



Hi Everyone,

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For the remainder of 2020, I would like to gather our community each month in a Sharing Circle. It is free to participate and everyone is invited.

Our goal is to remind everyone that we are connected and belong to a community that does care about how we are all doing. Moving into the new integral paradigm is difficult but, as they say, practice makes perfect! We want to support each other in this process of dealing with Covid-19 and looking at deep-rooted injustices.

Join us! Sign up below if you want to share and connect with us.  
Come to our call to feel the warmth and wisdom of the whole.



## Virtual Sharing Circles for Community Connection and Support

led by Dr Linda Bark and team

### SAVE THE DATE:

Tuesday, July 28, 4:30 pm PST

Monday, Aug 17, 4:30 pm PST

Monday, Sept 21, 4:30 pm PST

Monday, Oct 19, 4:30 pm PST

Monday, Nov 16, 4:30 pm PST

Monday, Dec 14, 4:30 pm PST

[Click here to RSVP now.](#)

Just register once and you'll get monthly reminders for each upcoming Circle so you can attend when you are able. It's as easy as that!

Note: These events are open to everyone, so please invite your friends and loved ones. You do not have to be a coach to attend.

All the best,

*Linda*

Linda Bark, PhD, RN, MCC, NC-BC, NBC-HWC

Founder and CEO

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