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COMPREHENSIVE INDEX

TOOL KITS FOR
HOLISTIC NURSING CURRICULUM DEVELOPMENT

The Tool Kits listed below are provided as an extension of the publication, Foundations, Competencies, and Curricular Guidelines for Basic to Advanced Holistic Nursing Educational Programs (2017). Each tool kit complements a companion webinar designed to address a specific aspect of this work.

The highlighted area of the index below provides details for Tool Kit 102. Content included in the other tool kits is shown on the respective Tool Kit Index. Available tool kits can be seen at http://www.ahncc.org/resources/curriculum-development-resources/webinars/toolkits/.

To learn more about the individual webinars, the presenters, their content and publication date, go to http://www.ahncc.org/resources/curriculum-development-resources/webinars/

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101 SOCIAL EVENTS, HEALTHCARE TRANSFORMATION, AND HOLISTIC NURSING EDUCATIONAL GUIDELINES

102 INTRODUCTION TO THE FOUNDATIONAL PRINCIPLES FOR HOLISTIC NURSING EDUCATIONAL PROGRAMS

I. References used that support educating holistic nurses within a standardized model that is based on a set of holistic principles, values, ethics, and standards include:

A. Holistic Nursing Scope and Standards of Practice, AHNA/ANA (2013) (2nd Ed.)

B. Foundations, Competencies, And Curricular Guidelines for Basic to Doctoral Holistic Nursing Education. (2017) 1st Ed.

• Overview of The Educational Requirements for Holistic Nursing: Basic and Advanced: Philosophical and Conceptual Considerations. p. 9

• Curricular Threads for Basic and Advanced Holistic Nursing Programs, pp. 10-13.

• Practice Competencies Within Holistic Nursing Core Values by Educational Level (see Table 1). p.7-8.
C. Holistic Nursing Core Essentials (Basic and Advanced competencies) validated by Holistic Nursing through the process of RDS:

D. References to facilitate utilization of Foundational Philosophy and Principles of Holistic Nursing in the creation of a holistic nursing curriculum framework.

II. Practice Competencies Within the Context of Holistic Nursing Core Values and by Educational Level.

103 ESSENTIAL REQUIREMENTS FOR BACCALAUREATE HOLISTIC NURSING PROGRAMS

104 ESSENTIAL REQUIREMENTS FOR ADVANCED HOLISTIC NURSING PROGRAMS

105 SCIENCES OF HEALTH AND HOLISM

106 INTERPERSONAL COMMUNICATIONS: THE BASES OF INTERPERSONAL RELATIONS

107 FACILITATING DISCOVERY LEARNING THEORY AND STRATEGIES

108 HOLISTIC NURSING CLINICAL EXPERIENCES, BASIC TO ADVANCED

109 FACILITATING STUDENT APPLICATION OF NURSING THEORIES

110 STORY SHARING: A COMMUNICATION STRATEGY FOR ADVANCED HOLISTIC NURSING

111 FACULTY CONSIDERATIONS PRIOR TO ADOPTING HOLISTIC NURSING EDUCATIONAL GUIDELINES

112 FACILITATING STUDENT CERTIFICATION: AHNA ENDORSEMENT GUIDELINES

113 CREATING A HOLISTIC NURSING CURRICULUM MATRIX

114 HOLISTIC NURSING AND BOYER’S SCHOLARSHIP MODEL
201  ADVANCED FOUNDATIONS OF HOLISTIC NURSING
202  ADVANCED SCIENCES OF HEALTH AND HOLISM
203  ADVANCED HEALTH ASSESSMENT
204  ADVANCED PHARMACOTHERAPEUTICS FOR HOLISTIC NURSING
TOOL KIT 102
Introduction to the Foundational Principles for Holistic Nursing Educational Programs

Deborah Shields and Margaret Erickson

The purpose of these Tool Kits is to provide a context that will provide faculty with an evidence-based rationale for adopting the Holistic Nursing Curricular Guidelines as described in the publication Foundations, Concepts, and Curricular Guidelines for Basic to Doctoral Holistic Nursing Education, Edition 1, (2017). Specifically, in Tool Kit 102 the goal is to provide resources to help explore relations and implications of using the philosophy and Foundational Principles of Holistic Nursing to create a framework for holistic nursing curriculum.

I. References used to conceptualize relations and implications of using the philosophy and Foundational Principles of Holistic Nursing to create a framework for holistic nursing curriculum build on Tool Kit 101 and include:

A. References that support educating holistic nurses within a standardized model that is based on a set of holistic principles, values, ethics, and standards include:
   a. Holistic Nursing, Scope and Standards of Practice, AHNA/ANA (2013) (2nd Ed.) notes that “In holistic nursing, the individual across the lifespan is viewed within the context as an integrated mind-body-emotion-social-spirit-energetic totality, with the emphasis on wholeness, well-being; health promotion, and healing...however, “because of the lack of intentional focus on integration, unity, and healing, the educational exposure of most nursing students is not adequate preparation for the specialty role of the holistic nurse. Furthermore, ...the educational focus is most frequently on “specialties”, often emanating from the biomedical disease model with a cure orientation.” p. 22-26.
   b. Foundations, Competencies, And Curricular Guidelines for Basic to Doctoral Holistic Nursing Education. (2017) 1st Ed.
      i. Overview of The Educational Requirements for Holistic Nursing: Basic and Advanced: Philosophical and Conceptual Considerations.), p.9
      ii. Curricular Threads for Basic and Advanced Holistic Nursing Programs, pp. 10-13.
      iii. Practice Competencies Within Holistic Nursing Core Values by Educational Level (see Table 1). p.7-8.
c. **Holistic Nursing Core Essentials** (Basic and Advanced competencies) validated by Holistic Nursing through the process of RDS:

B. **References to support utilization of the philosophy and Foundational Principles of Holistic Nursing to create a framework for holistic nursing curriculum include:**


Kearney, G. (2010). We must not forget what we once knew. AN exemplar for helping nurses reconnect with their history and rediscover their passion for nursing. JHN, 28, (4), 260-262.


II. Practice Competencies Within Holistic Nursing Core Values by Educational Level (Table 1)

<table>
<thead>
<tr>
<th>Table 1. Practice Competencies Compared by Level of Expertise</th>
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<tbody>
<tr>
<td><strong>1. HOLISTIC PHILOSOPHY, THEORY &amp; ETHICS</strong></td>
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<tr>
<td>ADN Demonstrates ability to:</td>
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<tr>
<td>• Discuss and describe the caring and healing concepts.</td>
</tr>
<tr>
<td>• Discuss and describe core Holistic Nursing concepts (e.g.</td>
</tr>
<tr>
<td>Holism, Presence, Intentionality, Unconditional Acceptance,</td>
</tr>
<tr>
<td>Caring, Healing, etc., and</td>
</tr>
<tr>
<td>• Explain how they are used in one’s personal and professional lives</td>
</tr>
<tr>
<td>Baccalaureate Demonstrates ability to:</td>
</tr>
<tr>
<td>• Articulate the relationship between the caring and healing</td>
</tr>
<tr>
<td>concepts.</td>
</tr>
<tr>
<td>• Discuss and describe relations among core Holistic Nursing</td>
</tr>
<tr>
<td>concepts (e.g. Holism, Presence, Intentionality, Unconditional</td>
</tr>
<tr>
<td>Acceptance, Caring, Healing, etc., and selected extant Holistic</td>
</tr>
<tr>
<td>Nursing theories; and</td>
</tr>
<tr>
<td><strong>2. HOLISTIC CARING PROCESS</strong></td>
</tr>
<tr>
<td>Demonstrates ability to apply:</td>
</tr>
<tr>
<td>• Conceptually based holistic nursing to individuals, families,</td>
</tr>
<tr>
<td>• Selected research findings in the various phases of the caring process.</td>
</tr>
<tr>
<td><strong>3. HOLISTIC COMMUNICATION, THERAPEUTIC ENVIRONMENT, AND CULTURAL DIVERSITY</strong></td>
</tr>
<tr>
<td>Demonstrates ability to create caring environments culturally sensitive and conducive to mutual growth and healing in client and nurse</td>
</tr>
<tr>
<td><strong>4. HOLISTIC EDUCATION &amp; RESEARCH</strong></td>
</tr>
<tr>
<td>Demonstrates desire and ability to advance personal understanding and expertise of Holistic Nursing through continued education</td>
</tr>
<tr>
<td><strong>5. HOLISTIC SELF-CARE</strong></td>
</tr>
<tr>
<td>Demonstrates ability to apply concepts of self-care to self and others.</td>
</tr>
</tbody>
</table>
| Master’s | Demonstrates ability to provide leadership in the application, analysis, synthesis and evaluation of Holistic Nursing concepts/ theories:  

- Provide:  
  - sophisticated theoretically-based, holistic care to clients incorporating, appropriate research findings;  
  - clinical cases to evaluate nursing care effectiveness;  
  - Evaluate caring and healing activities in the nursing process; and  
  - Provide leadership for other health-care providers in provision of theory-based, research-supported care. | Demonstrates ability to:  

- Provide leadership in the creation and use of therapeutic environments; and  
- Mentor others in the acquisition of cultural competence. | Demonstrates:  

- Continued growth in expertise of Holistic Nursing.  
- Ability to provide mentorship and leadership in the advancement of Holistic Nursing; and  
- Ability to design studies and analyze research findings related to the practice and advancement of Holistic Nursing. | Demonstrates ability to:  

- Synthesize and evaluate self-care concepts and actions and  
- Provide leadership in the advancement of self-care in the health-care arena. |