



AHNA Monthly Webinar CNE Opportunity

Trauma Informed Care: What Is It, and Why Does it Matter?

Join

Donna Pink, DNP, PMHRN-BC, CARN

Wednesday, September 21, 2022

1pm EDT

1.0 Contact Hour

60 Minutes

Member Price: \$8

Non-Member Price: \$10

This webinar will be recorded and e-mailed to all registered participants for future access.

About this Webinar - Recent events such as COVID-19 or the war in Ukraine increased awareness of mental health issues impacting a broad section of the population via psychological trauma. Trauma is not limited to psychiatric patients. It affects patients in multiple care settings through physical and mental health presentations, shortening lifespans by up to 20 years. Trauma is a public health issue crossing all socioeconomic groups and is tied to social determinants of health. The World Health Organization reports that 70% of those surveyed experienced lifetime

trauma. In the United States, 15-17% of adults have experienced at least four Adverse Childhood Experiences. Trauma-informed care (TIC) is an evidence-based approach to care within the scope of nursing practice that improves patient outcomes. Nurses in all care settings need TIC in daily practice to improve the health and lives of those seeking care. This presentation will provide an overview of psychological trauma, the impact trauma has on the clinical presentation, and TIC practices that nurses can implement.

Learner Outcomes - At the conclusion of this activity, learners will be able to:

Verbalize the relationship between trauma and medical problems
Identify at least three interventions of trauma-informed care (TIC)

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About Donna Pink

Donna Pink, DNP, PMHRN-BC, CARN, is a member of AHNA and several other organizations, including Sigma Theta Tau. Her doctoral work focused on trauma-informed care (TIC) in the acute care setting. She currently lives in New Jersey but grew up in Minnesota, where her love of nature was instilled. She is board-certified in mental health and addiction nursing. Donna believes holistic nursing is the foundation for all her work and has studied Reiki and healing touch and hopes to become certified one day. Her previous role was as a nurse educator for a city hospital system in NYC. She is currently exploring her options and next steps in her career. She has two cats and would adopt every stray if she were allowed.

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