



American Holistic Nurses Credentialing Corporation

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AHNCC CONTINUING COMPETENCY DOCUMENTATION FORM

Alternative Options for Meeting Continuing Competency Requirements

Contact Hour Requirements:

The continuing competency criterion for renewal of your AHNCC certification is the equivalent of 100 contact hours in your specialty (i.e., holistic nursing or nurse coaching) and related disciplines. Contact hours must have been acquired from the date of your last certification to the date for renewal and submission of your recertification application. Continuing competency means that you have completed learning experiences that result in updating and expanding your knowledge and skills in your specialty. Therefore, credit is given for appropriate alternative and equivalent activities. Specific information follows:

- At least 20% of contact hours must directly address holistic, integrative nursing, theories, theorists or major concepts such as spirituality, intention, holistic self-care, sacred space or presence that are relevant to your practice.
- The remaining contact hours can be related to holistic, integrative modalities, methods of practice, and studies that facilitate self-care, growth, and transformation within a holistic context. Medical focused courses will not be accepted unless you can explain how they relate to your practice. Courses that are considered basic nursing preparation and courses for lay people are not accepted.
- In order to use these for Continuing Competency credit, if it does not require registration and provide a certificate of completion, you must document the date, time spent, and a short summary.

See the Recertification Application or <https://www.ahncc.org/resources/professional-development-activities/> for other Alternative Options.

Keep this document for you next AHNCC recertification in case you are randomly audited.

Your Name: _____

Date: _____ Hours spent: _____

Title of event: _____

Two or more things you learned that you can use in your profession:

Additional Comments:
