

ALTERNATIVE OPTIONS FOR CONTINUING EDUCATION REQUIREMENTS

Another way to earn Continuing Education (CE) units needed to meet AHNCC Criteria is by earning alternative equivalent CEs. ***Each alternative CE unit is equal to a regular CE unit.*** Below are several options.

- ⇒ Conference or workshop: Sixty (60) minutes is equivalent to one (1) CE unit. To receive credit for workshops, etc that do not give regular CE hours you must have documentation of attendance and completion of the programs.
- ⇒ Employer in-service: Must be 60 minutes or longer. Must document title, presenter, and date offered. Can use a specific inservice no more than once in five (5) year period.
- ⇒ Professional Committee Membership: Committee activity must be in directly related to Holistic Nursing. Hours must be documented and verified by a colleague. There is a limit of five (5) equivalent hours per five (5) year period.
- ⇒ Presentation/lecture on Holistic Nursing: Preparation time may also be counted with a maximum of 1 hr preparation for every hour of presentation. Maximum of 3 hours total with credit for a single presentation once in a five (5) year period.
- ⇒ . Must document content taught and have signature verification of presentation. You may have a total of 20 equiv hours in a five (5) year period.
- ⇒ Preceptorship: **Must be** in Holistic Nursing. Must have documentation showing preceptor relationship and verification signature from colleague. Limit of 10 equivalent hours per five (5) year period.
- ⇒ Research Project: PI 100 equivalent contact hours. Focus must be Holistic Nursing. Requires literature review and dissemination of original works through presenting or publishing. Document with transcript, article, or presentation outline and proof of presentation.
- ⇒ Course/Curriculum development: Course Development equal 10 equivalent hours per Holistic Nursing course. Documentation of course description and objectives required.

Verification from institution. For a total of 30 equivalent contact hours five (5) year period.

- ⇒ Publishing: Book chapter is 10 equivalent contact hours, Book author: 15 equivalent contact hours, Refereed Journal is 20 equivalent contact hours for primary author. Documentation /verification of book, chapter, or article. Published articles, book chapter(s), or other educational media project(s) during five (5) year period can be substituted for a total of 50 equivalent contact hours for five (5) year period.
- ⇒ Item writing: Certified nurses can earn CE units for a maximum of 20 CEs. For additional information, visit the AHNCC.org website, Documents Library at <http://ahncc.org/documents.html>

