving health-focused goals. Relationships are based on goal accomplishment and tend to be short-term. Nurse Coaches are educated in advanced communication strategies, skills, and knowledge with the understanding that clients are the experts of their needs and care is always planned for and provided within the context of their culture, perceptions, values, and belief system .

## How is Nurse Coaching related to Holistic Nursing?

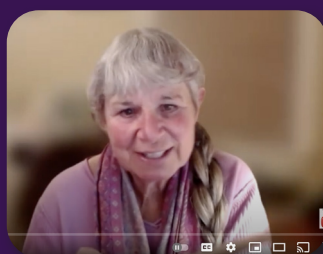
**Holistic nursing** is a way of thinking and doing. **Nurse Coaching** is a role within nursing that uses holistic nursing principles.

## An Inspirational offering from AHNCC!

AHNCC offered several inspirational musical sessions with Singing Bowls and Drumming in 2023. We have now made them available for your viewing. Please click on the links below to enjoy both of these musical programs.



[Singing Bowl Session](#)  
[Click Here](#)



[Drumming Session](#)  
[Click Here](#)

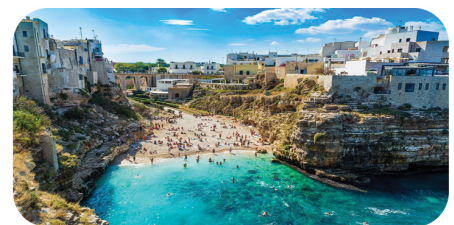


AHNA Global Healing Traditions

*Italy 2024*

Puglia, Italy September 7-12

**Healing Roots in Italy:**  
**Community, Ritual and Sacred Space**



30  
Contact  
Hours

*Virtual Information Session Coming in April*



## Why Become Recertified?

Certification is a professional pathway to validate your nursing specialty knowledge, competence, and expertise. With today's healthcare focus on health promotion, wellness, and well-being your certification provides evidence and assures consumers, employers, and other key stakeholders that you are a leader in healthcare transformation.

AHNCC certification is good for five years. If not renewed before the end of the five years, credentials become inactive and are not authorized for use. You can recertify at any time during the inactive period which lasts three years. After three years the credentials become expired and you must resit for the exam to continue using them. You can view or download the [Recertification Handbook here](#).

Specific questions about recertification can be directed to [recertification@ahncc.org](mailto:recertification@ahncc.org).

All AHNCC certification examinations are nationally accredited through the Accreditation Board for Specialty Nursing Certification (ABSNC) [www.nursingcertification.org](http://www.nursingcertification.org) and are recognized by ANCC as Magnet approved for institutions seeking or reapplying for Magnet status and can be found in the ANCC DDCT at <https://absnc.org/certification/accredited-programs>.

**Lead and support the shift in global healthcare from a paradigm of illness to one of wellness and well-being. Renew your credentials now!**

## READY TO RECERTIFY?

Are you ready to recertify as a Holistic Nurse or Nurse Coach. Visit the AHNCC website at [ahncc.org](http://ahncc.org). Click on the drop down menu [Recertification](#). If you need further information, we are always available to answer your questions at [info@ahncc.org](mailto:info@ahncc.org). Remember, if you have HWNC-BC for Nurse Coaching, your Holistic Nursing certification must also be renewed when due.



The inaugural Integrative Nurse Coach® Symposium is an extraordinary opportunity to connect in person with a community of like-minded professionals who share your passion for holistic, patient-centered healthcare. The INC Symposium is tailored for all nurses — from those newly embarking on their journey in integrative health, to seasoned nurse coaches looking to deepen their expertise. Over 2.5 transformative days, we'll explore the latest in integrative healthcare, engage with inspiring speakers, and foster lasting connections that will spark personal and professional growth. **[Learn more and register here](#)**

The Integrative Nurse Coach Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. The Integrative Nurse Coach® Symposium is approved for 14.25 contact hours.



## ***“When Healthcare isn’t Caring: Stigma and Health Disparities among Transgender and Gender-Diverse People”***



*Transgender and gender diverse (TGD) people experience clear and pervasive patterns and mistreatment and discrimination across several social domains, including access to healthcare services.*



According to the 2015 U.S. Transgender Survey, a landmark survey of more than 27,000 TGD adults in the U.S., 33% have reported at least one negative healthcare experience related to their gender identity. Consequently, approximately 31% of TGD people delayed or avoided medically

necessary care to avoid stigma-related experiences. Nurses have a moral, ethical, and professional obligation to address these health disparities. In this presentation, Anthony Velasco will discuss, using a social justice lens, how nurses can develop culturally informed and evidence-based interventions responsive to the needs of the TGD community.

Anthony Velasco, MS, APRN, AGPCNP-BC, CNS, PHN, CMSRN, ACRN, AAHIVS (he/him, they/them) is a Ph.D. candidate in the College of Nursing at the University of Colorado Anschutz Medical Campus.

He currently practices clinically at Desert AIDS Project, a federally qualified health center that provides care to underserved communities in the inland desert region of Southern California. He led the creation of a regionally recognized gender-affirming care program, was presented with the Stonewall Humanitarian Award by the Transgender Community Coalition, and was chosen as this year’s Johnson and Johnson Health Equity Scholar. His research explores the interrelationship between experience of multilevel stigma, primary care access, and social determinants of health on the health and health-related experiences of transgender and gender-diverse older adults. In each of his professional endeavors, he derives the greatest joy from building collaborative relationships with his patients and partnering with his community in creating patient-centered, culturally informed, and evidence-based interventions to improve healthcare access and create structural changes that meet the unique needs of systemically minoritized communities.

**AHNCC certificants can receive continuing competency hours for attendance.**

To watch some of our previous Conversation Corners go to <https://www.ahncc.org/conversation-corners-2/>.



**Anthony Velasco  
MS, APRN, AGPCNP-BC, CNS,  
PHN, CMSRN, ACRN, AAHIVS  
he/him, they/them**

***“When Healthcare isn’t Caring:  
Stigma and Health Disparities  
among Transgender and Gender-  
Diverse People”***

**February 13, 2024**

**6pm Eastern**

**5pm Central**

**4pm Mountain**

**3pm Pacific**

**Speaker: Anthony Velasco**

**To register, contact:**

**[info@ahncc.org](mailto:info@ahncc.org)**

**Deadline to register:**

**February 12, 2024**

**Registrants will receive  
a Zoom link the morning  
of the event.**

# AHNCC Fellowships

## Holistic Nurse Fellowship Program

The Holistic Nursing Fellowship Program was launched in 2022 through a collaborative effort between the American Holistic Nurses Credentialing Corporation (AHNCC) and the American Holistic Nurses Association (AHNA). Through this alliance, AHNCC and AHNA are partnering with other nursing organizations to increase inclusivity and diversity among our certificants and membership. This Fellowship is offered on the even years at this time. They are not available to individuals but only thru the membership organizations.

At the beginning of the Fellowship, fellows are provided with a board-certified holistic nurse mentor who will facilitate them in preparing for the national Holistic Nursing certification examination and help them navigate through the application process.

The Fellow will have 2 years to complete the Fellowship program and take the certification examination. A certificate will be provided to participants upon completion of the Fellowship program. Upon completion,

participants can also include the Fellowship completion in their CVs.

Each year, the AHNCC Equality, Equity, Diversity, Inclusion, and Social Justice (EEDISJ) Committee looks at a list of identified nursing organizations that are focused on diverse nursing populations. They select and invite the next two organizations to participate.

The invited organizations then select the fellow from their membership.

**In this two-year Fellowship, recipients are offered a packet that is valued at over \$1400.00 and includes the following:**

- Free AHNA Foundations of Holistic Nursing (FOHN) Self-Study Course
- ANA/AHNA Holistic Nursing Scope and Standards 3rd Edition Book
- \$100 Gift Certificate for the AHNA Shop (Continuing Education or SWAG purchases)
- Mentorship from an AHNCC certificant for the duration of the application and testing period.
- Application fee for certification
- Practice test fee
- Examination Registration cost
- Re-sitting fee if needed

For more information on our Fellowship Programs [click here.](#)

## The Nurse Coach Fellowship Program

The Nurse Coach Fellowship Program is an American Holistic Nurses Credentialing Corporation (AHNCC) initiative launched in 2023. Through this initiative AHNCC is collaborating with other nursing organizations to increase inclusivity and diversity among our Nurse Coach certificants. We are committed to uplift the contributions of nurse coaches from a wide range of backgrounds and identities, through knowledge sharing, that honors diverse healing traditions and perspectives. We serve to strengthen the nurse coaching role by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all. Nurse Coach Fellowship is offered on the odd years at this time.

This mission drives us to offer ourselves as instruments of healing, while also committing to equity, diversity, inclusion, belonging, and social justice as unifying forces of equality.

Our intent is to partner with other diverse nursing organizations, every 2 years, to increase inclusivity and diversity among our certificants. The Nursing organizations partnering with AHNCC choose which of their members will receive the Fellowship.

Through these partnerships, we are focusing on

strengthening and expanding the specialized role of nurse coaching by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all. This mission drives us to offer ourselves as facilitators of healing, while also committing to equity, diversity, inclusion, belonging, and social justice as unifying forces of equality.

AHNCC partners with Nurse Coach educational programs who provide this complimentary Nurse Coach education program.

**In this two-year Fellowship, recipients are offered a packet that is valued at over \$2500.00 and includes the following:**

- Mentorship from an AHNCC certified Nurse Coach for the duration of the application and testing period.
- Free tuition from a recognized Nurse Coach Educational program that covers both the required 60 contact hours and the 60 supervision hours.
- Practice test fee
- Examination Registration cost
- Re-sitting fee if needed
- A copy of the 2nd edition of the Art and Competencies of Nurse Coaching

**Both Fellowship programs are available to members thru the Diverse Nursing organizations.**



# Board News



*A great big thank you to Deb Shields for her years as AHNCC President, and we are grateful she will continue on the Board of Directors this year as Past-President.*



*Congratulations to Marci Resnicoff as she assumes the role of AHNCC Board Of Directors President.*

**Our new upcoming Board members will be introduced in the next newsletter.**

Lorraine  
Hall



Fern  
Wargotz



Darlene  
Hess



Nancey  
France



Richard  
Cowling



*AHNCC would like to thank our outgoing board members for their time and service. Words are not enough to express the gratitude AHNCC holds in our hearts for them. We are grateful for their work and efforts in helping AHNCC grow and thrive. Thank you!*



## Global Academy of Holistic Nursing

### GAHN Third Monday Dialogues

January through May, the third Monday, 7:00-8:00 pm Eastern. The theme is ***Humans as Spiritual Beings Having a Human Experience; Spirituality, a Key Thread in Holistic Nursing Scholarship***. Attendance can be used for obtaining continuing competency hours. Discussion focused on Holistic Nursing Scholarship: The foundation, attributes, and characteristics. All interested are welcome to join us.

[Click here for more information on GAHN Third Monday Dialogues](#)

### GAHN Vision

GAHN envisions Global communities that embrace praxes of holistic health, wellness, and social justice.

Holistic Nursing Praxes is the integration of Holistic Nursing knowledge, skills and values needed to affect a sense of wellbeing in individuals, groups and communities.

Social justice is the distribution of wealth, opportunities, and privileges needed to eradicate health disparities and promote safe and healthy communities.

AAppl

## GAHN Accepting Applications for Scholars



The Global Academy of Holistic Nurses (GAHN) is a diverse community, working collaboratively to further Holistic Nursing Scholarship. Each member is respected for the skills and wisdom they bring and valued for the unique contribution brought to GAHN.

Scholars of the Global Academy of Holistic Nurses are individuals who have made outstanding contributions to holistic nursing practice, education, research, or policy and are committed to advancing excellence in holistic nursing praxes and global health care transformation. To learn more about Membership, and the Benefits, Rights, and Responsibilities of being a GAHN Scholar please click here.

Applications are being accepted from February 1 through March 31 only. [Click here to apply.](#)

Click here for the [Holistic Nursing Scholars Handbook](#). There is a mock-up application in Section III. There are application guidelines following the Mock-up Application, pg 19-21.



AHNA's 44<sup>th</sup>  
Annual Conference  
June 3 - 8, 2024

Rochester, Minnesota



The AHNA Annual Conference offers six days of top-notch continuing professional development, leading keynote speakers, networking with fellow holistic nurses, an exhibit hall filled with vendors offering the latest products and services to complement your daily practice, and time to nurture yourself and your connection to holism in an environment primed with energy and the support of fellow healers.

[Click Here for more information.](#)





# Journal of INTEGRATIVE NURSING



The Journal of Integrative Nursing (JIN), founded in June 2019, is an internationally peer reviewed, academic journal co-sponsored by the Association of Integrative Nursing and the Beijing Office of Traditional Chinese Medicine Nursing Competence Improvement Project. The journal, which has been relatively unknown to American and European nurses is now indexed in CINAHL. The JIN is a Medknow Open Access Publication that allows free access to all contents on its website.

## ABOUT THE JOURNAL

## INSTRUCTIONS FOR AUTHORS

Current time to publication is 4-6 months. Dr. Martha Libster, Editor-In-Chief, provides enthusiastic coaching and resources for integrative nursing authors.

Dr. Libster's contact information is: [martha@drmarthalibster.com](mailto:martha@drmarthalibster.com)

## Embracing Equality, Equity, Diversity, Inclusion, Belonging, and Social Justice for All Committee



To support our mission AHNCC advocates for processes, legislation, and healthcare transformation that is in alignment with a paradigm shift towards one of health promotion, wellness, and well-being. Embracing these changes and recommendations, AHNCC has assumed our responsibility in the social transformation of healthcare. Embracing Equality, Equity, Diversity, Inclusion, Belonging, and Social Justice for All provides information to support that transformation.



This Committee offers Conversation Corners (CCs) whose intent is to increase our worldviews and understanding of other peoples' lived experiences, perceptions, values, cultures, attitudes, etc. Through these dialogues we hope that we can all learn and grow and better care for those whom we serve. Participants who attend the entire presentation can receive continuing competency hours that can be used to meet their certification continuing competency hours requirement.

[For the video of our most recent Conversation Corner featuring Anthony Orr, click here.](#)

[AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES](#) – which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations. Once you have registered, you will be able to view all the films in the series.

[Holistic Nursing Fellowship and Nurse Coach Fellowship.](#) We serve to strengthen the holistic nurse and nurse coaching role by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all.



# Endorsed School Networking Call



These gatherings allow time for faculty from AHNCC endorsed programs or those wishing to seek AHNCC endorsement to network with other schools.

This call is open to all faculty who teach at AHNCC Endorsed Schools. They do not need to register in advance and will receive a reminder email the day before the call with the link attached. They are invited to bring questions, concerns, or networking ideas to the faculty gathering.

Share your accomplishments and challenges, and much more.

Mark your calendars to join us for the next Endorsed Schools Network Gathering.

A Zoom invite to the gathering will be sent to the contact persons for all AHNCC Endorsed Schools, the day before we meet.

March 8th  
1:00 pm EST  
12 Noon CST  
11:00 am MST  
10:00 am PST

Zoom link for Network Gathering

<https://us06web.zoom.us/j/89542856126?pwd=Y1orUjRUS2doUnNveE9jcndQU3VMQT09>

Please give us your feedback about the newsletter. Is there something you would like to see? Is it too large? Too little? Is it often enough? What would you like to see? What would you like us to eliminate? We would love to hear from you. Contact [connections@ahncc.org](mailto:connections@ahncc.org).



## CE OPPORTUNITIES AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

LEARN MORE ABOUT VULNERABLE POPULATIONS

Once registered, all films in the series will be available.

Watch all six movies for \$50!  
9 Contact Hours

The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by TouchPoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Enjoy each film at your convenience.

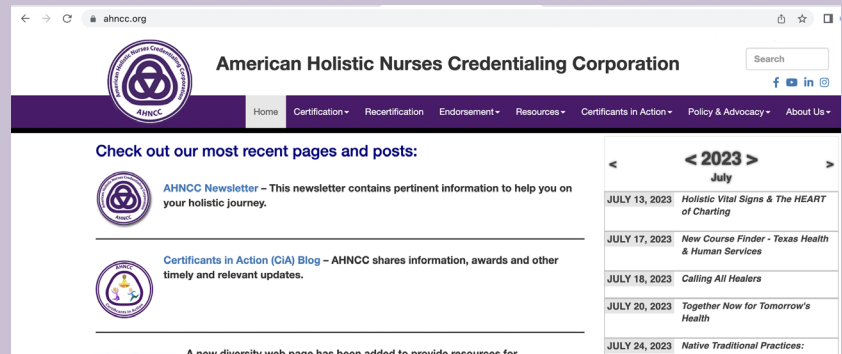
**REGISTER HERE**

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Looking for More CE Opportunities?



AHNCC's website and social media sites give you many options for CE's, continuing competencies and different events for certification and recertification. Check out our website for upcoming CE and holistic opportunities. Go to [AHNCC.org](https://www.ahncc.org).



Looking for more CE and continuing competencies for certification and recertification? Here are some places to look:

[Event Calendar](#)

[Professional Development and Continuing Competencies](#)

[Embracing Diversity Events](#)



*"Your time has come, now hasten little snowflakes. To vanish quite away;  
The spring-tide hours are sounding gentle warnings, forbidding you to stay."*  
M.E. Hathaway

**Please Help!**

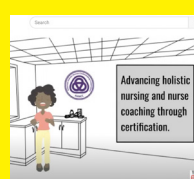


**SUBSCRIBE  
CLICK  
HERE**

### AHNCC has their own Youtube channel.

We need all of our Holistic Nurses and Nurse Coaches to subscribe to our channel. There are many benefits to having an active channel with a large number of subscribers. Please click on the link to the left; watch a video; and click on the **subscribe button** at the end of a video. We hope you are enjoying some of our Doodly videos. It's a fun cartoon with a message.

Use our handle - [youtube.com/@holisticRNCertified](https://youtube.com/@holisticRNCertified)



Check out some of our videos from AHNCC.

We welcome you to create your own video, one minute or so, about: Why you are HN or NC certified. Why it makes a difference to you and your practice. Send videos to [connections@ahncc.org](mailto:connections@ahncc.org).



# reminder

For contact information changes or any important information about your program-i.e. name change. Log in directly to make changes or contact [info@ahncc.org](mailto:info@ahncc.org).

## Certificant Responsibilities Reminder

All AHNCC certificant are reminded that you have certain responsibilities for maintaining your AHNCC certification. For information on Certificant Responsibilities, go to <https://www.ahncc.org/recertification/>.

To verify your current status, go to: <https://www.ahncc.org/certification/verification-of-active-certification/>.

If you have any questions, contact us at [info@ahncc.org](mailto:info@ahncc.org).

## IF YOU UNSUBSCRIBE....

If you unsubscribe from our emails, this is what will happen. If you are either active or inactive you will still get emails from us relevant to your certification, such as reminder notices for renewal. You will no longer receive information about AHNCC sponsored events, newsletters and other information that may be of interest to the majority of certificant. We try to limit what we send.



**NOTE: "We have ended Late and Inactive fees. You will now go to Inactive status for three years before expiration.**

**[See details](#)**



AHNCC would like to recognize the work you are doing and all you have accomplished with a new opportunity and service. An opportunity to blow your horn, highlight your achievements and successes, and promote your activities and businesses. Our intent is to serve you by featuring our AHNCC [Certificant in Action \(CIA\)](#).

Do you have an accomplishment or an amazing story you would like to share? Do you have an upcoming event that you need help publicizing? If so, we'd love it if you would send us your exciting news!

Items should be submitted to [info@ahncc.org](mailto:info@ahncc.org). Please submit them formatted as you would like them to appear.

**<https://www.ahncc.org>**

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