



American Holistic Nurses Credentialing Corporation

*Certification...the Path to Personal Growth
and Professional Recognition*

Welcome to the [American Holistic Nurses Credentialing Corporation \(AHNCC\)](#) Newsletter. We are happy you are part of our holistic nursing and nurse coaching community. Here you will find pertinent information we hope you find relevant to your professional growth. We will do everything we can to help and support you in your holistic journey. This newsletter will help you make new connections, discover CE opportunities, locate special events and find other great information.

CONNECT WITH AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahncc.org

For questions related to the AHNCC Application or Testing process, contact C-NET at: info@cnetnurse.com | C-NET - 800-463-0786



Correctional Nursing. Is it Public Health Nursing in an institution?

This conversation corner will discuss how we provide services and the challenges to providing services in this environment.

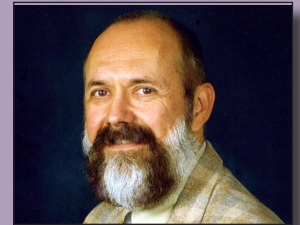
Jim began his career as a Peace Corps volunteer in Ethiopia, fresh out of college, with a degree in Life Sciences. Upon returning to the United States, he entered the Nursing School his mother had attended. He worked as a Head Nurse at the Philadelphia VA, then was hired by the State of Delaware to coordinate AIDS/HIV activities. He spent the next 20 years as the AIDS Coordinator working to improve prevention, care and treatment for persons with HIV infection. He then was tapped to create a Healthcare Bureau within the Department of Correction to improve the mental and physical health for those incarcerated. During his time at the State, Jim worked to incorporate mindfulness, healthy diet, exercise and wellness in those he advocated for. He began his Holistic Nursing journey with Seeds and Bridges in February of 1997 completing work for his Holistic Certification in 1999, when he received his Holistic Nurse Certification from AHNCC. Currently, he also is a Court Appointed Monitor for Jails with emphasis on improving the physical and mental health of those incarcerated in jails and prisons.

The mission of Public Health is to improve the health of the community, especially for those that are underserved or have obstacles in accessing services. Care for

those who are incarcerated are included in the work of this mission. People held in correctional institutions often have higher levels of chronic illness, as well as substance and mental health challenges.

Moreover, people in the correctional system tend to be disproportionately from underserved and disenfranchised communities.

This conversation corner will discuss how we provide services and the challenges to providing services in this environment.



James Welch

February 21, 2023

6pm Eastern
5pm Central
4pm Mountain
3pm Pacific

*“Correctional Nursing. Is it
Public Health Nursing in an
institution?”*

Moderator: Margaret Erickson

Speaker: James Welch

To register, contact:
info@ahncc.org

Deadline to register:
February 21, 2023 before start

**Registrants will receive a
Zoom link the morning of the
event.**

Called from Darkness

A 6 Part Film Series brought to you by AHNCC, GAHN and TouchPoint Productions LLC

Sessions will be recorded for later viewing. Contact Hours will be available both live and recorded.

homelessness
addiction
gangs
TRAUMA

MENTAL ILLNESS
isolation

Comments From Nurses who Attended JustUs
and Participated in the Facilitated Dialogue:

"This was so fabulous and so refreshing for health care providers at all stages of their career. I am so grateful for all of you and your incredible mission in this moment to bring this to Light!!" Buddy R

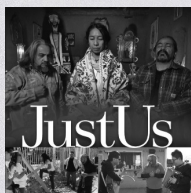
Consider gifting
this opportunity
to colleagues or
friends who go the
extra mile or may
be interested as
a way of saying
Thank You for all
you do!

"So inspired and feeling a sense of unity and connection. The decision I made a few decades ago to be a holistic nurse was the best decision I have made in my life. This helped define my purpose and continues to motivate me toward lifelong learning and my vocational calling of being a nurse." Donna C.

How do we solve these community problems?

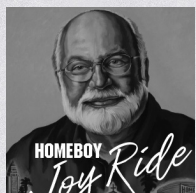
The American Holistic Nurses Credentialing Corporation (AHNCC) and the Global Academy of Holistic Nursing (GAHN) are partnering to offer a documentary series, offered by Touchpoint Productions LLC, which explores the spiritual dimensions of addiction recovery, healing and reconciliation in different marginalized populations.

Each month a film will be watched (1.5 Contact Hours per film) and then a dialogue will be facilitated by an expert working with the population. Group interaction will be encouraged and supported. Documentaries are approximately 30 minutes long and will be followed by a 60 minute dialogue among the group.



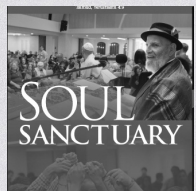
Movie 1 - JustUs January 31, 2023

A documentary about the existential struggle of the Mestizo culture of Northern New Mexico.



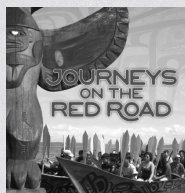
Movie 2 - Home Boy Joyride February 28, 2023

A documentary about a youth-based gang-intervention and rehabilitation program founded in Boyle Heights, Los Angeles.



Movie 3 - Soul Sanctuary March 28, 2023

A Jewish treatment center that approaches addiction as a spiritual malady.



Movie 4 - Journeys on the Red Road - April 25, 2023

Substance abuse disorders in the Salish Tribes of the Pacific Northwest.



Movie 5 - Stand Down May 30, 2023

Homeless veterans looking for a way to break through their isolation brought on by trauma, substance use disorders, or mental health problems.



Movie 6 - Recovery Cafe June 27, 2023

A community where members who are in recovery or have mental health issues have a safe place to be and grow.

Each movie begins at 7:00 p.m. EST. For more information contact info@ahncc.org.

Limited Space Available! [CLICK HERE TO REGISTER!](#)
1.5 Contact Hours per movie. 9 Contact Hours for all 6 movies.

Image by Mathias Reding by Pexels.com

HOLISTIC NURSING FELLOWSHIP PROGRAM



The Holistic Nursing Fellowship Program was launched in 2022 through a collaborative effort between the American Holistic Nurses Credentialing Corporation (AHNCC) and the American Holistic Nurses Association (AHNA). Through this alliance, AHNCC and AHNA are partnering with other nursing organizations to increase inclusivity and diversity among our certificants and membership. We are committed to uplift the contributions of holistic nurses from a wide range of backgrounds and identities, through knowledge sharing, that honors diverse healing traditions and perspectives. We serve to strengthen the holistic nurse specialty by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all. This mission drives us to offer ourselves as instruments of healing, while also committing to equity, diversity, inclusion, belonging, and social justice as unifying forces of equality.

In this two-year Fellowship, recipients are offered a packet that is valued at over \$1400.00 and includes the following:

- Mentorship from an AHNCC certificant for the duration of the application and testing period.
- Application fee for certification
- Practice test fee
- Examination Registration cost
- Re-sitting fee if needed
- Free AHNA Foundations of Holistic Nursing (FOHN) Self-Study Course
- ANA/AHNA Holistic Nursing Scope and Standards 3rd Edition Book
- \$100 Gift Certificate for the AHNA Shop (Continuing Education or SWAG purchases)

At the beginning of the Fellowship, fellows are provided with a board-certified holistic nurse mentor who will facilitate them in preparing for the national Holistic Nursing certification examination and help them navigate through the application process.

The Fellow will have 2 years to complete the Fellowship program and take the certification examination. A certificate will be provided to participants upon completion of the Fellowship program. Upon completion, participants can also include the Fellowship completion in their CVs.

We are excited to welcome Carolyn Cros, a member of the National Association of Hispanic Nurses, and Sharlene Chisholm, a member of the National Black Nurses Association, as our first 2022 Holistic Nursing Fellows.



My name is Carolyn Cros. I have been a nurse since 2018 when I passed my NCLEX. In 2020 I started working in Oncology. I currently have my BSN and am currently pursuing my BSN-DNP at the University of Alabama. This program is a double major in Family and Psychiatric Nurse Practitioner. I obtained this fellowship through the joint venture with NAHN (National Association of Hispanic Nurses). I am so grateful for the opportunity to grow and learn more about incorporating a more holistic approach to my nursing practice.



Sharlene Chisolm is a Family Nurse Practitioner and Intensive Care Registered Nurse, proudly serving with the Greater New York City Chapter of the Black Nurses Association. Working on the Covid-19 front lines emphasized her passion for helping people optimize their lives using lifestyle and plant medicine. To further her studies she is studying functional medicine, cannabis medicine, and now pursuing board certification from the American Holistic Nurses Credentialing Corporation. She looks forward to serving the NYC communities in primary care and holistic nursing.

Each year, the AHNCC Equality, Equity, Diversity, Inclusion, and Social Justice (EEDISJ) Committee looks at a list of identified nursing organizations that are focused on diverse nursing populations. They select and invite the next two organizations to participate.

The invited organizations then select the fellow from their membership.

The first two approached in 2022 were the National Black Nurses Association (NBNA) and National Association of Hispanic Nurses (NAHN).

For more information on our Holistic Nursing Fellowship Program contact info@ahncc.org.

AHNCC Board of Directors



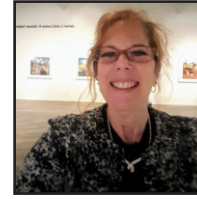
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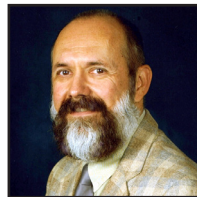
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Director at Large



Margaret Erickson
CEO

Thank you to Rose Hosler and David Rabinowitsch for sharing your knowledge and gifts with the Board of AHNCC. You were instrumental to our growth as board members, as an organization and we appreciate your efforts in promoting AHNCC's mission during your years of service.



Endorsed Schools Network Gathering

Mark your calendars to join us for the second Endorsed Schools Network Gathering.

An opportunity to ask questions about the application/re-application process, network and learn from your colleagues about what is working and what isn't working.

These gatherings allow time for faculty from AHNCC endorsed programs or those wishing to seek AHNCC endorsement to network with other schools.

Share your accomplishments and challenges, and much more.

A Zoom invite to the gathering will be sent to the contact persons for all AHNCC Endorsed Schools, the day before we meet.

Friday
March 3, 2023
1:00 pm EST
12:00 pm CST
11:00 am MST



Image by Gerd Altmann from Pixabay

This call is open to all faculty who teach at AHNCC Endorsed Schools. They do not need to register in advance and will receive a reminder email the day before the call with the link attached. They are invited to bring questions, concerns, or networking ideas to the faculty gathering.





One Hospital and Community's Rock Garden of Hope

In March 2020, Mount Sinai Queens, like many other hospitals, was overrun with patients with COVID-19. Despite layers of PPE, plus anxiety, exhaustion, and communication overload, the will to not only survive but thrive sustained the breath behind every mask. Heroes of all types were saving and soothing lives, and still are.

Outside the big front door of our hospital is a bustling ED ramp. To the left were two 18-wheel refrigeration trucks, the sight of which could take your breath away. To the far right were two 30-foot inflatable enclosed tents propped up to help the ED off-load abundant overcrowding inside. These were constant reminders that we were living through a once-in-100-year-pandemic.

An ER nurse's creative response to a grim time.

The health care workers at the hospital weren't the only ones subjected to these grim sights; so were our Astoria neighbors, who lived on the same block facing the ED ramp. We've always prided ourselves on the collaborative work we do for and with this community, including health fairs, screenings, and partnering with them on community boards. So one of us, an ED nurse named Fionnuala Quigley (Nuala), decided to do something about it.

Nuala is a skilled and passionate ED nurse with more than 14 years of experience. She is also a neighbor—her home is very near our hospital. In October 2020, Nuala knew the struggle and pain of the staff and surrounding hospital neighbors from the cumulative weight of the successive waves of COVID-19. The freezer trucks and tents and the volume of patients in need were overwhelming.

Nuala wanted to create something in that space that was more peaceful to look at. Along with some volunteers from a local church, she cleared out an overgrown tree pit near the ED ramp and built a rock garden. She asked a friend to bring river rocks from her house upstate. She bought paints and paintbrushes and laid them out on the ED break room table for staff during their meal break to invite them to take part in an arts and crafts activity.

A place to just breathe.

The staff took to the rock painting and the #emergencyrocks hashtag was born on Instagram. Rocks of all sizes, shapes, colors, and messages of motivation were created in our break room, shellacked to protect them from the weather, and placed in the rock garden. Instagram lit up with support from around the community and hospital staff. The garden became a place to drop your painted rock, drop your mask, drop your guard, and just breathe.

Two years later, in October 2022, we held a grand reopening of what is now called the "Rock Garden of Hope" to celebrate our staff and neighbors who transformed rocks into colorful art to help heal our community and ourselves. The garden is a homegrown memorial that pays tribute to all health care workers who cared for those who had COVID-19. The rocks now have a forever home, minus the long-gone freezer truck and pop-up tents.

Nuala wrote on her first @emergencyrocks Instagram post: "If you build it, they will paint. Health Care Hero Workers, painting one smile at a time. Be the reason someone smiles today!" We at Mount Sinai Queens could not agree with her more.

By Jill Goldstein, MA, MS RN, VP nursing support services and deputy chief nursing officer, Mt. Sinai Queens; Fionnuala Quigley, BSN, RN, CEN, CPEN, clinical nurse, emergency department, Mt. Sinai Queens; Ana M. Rodriguez, LCSW, director community affairs, patient relations and volunteer services, Mt. Sinai Queens.



AJN

Off the Charts
blog of the *American Journal of Nursing*

AHNA's 43rd Annual Conference

Orlando, Florida June 6 - 11, 2023

Connect
with 500+
Holistic
Nurses

The AHNA Annual Conference is a gathering of approximately 500+ holistic nursing professionals from across the country, with growing international attendance from Canada, Japan, China, and Jamaica. This annual event is one of the largest and most valuable conferences dedicated to bringing together nurses who share a passion for holistic healing.

You will have 30 open hours to directly target and network with our highly specialized group of nurses. Refreshment breaks, exhibit hall games, and an opening reception are all planned within the exhibit space.

The AHNA Annual Conference offers 6 days of top-notch continuing professional development, leading keynote speakers, networking with fellow holistic nurses, an exhibit hall filled with vendors offering the latest products and services to complement your daily practice, and time to nurture yourself and your connection to holism in an environment primed with energy and the support of fellow healers.

[REGISTER HERE](#)



Become a Holistic Nurse in Any Practice Setting or Refresh Your Skills to Meet Your CE Requirements for Holistic Nursing Certification or Recertification and Take a Pivotal Role in a New Healthcare Paradigm.

Rediscover the Heart and Art of Nursing

Midwest IHAP: Session 1 - 5/18/2023 - 5/21/2023

The demand for healing arts skills in holistic nursing has never been higher because the public is increasingly seeking healing that honors the whole being, including the body, mind, emotion and spirit.

The Integrative Healing Arts Program in Holistic Nursing (IHAP) is a unique continuing nursing education (CNE) program in a relaxing retreat setting.

Healing arts are interventions that: Foster the healing process | Facilitate deeper levels of self-understanding and wholeness | Honor the body, mind, emotions, and spirit | Healing does not equate to curing, although they can be synchronous.

[For more information click here!](#)



United South and Eastern Tribes, Inc. would like to invite you and your staff to attend the Reclaiming Native Psychological Brilliance: Wise Practices, a Tribal Behavioral Health ECHO session titled, Native Trauma and Healing: Releasing the Trauma Our Bodies Hold, on February, 28, 2023. Native Psychological Brilliance refers to the intelligence, strengths, balance, innate resources, and resilience of Native people. This

no-cost telehealth series will be held throughout 2023 on the fourth Tuesday of every month at 11:00 am Pacific/12:00 pm Mountain/1:00 pm Central/2:00 pm Eastern. Each session will be one hour in length that will provide an opportunity for participants to:

- Increase knowledge of innate intelligence and resilience of Native people which can assist in trauma recovery
- Increase understanding of how trauma can change brain functioning, contributing to hyper alert status and emotional dysregulation
- Learn ways to expand trauma response beyond conventional treatment of PTSD symptom reduction and psychotropic drug prescription
- Gain knowledge of how Native traditions (dance, movement, etc.) can assist with trauma recovery, self-regulation, cultural-self empowerment, and whole-person treatment

In addition, the concept of Native psychological brilliance will continue to be highlighted through Native music videos and Native spoken word performances as part of each session of the Reclaiming Native Psychological Brilliance series, five minutes prior to and at the conclusion of each session.

Who should attend? Tribal Nation health directors, clinic staff, counselors, social workers, physicians, nurses, Tribal Epidemiology Center staff, and anyone supporting Tribal Nation citizens through the health/behavioral health sector are welcome to join. [Register in advance for the session.](#) You ONLY have to register ONCE for the series. This activity is approved for 1.0 hours from the National Board of Certified Counselors.

Date	Recording Link	Presenter(s)	Powerpoint Presentation
January 25, 2022	Introduction to Reclaiming Native Psychological Brilliance series	Holly Echo-Hawk, MSc	Download Presentation
February 22, 2022	Nurturing psychological brilliance and resilience in Native youth	Zoe Harris Johnny Buck	Download Presentation
March 22, 2022	Impact of western world view on Indigenous behavioral health supports	Jeff King, PhD	Download Presentation
April 26, 2022	Native help-declining and help-seeking	Art Martinez, PhD Mike Duncan	Download Presentation
May 24, 2022	Native trauma layers and post-traumatic growth	Delores Subia Bigfoot, PhD Susan Schmidt, PhD	Download Presentation
June 28, 2022	Sacred Trust: Assessment and diagnosis through indigenous lens	Danica Brown, PhD Jeff King, PhD	Download Presentation
July 26, 2022	Substance use and hungry ghosts	Don Coyhis	Download Presentation
August 23, 2022	Role of indigenous healing practices in Native life re-balance	Kateri Coyhis, MPA	Download Presentation
September 27, 2022	Inspiring native life transformation plans	Rochelle Williams, MS	Download Presentation
October 25, 2022	Reframing native mental health	Joseph B. Gone, PhD	Download Presentation
November 22, 2022 (final session 2022 series)	Revisiting our journey through the land of native brilliance: Planning for the 2023 series	Holly Echo-Hawk, MSc	Download Presentation
2023 Series	Topics		Presentation Links
January 24, 2023	Native Traditional Practices: Culture IS Treatment		Download Presentation
February 28, 2023	Native Trauma and Healing: Releasing the Trauma Our Body Holds		
March 28, 2023	Native Trauma and Healing: Releasing the Trauma (Part Two)		

Please Help!



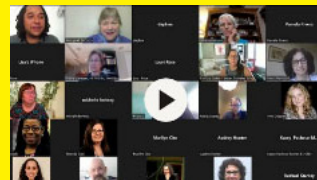
SUBSCRIBE
**CLICK
HERE**

AHNCC has their own Youtube channel.

We need all of our Holistic Nurses and Nurse Coaches to subscribe to our channel. There are many benefits to having an active channel with a large number of subscribers. Please click on the link to the left; watch a video; and click on the **subscribe button** at the end of a video. We hope you are enjoying some of our Doodly videos. It's a fun cartoon with a message.

Check out some of our newest videos on our youtube channel below:

Use our handle - youtube.com/@holisticRncertified



We welcome you to create your own video one minute or so about: Why you got HN or NC certified. Why it makes a difference to you and your practice. Send videos to connections@ahncc.org.

Our Certificants are the Heart of AHNCC.

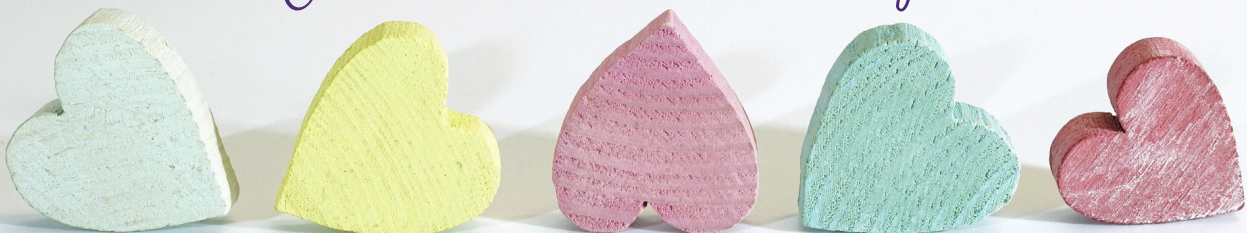


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February 2023 Nurse Networking Call Schedule

February NNC Topic: How do diversity, equity, and inclusion practitioners in academic nursing aid in the goal of achieving health equity?

**Call #1 Tuesday, February 14, 2023 09:00 PM EST
(8:00 PM CST, 7:00 PM MST, 6:00 PM PST)**

**Call #2 Wednesday, February 15, 2023 12:00 PM EST
(11:00 AM CST, 10:00 AM MST, 9:00 AM PST)**



[Register Here!](#)

Nurse Networking Calls are approved for 1 Contact Hour.

AHNA members may attend free. Space is limited to 15 participants.

Expected Outcome: Learners will be able to identify one area of their nursing practice that might benefit from applying something they learned or realized either during the call or from reading the call's article.



This nursing continuing professional development activity was provided by the American Holistic Nurses Association (AHNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing. Provider #10442

reminder

For contact information changes or any important information about your program-i.e. name change. Log in directly to make changes or contact info@ahncc.org.

Certificant Responsibilities Reminder

All AHNCC certificant are reminded that you have certain responsibilities for maintaining your AHNCC certification. For information on Certificant Responsibilities, go to <https://www.ahncc.org/recertification/>.

To verify your current status, go to: <https://www.ahncc.org/certification/verification-of-active-certification/>.

If you have any questions, contact us at info@ahncc.org.

IF YOU UNSUBSCRIBE....

If you unsubscribe from our emails, this is what will happen. If you are either active or inactive you will still get emails from us relevant to your certification, such as reminder notices for renewal. You will no longer receive information about AHNCC sponsored events, newsletters and other information that may be of interest to the majority of certifiants. We try to limit what we send.



NOTE: We are ending the late and inactive fees and you will now go to inactive status versus expired.



AHNCC would like to recognize the work you are doing and all you have accomplished with a new opportunity and service. An opportunity to blow your horn, highlight your achievements and successes, and promote your activities and businesses. Our intent is to serve you by featuring our AHNCC certifiants in action.

Do you have an accomplishment or an amazing story you would like to share? Do you have an upcoming event that you need help publicizing? If so, we'd love it if you would send us your exciting news!

Items should be submitted to info@ahncc.org. Please submit them formatted as you would like them to appear.

<https://www.ahncc.org>

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