

I'm writing to let you know about our new online master's program from Northwestern Health Sciences University that deeply aligns with your work as Holistic Nurses and Nurse Coaches: the [Master of Health Sciences in Integrative Care](#).

Northwestern Health Sciences University has a long history in holistic healthcare, and we believe the future of healthcare is integrative and patient-centered. The Master of Health Science in Integrative Care prepares practitioners, administrators, and health coaches to be collaborative leaders in the future. In this flexible, online program, you'll gain the knowledge and skills you need to transform healthcare and make a difference in the lives of patients.

The curriculum of this program is designed for people like you, who are already doing important work in healthcare and want to learn skills and tools that you can apply right away. The coursework builds on your background and prepares you to be a collaborative leader in the future of healthcare. All classes are offered fully online. You can graduate in just one year or go at your own pace with a customizable schedule that works for you.

Beyond the core classes, you can specialize in one of three relevant areas:

- **Trauma Informed Integrative Care:** With a focus on better understanding the inextricable link between the mind and body, this specialization seeks to support people in healing from trauma and restoring wellness. Learn ways to provide multifaceted care that recognizes the relationship between trauma and pain, and how awareness of your own unconscious behaviors can make you a better provider.
- **Integrative Health Coaching:** Enter or advance in the growing health coaching field to inspire whole person well-being in individuals and communities through functional and integrative health practices. With an Approved Health and Wellness Coach Training and Education Program by the National Board of Health and Wellness Coaching (NBHWC) and an opportunity to earn the (NBC-HWC) certified health coach credential, you can build a career helping others live healthier, active lives.
- **Integrative Healthcare Administration:** Deepen your knowledge of the complexities of the healthcare industry to transform it from within and design systems that are collaborative, financially viable, and equitable. Learn how to communicate your ideas, gain support from within your organization, and build systems that center patients and improve outcomes. Apply your skills to reimagine technology, financial models, and healthcare delivery to be a leader that advances healthcare for individuals and their communities.

I'm excited about the community this program will create, and about the change our graduates will create. I hope you are as well. If you have any questions please feel free to reach out to me.

Warmly,

Charlie Noel, LCSW, NBC-HWC
Executive Director
Institute for Integrative Care at NWHSU