



Endorsed School Newsletter

Volume 5 Issue 1 - April 2022

H = Health
O = Opportunity
L = Leaders
I = Integrate
S = Scholarly
T = Together
I = Impact
C = Community



From the CEO Margaret Erickson,

Soon you will receive electronic letters that are inviting your graduates to apply for AHNCC national certification. Please send them on to your graduates so they can take advantage of being from an AHNCC endorsed program. Please note, if you have undergraduate and graduate programs that are endorsed please make sure your students get the correct letter.

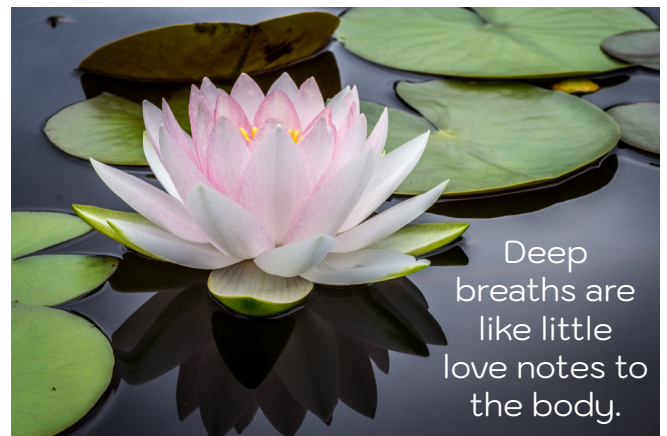
We hope you have some time to renew and relax in the coming months. Wishing you all a wonderful summer.

With respect, appreciation, and gratitude for all you do,
Margaret

Our intent for the AHNCC Endorsed Programs newsletter is twofold, first to provide you with important information and announcements from AHNCC and to build bridges and connections between our colleagues and institutions, supporting each other, while facilitating Holistic Nursing education. For future newsletters we welcome submissions in the following areas:

From faculty members who can share stories about what is working in their programs;
Important institutional announcements about changes, awards, etc;
From students who want to share thoughts, memorable cases, experiences etc.
Words of wisdom.

We expect that our newsletter will evolve as time passes. Any feedback is welcome.



Picture courtesy of Jay Castor

AHNA 42nd Annual Conference
ALBUQUERQUE, NEW MEXICO
JUNE 6 - 11, 2022



<https://www.ahna.org/Events>

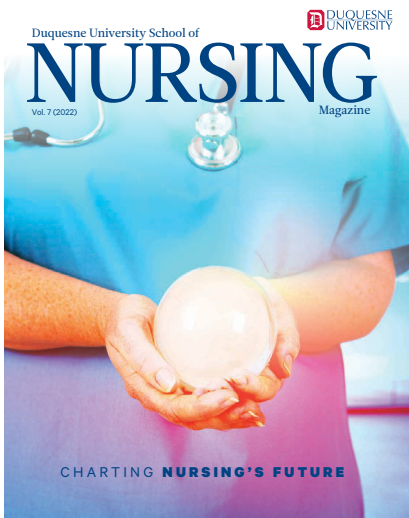
Welcome to our newest AHNCC Endorsed Schools!

The BSN and Accelerated BSN programs at Augustana University's nursing program within its School of Health Professions is officially endorsed as a Holistic Nursing Program by the American Holistic Nurses Credentialing Corporation (AHNCC) — the only college in South Dakota and one of only 17 schools in the nation to earn this accreditation.



"A holistic approach to nursing means providing support that looks at the whole person, not just their illness or condition — taking into consideration a person's physical, emotional, social and spiritual well-being." Dr. Ranae Aukerman '81

"Holistic nursing does invite us to be open to using multiple integrative health modalities, but it starts first and foremost with relationships. That really is what helps with the healing aspect of getting well. And, it's not just what you do for the patient, but it's how we are present with the patient." Dr. Vicky Larson



GREATER THAN THE SUM OF ITS PARTS: DUQUESNE CREATES A HOLISTIC EDUCATIONAL EXPERIENCE

THE FRANTIC PACE OF THE 21ST CENTURY HAS MANY THINKING THE FUTURE OF HEALTH CARE LIES SOLELY IN EMERGING MEDICAL TECHNOLOGIES, BUT SOMETIMES THE BEST WAY TO PUSH A SOCIETY FORWARD IS TO LOOK AT ITS PAST.

Duquesne University School of Nursing is featuring Holistic Nursing in its yearly School of Nursing magazine. The magazine is distributed to students, families, faculty, and alumni, and is used by the Office of Recruitment at regional, national, and international conferences and recruitment events.

Duquesne's undergraduate nursing programs earned endorsement by the American Holistic Nurses Credentialing Corporation (AHNCC) in 2018, and received the AHNCC's Excellence in Holistic Nursing Education Award in 2019.

The article features Margaret Erickson, CEO of AHNCC; Mary Ellen Glasgow, Duquesne University School of Nursing Dean and Professor; Cindy Walters, AHN-BC, Clinical Associate Adjunct Professor at Duquesne University; Duquesne Nursing Alumni Lauren Schuster, RN, a 2018 BSN graduate who earned a Holistic Nurse Baccalaureate Board Certification (HNB-BC) in 2020; and Duquesne senior nursing student Emma Vicari.

Topics discussed in the article include holistic nursing history and philosophy, importance of nursing self-care/self-reflection, the endorsement process, and an overview of the program's newest Holistic Nursing elective, Foundations of Holistic Nursing Practice. [Click here for the full article.](#)



Get Certified to be a Holistic Nurse or a Nurse Coach

ahncc.org

Seeking Faculty Members for Review Panel - Journal of Holistic Nursing

I am seeking individuals to join the review panel for the Journal of Holistic Nursing. If you have these qualifications, I would love to have you join us:

1. Doctoral preparation in nursing or a related field
2. Interest and expertise in holistic nursing
3. History of publishing in peer-reviewed journals
4. Preference for those with previous experience reviewing for peer-reviewed journals

[Click here to learn more](#)

The journal publishes a wide array of topics in the field of holistic nursing and healthcare. Currently there is a surge in submissions related to mindfulness/meditation, spirituality, and nurse trauma. However, we have ongoing submissions that cover a variety of population groups, healing and health promoting modalities, life span experiences, and conceptual/theoretical perspectives. The Journal of Holistic Nursing is the official journal of the American Holistic Nurses Association. The purpose of the journal is to promote the advancement of holistic nursing science and practice to a wide audience with various interests. We welcome research manuscripts of all types, as well as those focused on education, practice, critical reviews, conceptual/theoretical, philosophical, and aesthetics.

If you are interested, please reach out to me for further information at richardcowling3@gmail.com and attach your CV. If you know of someone who might be interested who meets the basic qualifications, please encourage them to contact me as well. Reviewer contributions are essential to the aims of the journal and advancing holistic nursing that improves the health of all.

W. Richard Cowling, III, RN, PhD, AHN-BC, SGAHN, ANEF, FAAN
Editor, Journal of Holistic Nursing

Qualified

AHNCC is accepting applications and testing for the Holistic Nursing and Nurse coaching examinations. Limited testing sites are available.

The benefits include:

- Exams are offered year round
- 90-day testing window beginning upon notification of eligibility to test
- Immediate notification of test results upon exam completions

For more information, please contact:

AHNCC at 785-267-0943

or

C-NET at 201-217-9083

Verified

Get Certified



Embracing "Equality, Equity, Diversity and Social Justice" for All.

Drexel University and University of Arizona Partner for Collaborative Complementary and Integrative Health Graduate Degree and Health or Wellness Coaching Certification

In September of 2021, [Drexel's College of Nursing and Health Professions](#) began offering the Complementary and Integrative Health (CIH)/ Integrative Health or Wellness (IHW) Coaching Pathway Program. This program is designed for qualified students who wish to pursue a Master of Science (MS) in Complementary and Integrative Health at Drexel, while concurrently pursuing an Integrative Health or Wellness Coaching certification from the Andrew Weil Center for Integrative Medicine at the University of Arizona.

"The faculty at Drexel are very excited about this unique and innovative Pathway Program, as we prepare students to partner with clients to help them achieve their personal health and wellness goals through a supportive and holistic approach," said Jackie Murphy, EdD, Chair of Drexel's MSN Advanced Role and Complementary and Integrative Health Departments.

"We at the Andrew Weil Center for Integrative Medicine at the University of Arizona feel our Integrative Health & Wellness Coaching program is an excellent fit with Drexel's Complementary and Integrative Health program," said Robert L. Crocker, MD, Co-Director of the Integrative Health & Wellness Program at the Andrew Weil Center for Integrative Medicine. "This collaboration uniquely positions our programs to enable students to not only earn a master's degree in integrative studies, but to achieve certification as an integrative health or wellness coach, and be eligible for the national board exam for health and wellness coaches."

[The MS: Complementary and Integrative Health](#) is a 45-quarter credit degree program that provides health care professionals with the tools to assess, guide and evaluate patients by merging complementary and integrative health practices into the framework of



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conventional clinical practice. Coursework explores topics such as phytomedicine, functional nutrition and mind/body modalities, providing a solid foundation in core competencies, as well as a theoretical basis for applying these practices. Embedded in this curriculum are nine credits of electives. Students enrolled in the Pathway Program complete the IHW Coaching Program in lieu of the nine credits.

[The Integrative Health & Wellness Coaching](#) program is an innovative skills-based program with two certification pathways—Integrative Health Coach or Wellness Coach. Online curriculum, live mentor-supervised practice and faculty-led synchronous virtual training provide students with the mastery of a whole person coaching practice. At the completion of the program, students will be prepared to work with individuals and groups collaboratively to address the health and wellbeing of the whole person.

After successfully completing the Pathway Program, Drexel will award the student a Master of Science in Complementary and Integrative Health Degree and the University of Arizona will award the student a certification in either Integrative Health Coaching or Wellness Coaching.

For more information on the Pathway Program, visit the [MS: Complementary and Integrative Health Drexel University webpage](#), or contact Track Director, Rita Cola Carroll, PhD at rmc353@drexel.edu or at 484-354-8380.

Returning to Our Roots: How Nature Prescriptions Can Help Patients

Central Park was created largely as a solution to a health problem. In the mid-1800s, New York City saw a rapid rise in population that created “crowded, unhealthy conditions,” and the park was devised as a way for city dwellers to experience a more rural environment without leaving town. In 1858, workers began constructing the park, planting half a million trees, shrubs, and vines. The end result cemented the city’s status as a “world-class destination.” Today, the link between nature and human health is as clear and as urgent as ever. There is a growing body of evidence to suggest that simply spending time in natural environments can have significant positive effects on a wide range of mental and physical health issues, from diabetes to anxiety. Over the last decade, a rising number of health professionals have begun to prescribe “doses” of time in nature to patients and to advocate for the rise of nature prescription programs throughout the world.

(AHNA Newsletter)

President Biden Signs Dr. Lorna Breen Healthcare Provider Protection Act

President Joe Biden signed the Dr. Lorna Breen Healthcare Provider Protection Act on March 18, 2022 to help provide healthcare professionals with resources in mental health support. Dr. Breen, an emergency room physician on the frontlines at the beginning of the pandemic, took her own life on April 26, 2020, she had no prior signs of mental health issues or depression. One of the main goals of the foundation’s creation was to safeguard the well-being of healthcare professionals as well as to empower all individuals, especially those in healthcare, to seek mental healthcare at any juncture.

(Forbes, March 21, 2022)

Limited free articles.

DiversityNursing.com Offering 14th Annual \$5,000 Education Award

DiversityNursing.com is now offering its 14th Annual Education Award for \$5000. All registrations must be completed by Wednesday, May 4, 2022. The Education Award will be drawn in May during Nurses Week, 2022. For requirements to enter [click here](#).

**Spread
the
Word!**

Help us spread the word! Please share these video links that are all about our Endorsed Schools and Holistic Nursing certifications:

[How do I Know If I Graduated From an AHNCC Endorsed School?](#)

[Why Would I Want to Attend an AHNCC Endorsed Program?](#)

[Certification in Holistic Nursing – Introduction](#)

[Certification in Holistic Nursing – long version](#)