



American Holistic Nurses Credentialing Corporation

*Certification...the Path to Personal Growth
and Professional Recognition*

Welcome to the **American Holistic Nurses Credentialing Corporation (AHNCC)** Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahncc.org

For questions related to the AHNCC Application or Testing process, contact C-NET at: info@cnetnurse.com | C-NET - 800-463-0786



Dear Colleagues,

I hope you are all able to take time this summer to laugh, play, relax, and enjoy just being in the moment. It is hard to believe that summer has not only arrived but that we are already heading towards the end of July. May the rest of the summer provide you with opportunities to enjoy what Mother Nature has to offer, be that time on the sandy beach watching the waves and building sandcastles; easy walks through the forest with the sunlight dappling through branches; or enjoying a good book. You all work so hard and share so much of yourselves with others and need and deserve the time to refuel your spirit, mind, and body. Until we connect again, I wish you a day filled with love, laughter, joy, and lots of fun.

Warmest Wishes,

Margaret,
AHNCC CEO

*Enjoy your
Summer!*



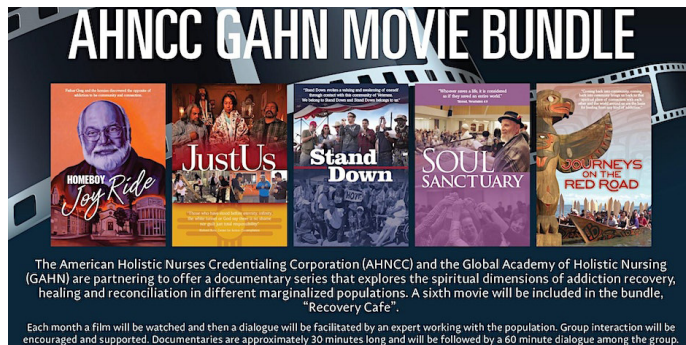
Clicker-Free-Vector-Images from Pixabay



Relations Among Reflexivity and Another's Worldview: A MRM Perspective

Helen Erickson will share her perspectives on what it means to model the world of another, importance of caring-healing processes co-created based on the individual's worldview, inherent need for affiliated-individuation, and ability to mobilize resources at the moment in time.

A brief overview of the premises of the Modeling and Role-Modeling theory and the paradigm will be introduced as a way of thinking about some of the issues raised in the recent series of movies, Called From Darkness, co-sponsored by the American Holistic Nurses Credentialing Corporation and the Global Academy of Holistic Nurses. Helen will explore the concepts of "Nurse as an instrument of healing" and "client as a spiritual being having a human experience" (Pierre Teilhard de Chardin, quoted in the movie, Recovery Café, TouchPoints Productions, Paul Steinbroner.)



Helen L. Erickson, PhD, RN, AHN-BC, FAAN, SGAHN, Professor Emeritus, The University of Texas at Austin. Helen has held faculty and administrative positions at The University of Michigan at Ann Arbor, University of South Carolina, and The University of Texas at Austin (UTA). She has also maintained a private practice; served as an international clinical and educational consultant; authored, co-authored books, chapters, and articles on theoretical Holistic Nursing; and developed and tested the holistic theory, Modeling and Role-modeling.

She has received numerous awards, including Teaching Awards, University of Michigan, and University of Texas; AHNA Holistic Nurse of the Year and Life-Time Achievement Award; Distinguished Alumni Award, The University of Michigan; Journal of Holistic Nursing Award for Excellence in Practice Writing; Living Legend Award, the University of Texas San Antonio, Health Science Center; and recipient of the University of Texas, Helen L. Erickson Endowed Lectureship on Holistic Healing.



Exciting News Coming August 22nd!

Our next Conversation Corner ***"Living in Rural New Mexico: Holistic Healing Praxis in the Two Worlds of Western and Traditional Medicine"***

Ana Malinalli X Gutiérrez Sisneros, Ph.D, MALAS, APRN, PMHCNS-BC, AHN-BC
Clinical Coordinator/Associate Professor/Nursing / Northern New Mexico College

To Register, contact: info@ahncc.org



Helen Erickson

"Relations Among Reflexivity and Another's Worldview: A MRM Perspective"

July 25, 2023

6pm Eastern

5pm Central

4pm Mountain

3pm Pacific

Moderator: Margaret Erickson

Speaker: Helen Erickson

To register, contact:

info@ahncc.org

Deadline to register:

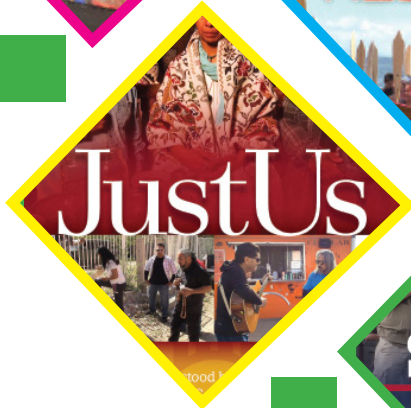
July 24, 2023

Registrants will receive a Zoom link the morning of the event.

AHNCC & GAHN, "CALLED FROM DARKNESS" FILM SERIES

JOURNEYS OF HEALING, RESTORATION, AND
RECONCILIATION: MARGINALIZED POPULATIONS
DEALING WITH ADDICTION RECOVERY.

Once you have registered, you will be
able to view all of the films in the series.



Watch
all six movies
for \$50! - 9
Contact
Hours

The American Holistic Nurses
Credentialing Corporation
(AHNCC) and the Global
Academy of Holistic Nursing
(GAHN) are partnering to offer
a documentary series, offered
by TouchPoint Productions
LLC, which explores the
spiritual dimensions of
addiction recovery, healing
and reconciliation in different
marginalized populations.

TESTIMONIALS

Donna C:
So inspiring,
informative
and a blessing
to us all.
Thank you
Paul for
bringing the
people and the
practices to us
tonight.

Santa C: A wonderful
and insightful and
thought-provoking film
and conversation. I believe
the belief that one has
and is raised with, being
a conqueror for example,
guides them to be strong,
and with a higher mission
for the greater good.

Rachel B: The
last question in the
film was powerful
- it shouldn't be
easier to find
opioid than a
job. Is addressing
poverty and
economic
opportunities
a big part of
treatment?

Teresa S: Music, singing, dance and art I've noticed are
common instruments used to build community and create an
atmosphere for trust and authenticity to emerge. it's accepted in
all situations of spirituality and religious communities

REGISTER HERE!

Watch each film and listen to the dialogue led by an expert facilitator to better understand the communities
highlighted. The movie and dialogue are 1.5 hours long and offer 1.5 CNEs for attendance.

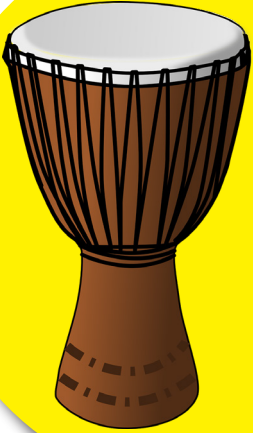
This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an
accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Mo W:
**ABSOLUTELY
FANTASTIC!!!**
Very touching! The film
featured many healers
demonstrating creative
ways of spiritual
healing.

A Special Gift to You!

Musical Mindfulness presented by AHNCC

AHNCC is offering a **FREE** opportunity to experience a drumming session and a singing bowls session. We are offering several virtual gatherings to accommodate your busy schedules.



Drumming Session 1 click here
September 27 - 8:00 p.m. EST

Drumming Session 2 click here
October 24 - 8:00 p.m. EST



Image by Antoni Shkraba Pixabay

Singing Bowls Session 1 click here
September 17 - 7:00 p.m. EST

Singing Bowls Session 2 click here
October 15 - 7:00 p.m. EST

**Join us
for these
FUN FREE
Events!**





AHNA 44th Annual Conference
Rochester, Minnesota
June 3 - 8, 2024

SEE YOU NEXT YEAR!

The Global Academy for Holistic Nursing (GAHN) launched March 2020 by a cohort of 7 life-time holistic nursing experts. The intent was to create a venue and culture where holistic nurses could come together to promote and advance the unique scholarship of Holistic Nursing. Their vision was to advance international healthcare focused on the principle of health and wellness, consistent with the recommendation of the National Institute of Medicine (2001), and inline with the definition of health supported by WHO. Nine Charter Members were invited to join GAHN's Founding Members in April 2020 to help establish the desired culture and prepare for the first applicants for membership.

Twenty-two leaders in the specialty of holistic nursing were joined as Honorary members and twelve were admitted as Distinguished Scholars in spring, 2021. Ten additional Distinguished Scholars joined in 2022 and eleven in 2023. GAHN currently reports 71 Scholars with many other interested in the vision, mission and purpose of the organization.



Global Academy of Holistic Nursing

The specific role of GAHN Scholars is to advance and disseminate Holistic Nursing Scholarship to the international community through Publications, Dialogues, Congresses, and other events that highlight or promote the unique praxes of Holistic Nursing.

GAHN has celebrated two years of Dialogues, co-sponsored with AHNCC a special series of movie-dialogue events that advance the significance of the discipline of holistic nursing, and is planning its first Congress for October 28, 2023.

This fall, GAHN is expanding opportunities for those who wish to support and promote the vision and mission of GAHN. GAHN

Associates who wish to share the vision of GAHN, by supporting and promoting the activities needed to actualize GAHNs Mission will be welcomed.

Further announcements will be made soon starting August 1st with a GAHN website announcement and handbook made available, including mock-up applications. Online applications will be available and accepted September 1-November 30, 2023 for GAHN Associates.

<https://gahnscholars.org/>

ED@gahnscholars.org





READY TO CERTIFY OR RECERTIFY?

Many of you stopped by at the AHNA Conference for information on how to certify or recertify as a Holistic Nurse or Nurse Coach. It was really nice to see all your excited faces. The best thing you can do is to open our website at ahncc.org and click on the drop down menu Certification or Recertification. Here is where you will find pertinent information on certification. There are handbooks, practice tests and testing links that you can use. If you need further information, we are always available to answer your questions at info@ahncc.org.

Looking for More CE Opportunities?

AHNCC's website and social media sites give you many options for CE's, continuing competencies and different events for certification and recertification. Check out our website for upcoming CE and holistic opportunities. Go to AHNCC.org.

< 2023 >	
July	
JULY 13, 2023	Holistic Vital Signs & The HEART of Charting
JULY 17, 2023	New Course Finder - Texas Health & Human Services
JULY 18, 2023	Calling All Healers
JULY 20, 2023	Together Now for Tomorrow's Health
JULY 24, 2023	Native Traditional Practices: Culture IS Treatment

Looking for more CE and continuing competencies for certification and recertification? Here are some places to look:

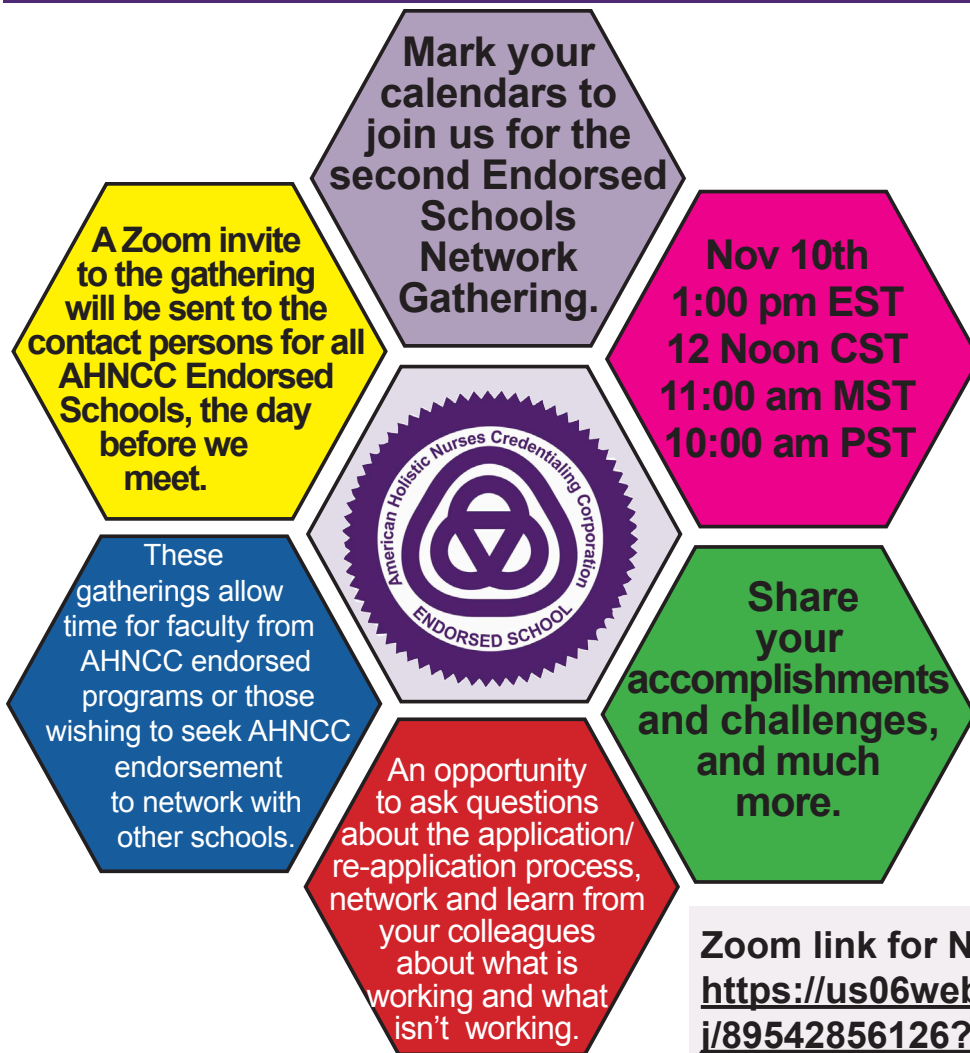
[Event Calendar](#)

[Professional Development and Continuing Competencies](#)

[Embracing Diversity Events](#)



Endorsed Schools Network Gathering



This call is open to all faculty who teach at AHNCC Endorsed Schools. They do not need to register in advance and will receive a reminder email the day before the call with the link attached. They are invited to bring questions, concerns, or networking ideas to the faculty gathering.

**The next gathering will be
November 10, 2023
1:00 pm EST**

Zoom link for Network Gathering

<https://us06web.zoom.us/j/89542856126?pwd=Y1orUjRUS2doUnN-veE9jcndQU3VMQT09>

Please Help!



**SUBSCRIBE
CLICK
HERE**

AHNCC has their own Youtube channel.

We need all of our Holistic Nurses and Nurse Coaches to subscribe to our channel. There are many benefits to having an active channel with a large number of subscribers. Please click on the link to the left; watch a video; and click on the **subscribe button** at the end of a video. We hope you are enjoying some of our Doodly videos. It's a fun cartoon with a message.

Use our handle - youtube.com/@holisticRNCertified



Check out some of our newest videos from the AHNA Conference.



We welcome you to create your own video, one minute or so, about: Why you got HN or NC certified. Why it makes a difference to you and your practice. Send videos to connections@ahncc.org.



Congratulations to our 2023 Nurse Coach Fellows

The Nurse Coaching Fellowship Program was launched in 2023 by the American Holistic Nurses Credentialing Corporation (AHNCC).

Our intent is to partner with other diverse nursing organizations to increase inclusivity and diversity among our certificants. The Nursing organizations partnering with AHNCC choose which of their members will receive the Fellowship.

Through these partnerships AHNCC is committed to uplift the contributions of nurse coaches from a wide range of backgrounds and identities, by sharing knowledge and skills, that honors diverse healing traditions and perspectives. We are focusing on strengthening and expanding the specialized role of nurse coaching by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all. This mission drives us to offer ourselves as facilitators of healing, while also committing to equity, diversity, inclusion, belonging, and social justice as unifying forces of equality.

In this two-year Fellowship, recipients are offered a packet that is valued at over \$2500.00 and includes the following:

- Mentorship from an AHNCC certified Nurse Coach for the duration of the application and testing period.
- Free tuition from a recognized Nurse Coach Educational program that covers both the required 60 contact hours and the 60 supervision hours.
- Practice test fee
- Examination Registration cost
- Re-sitting fee if needed
- A copy of the 2nd edition of the Art and Competencies of Nurse Coaching

For more information on our Holistic Nursing Fellowship Program contact info@ahncc.org



Dr. LaToya Freeman

Dr. LaToya Freeman is a change agent that has been transforming healthcare for the last 15 years. In her role as a CNS, she has worked with multidisciplinary teams to provide quality care to patients through a multitude of venues including the bedside, meetings, mentoring, teaching, public speaking, and evidence-based practice. She has worked to develop wellness initiatives including implementation of recharge rooms and wellness series supporting nursing staff within University of Michigan Health-Michigan Medicine. Dr. Freeman has presented both locally and nationally on a variety of quality improvement initiatives.



Rocio Sanchez

I am a clinical bedside nurse with seven years of experience; I currently divide my clinical practice between the Intensive Care Unit and Emergency Department settings. In addition to my clinical bedside practice, I serve as President of Advocate Health's Midwest Region Shared Governance. I enjoy volunteering my time in my local community through NAHN-IL and internationally through medical mission trips to El Salvador and Kenya. I am a soccer mom of Jiselle & Julian, my 12-year-old twins, and Jonathan, 14 years old.



Velma Glover

I have served as a Registered Nurse for 39 years in various settings. Presently, as a State Certified School Nurse in a High School, my passion is studying and instructing preventive health measures. Currently, leading a beginner yoga class with adults to promote well-being. In addition, I practice reflexology sessions and body scans which measure the frequency of cells and the scan gives advice on how to cultivate well-being.



Sasha A. Rarang

Sasha A. Rarang, PhD, MSN-Ed, CCM, RN, Dean of Nursing at Angeles College, Los Angeles, CA, a trans person, is an advance practice nurse with more than 20 years' experience in clinical nursing, nursing administration, and nursing education. She is pursuing certification as a psychiatric mental health nurse practitioner (PMHNP). She currently serves on the boards of the Philippine Nurses Association and the Philippine Nurses Association of Southern California. Recently, she chaired the Diversity, Equity, Inclusivity, Belongingness and Social Justice Task Force for the Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity report from the National Academy of Medicine.



Mirell Adame

My name is Mirell Adame. I am a Mexican immigrant and 1st generation university graduate in the US. I am currently enrolled in Family Nurse Practitioner program and hoping to become a Holistic Nurse Practitioner. My goal is to provide care to underserved communities by acknowledging, advocating and caring for their physical, emotional, cultural and spiritual needs.



National Institute
of Whole Health

Offer Nurses FREE ANCC Approved CE courses

Earn 4 CE contact hours with our Video course

Journey Through Menopause

[Click here for the video link](#)

This presentation was filmed during a nursing convention on the high seas - actually it was a river cruise! This hilarious and informative video focuses on the five element journey through menopause.

This is Dr. Georgianna Donadio at her funniest and most informative best. Nurses will especially enjoy the presentation.



Integrative Health and Lifestyle program (IHeLP)

An innovative, interprofessional, 6-month, mostly online, certificate program.

Get holistic board certified and maintain your practice while completing the 6-month online curriculum & a 4-day retreat in Tucson, AZ. The Integrative Health and Lifestyle program (IHeLP) covers a wide range of topics that support an Integrative approach to healthcare. Participants learn about spirituality and health, stress management, mindfulness, sleep/dream health, nutrition, physical activity, healing relationships, and motivational interviewing.

The program also covers phytonutrients, environmental health, mind-body modalities, aromatherapy, micronutrients, vitamins, minerals, common dietary supplements, botanicals, integrative mental health and smoking cessation. By exploring these areas, participants will gain a comprehensive understanding of integrative healthcare and be equipped with

the tools needed to provide effective patient care and stay knowledgeable about evidence-based healthcare practices.

As a graduate of IHeLP, you will earn a certificate of completion and have the opportunity to work with renowned practitioners in the field, gain valuable insight and knowledge, and join a strong international community of integrative healthcare alumni transforming global healthcare.

AHNCC recognizes the CE hours earned through AWCIM's Integrative Health & Lifestyle program (IHeLP) towards the CNE application or renewal criteria for the national AHNCC Certification in Holistic Nursing or Nurse Coaching examinations requirements.

[Click here for more information.](#)



Holistic Nursing Certification - American Holistic Nurses Credentialing Corporation (AHNCC) - AHNCC recognizes the CE hours earned through AWCIM's Integrative Health & Lifestyle program (IHeLP) towards the CNE application criteria for the national AHNCC Certification Holistic Nursing examinations. All AHNCC examinations are nationally accredited and ANCC Magnet recognized. To get credit for these CNEs, please apply within 2 years of completion of the IHeLP program. Learn more about the different certification options available through [AHNCC](#).



KIN Sound Therapy - The First Evidence-Based Sound program rooted in music theory psychology which utilizes the Voice, the Drums, and Crystal Singing Bowls for clinical sound interventions.

WELLNESS EDUCATION IS HEALING - At KIN Unified Healing our priority is to empower whole communities, families and individuals to take an active role in their own well being through holistic and humanistic education. We believe that wellness education is healing, and should be accessible as well as integrative. We strive to achieve this through creative engagement and

evidence based experiential learning.

We recognize that the future of a better society involves the whole person, not just the physical body. Therefore we focus our mission on holistic approaches that take into account the emotional, spiritual and mental aspects of wellness.

[Click here for more information on KIN Sound Therapy Certification.](#)

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. AHNA APPROVAL #1741



reminder

For contact information changes or any important information about your program-i.e. name change. Log in directly to make changes or contact info@ahncc.org.

Certificant Responsibilities Reminder

All AHNCC certificant are reminded that you have certain responsibilities for maintaining your AHNCC certification. For information on Certificant Responsibilities, go to <https://www.ahncc.org/recertification/>.

To verify your current status, go to: <https://www.ahncc.org/certification/verification-of-active-certification/>.

If you have any questions, contact us at info@ahncc.org.

IF YOU UNSUBSCRIBE....

If you unsubscribe from our emails, this is what will happen. If you are either active or inactive you will still get emails from us relevant to your certification, such as reminder notices for renewal. You will no longer receive information about AHNCC sponsored events, newsletters and other information that may be of interest to the majority of certificant. We try to limit what we send.



NOTE: "We have ended Late and Inactive fees. You will now go to Inactive status for three years before expiration.

[See details](#)



AHNCC would like to recognize the work you are doing and all you have accomplished with a new opportunity and service. An opportunity to blow your horn, highlight your achievements and successes, and promote your activities and businesses. Our intent is to serve you by featuring our AHNCC [Certificant in Action \(CIA\)](#).

Do you have an accomplishment or an amazing story you would like to share? Do you have an upcoming event that you need help publicizing? If so, we'd love it if you would send us your exciting news!

Items should be submitted to info@ahncc.org. Please submit them formatted as you would like them to appear.

<https://www.ahncc.org>

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