



“Compassionate Listening Circle”

Join Nurses and Fellow Healthcare Workers

Every Wednesday at 8 pm EST

Meet on Zoom in a “Virtual Circle” for an hour. We begin with grounding and check-in, then open sharing begins in a respectful, confidential, non-judgmental environment, and we conclude with imagery/meditation and closing chimes. Silence is a welcomed way to participate and experience connection. There is no commitment to come weekly/Drop in format.

The circle is there for you every Wednesday in 2020 to share what is on your heart or mind.

When you provide Compassionate Connection for yourself and others, you widen The Circle of Compassion around the planet.

Visit www.CompassionCaravan.com for more info.

Share invite with fellow Healthcare Workers.

**DO NOT POST on social media. Open globally.
English spoken.**

**Compassionate Listening Circle Wednesdays 08:00
PM EST**

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://zoom.us/meeting/tJlId--prTMvEtESeIXzmCJiUbEBc_B-4CZT/ics?icsToken=98tyKuCupjssG9edtRGCRowAGoigM-vztlxYj7d4rxrMOzpeQSn_A-BnELFAMpWE

Join Zoom Meeting

<https://zoom.us/s/96806138585?pwd=d3NYcXhnMINRWHBUbEpkY3ptbUR2Zz09#success>

Meeting ID: 968 0613 8585

Passcode: 631368

One tap mobile

+13126266799,,96806138585#,,,,,0#,,631368# US (Chicago)

+16468769923,,96806138585#,,,,,0#,,631368# US (New York)

For complete list of dial in numbers send a request via Contact page

www.CompassionCaravan.com

Meetings are not crisis support or a replacement for medical or psychological support.